

# Analysis of Total Food Intake and Composition of Individual's Diet Based on USDA's 1994–1996, 1998 Continuing Survey of Food Intakes by Individuals (CSFII)





United States  
Environmental Protection Agency/ORD  
National Center for  
Environmental Assessment  
Washington, DC 20460

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**Analysis of Total Food Intake and Composition of  
Individual's Diet Based on USDA's 1994–1996, 1998  
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National Center for Environmental Assessment  
Office of Research and Development  
U.S. Environmental Protection Agency  
Washington, DC 20460

## **DISCLAIMER**

This document has been reviewed in accordance with U.S. Environmental Protection Agency policy and approved for publication. Mention of trade names or commercial products does not constitute endorsement or recommendation for use.

## **ABSTRACT**

The American food supply is generally considered to be one of the safest in the world. The U.S. Department of Agriculture has been protecting the nation's food supply for over a century through a number of food safety programs that monitor chemical and biological contaminants and rank the quality of various food items. Nevertheless, contamination of foods may occur through environmental pollution of air, water, and soil or through intentional use of chemicals such as pesticides or other agrochemical products. To assess chemical exposure through this pathway, information on food ingestion rates is needed. The National Center for Environmental Assessment (NCEA) conducted an analysis to provide an updated characterization of food consumption habits of individuals in the United States. The analysis was conducted using the data from the U.S. Department of Agriculture's 1994–96 Continuing Survey of Food Intakes by Individuals (CSFII) and its 1998 Supplemental Children's Survey and the EPA's Food Commodity Intake Database (FCID). Distributions were derived to characterize (1) total food intake among various groups in the U.S. population, subdivided by age, race, geographic region, and urbanization; (2) intake of various food categories (e.g., meats, grains, and vegetables) by different age groups within the U.S. population; and (3) intake of various food categories of individuals exhibiting high end consumption patterns of one specific food category (e.g., individuals above the 90th percentile for meat consumption).

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## PREFACE

The Exposure Factors Program of the National Center for Environmental Assessment (NCEA) of the U.S. Environmental Protection Agency's (EPA's) Office of Research and Development (ORD) has three main goals: (1) provide updates to the *Exposure Factors Handbook* (U.S. EPA, 1997) and the *Child-Specific Exposure Factors Handbook* (U.S. EPA, 2002); (2) identify exposure factors data gaps and needs in consultation with clients; and (3) develop companion documents to assist clients in the use of exposure factors data. The activities under each goal are supported by and respond to the needs of the various program offices.

Although the American food supply is generally considered to be one of the safest in the world, contamination of foods may occur through environmental pollution. To assess chemical exposure through this pathway, information on food ingestion rates is needed. For this reason, a thorough analysis of the dietary habits of the American public would aid in the identification of potential exposure pathways. Data on food consumption rates reported in the *Exposure Factors Handbook* and the *Child-Specific Exposure Factors Handbook* were collected by the U.S. Department of Agriculture through national surveys. These surveys are conducted periodically. Updating food consumption data in the handbooks is necessary to reflect changes in people's diets. To that end, EPA developed per capita food intake rates for various food item and food categories using databases developed by the U.S. Department of Agriculture (USDA). These intake rates were published in *CSFII Analysis of Food Intake Distributions* (U.S. EPA, 2003).

EPA has expanded the analysis of food intake in order to examine the food consumption habits of individuals in greater detail. This report presents the results of an analysis of the total food intake using data from the USDA's 1994–1996, 1998 Continuing Survey of Food Intakes by Individuals (CSFII) and EPA's Food Commodity Intake Database (FCID) (U.S. EPA, 2000). This analysis will assist exposure and risk assessors in identifying target populations for intensive study and food-specific exposure pathways for the general population or for individual groups. However, this analysis was conducted before EPA published the guidance document entitled *Selecting Age Groups for Monitoring and Assessing Childhood Exposures to Environmental Contaminants* (U.S. EPA, 2005). Therefore, the age groups used for children in this analysis are not entirely consistent with the age groups recommended in the 2005 guidance document. Some of the data will be reanalyzed in the future update to the *Child-Specific Exposure Factors Handbook* to conform with EPA's recommended age groups for children.



## **AUTHORS, CONTRIBUTORS, AND REVIEWERS**

The National Center for Environmental Assessment (NCEA) of EPA's Office of Research and Development was responsible for preparing this report. The report was compiled by the Exposure Assessment Division of Versar, Inc., in Springfield, Virginia, under EPA Contract No. 68-D5-0051. Jacqueline Moya served as the EPA Work Assignment Manager, providing overall direction and technical assistance, as well as Contributing Author.

### **AUTHOR**

Versar, Inc  
Christopher Greene  
Dr. Linda Phillips

### **WORD PROCESSING**

Versar, Inc.  
Wendy Powell

This document was reviewed by an external panel of experts. The panel was composed of the following individuals:

Christine Chaisson CF

Chaisson Scientific Advisors, Inc.  
Annadale, VA 22003

Barbara Peterson

Novigen Sciences, Inc.  
Washington, DC 20036

Barry Ryan

Department of Environmental and Occupational Health  
Rollins School of Public Health  
Atlanta, Georgia 30322

Nga Tran

John Hopkins University  
Baltimore, MD 21205-2179

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## 1. INTRODUCTION

The American food supply is generally considered to be one of the safest in the world. The U.S. Department of Agriculture has been protecting the nation's food supply for over a century through a number of food safety programs that monitor chemical and biological contaminants and rank the quality of various food items. However, contamination of foods may occur through environmental pollution of air, water, and soil or through intentional use of chemicals such as pesticides or other agrochemical products. A thorough analysis of the dietary habits of the American public would aid in identifying potential exposure pathways. To this end, the U.S. Environmental Protection Agency (EPA) developed per capita food intake rates for various food items and food categories using databases developed by the U. S. Department of Agriculture (USDA). These intake rates were incorporated into EPA's 1997 *Exposure Factors Handbook* (U.S. EPA, 1997). EPA has since recommended that the food intake study be updated and expanded. Thus, a more comprehensive analysis is presented in this document.

The purpose of this study was to characterize the consumption of food by the people of the United States. This characterization includes the quantification of (1) total food intake among various subgroups of the U.S. population, subdivided on the basis of age, race, geographic region, and urbanization; (2) the consumption of various food categories (e.g., meats, grains, and vegetables) by different age groups within the U.S. population; and (3) the consumption of various food categories of individuals exhibiting unusual consumption patterns of one specific food category, e.g., consumption behavior of individuals above the 90th percentile for meat consumption.

The results of the analysis, presented in a series of tables, provide a tool for examining food consumption at a high level of detail. They allow exposure assessors and risk analysts to identify target populations for intensive study and to identify food-specific exposure pathways for the general population or for individual groups. Please note that, due to their size, all the tables mentioned in this report are presented at the end of the text.

## **2. SOURCES OF FOOD CONSUMPTION DATA**

### **2.1. FOOD CONSUMPTION SURVEYS**

Food consumption data were acquired from two separate surveys of food intake conducted by USDA's Agricultural Research Service (USDA, 2000): the 1994–96 Continuing Survey of Food Intakes by Individuals (CSFII) and its 1998 Supplemental Children's Survey. These two surveys were designed to obtain data from a statistically representative sample of noninstitutionalized persons living in the United States. Survey participants were selected using a multistage process described in Attachment 1, Appendix B, Section 3.1.1 which contains documentation provided with the CSFII databases. The 1998 Supplemental Children's Survey was conducted in order to expand the number of children in the database for the purpose of conducting child- and infant-specific exposure studies. It was carried out using a multistage process similar to that of the 1994–96 study (see Attachment 1, Appendix B, Section 3.1.1). The two surveys are hereinafter referred to jointly as CSFII 1994–96, 1998.

Respondents to CSFII 1994–96, 1998 were contacted multiple times to obtain a wide range of demographic information, including physical (gender, age, weight), economic (income, household size), cultural (race, ethnicity), and geographical (urban, regional) data. The respondents were interviewed twice to collect information on food consumption during two nonconsecutive days. The Day 1 interviews were conducted in person. Day 2 interviews typically took place 3 to 10 days after Day 1 interviews, but not on the same day of the week. Five percent of the Day 2 interviews were conducted via telephone; 95% were conducted in person in a manner similar to the Day 1 interviews. Interview days were chosen in such a way that, across the sample population, each day of the week was represented in at least 10% of the interviews. For further discussion on how the survey was conducted, refer to Attachment 1, Appendix B, Section 3.1.1.

On the first interview day, respondents were asked to recall all food and drink consumed between midnight and midnight on the previous day. Following the respondent's initial listing of food consumption, he or she was asked to add any additional items forgotten during the first listing and to identify the eating occasion (e.g., lunch, snack, breakfast) and approximate time associated with each food consumed. Interviewers also asked for details such as brand names of foods, cooking methods, seasonings added to cooked food, and ingredients included in food

mixtures such as salads and casseroles. The quantity of food consumed was estimated by the survey respondent; interviewers carried measurement guides such as bowls, measuring cups, and pictures of fish and chicken parts to assist in the estimation.

## **2.2. SAMPLE WEIGHTS**

Each individual in the CSFII 1994–96, 1998 was assigned a personal weighting factor. These weighting factors vary from person to person due to demographic differences between the sampled population and the total U.S. population, and serve to compensate for variability in the survey response rate, the timing of the survey, and other factors inherent in such a large-scale survey. The weighting factors were calculated in such a way that the sum of weighting factors for the entire survey population would approximate the population of the United States. Because the demographic makeup of the population in the original 1994–96 CSFII changed with the addition of the 1998 data, each individual has a weighting factor for the 1994–96 study alone and another factor for the combined 1994–96 and 1998 data sets. Similarly, each individual has different weighting factors for one-day consumption data and two-day average consumption data because the characteristics of the entire survey population and the portion that completed both days of the survey are slightly different. Because the present study used only combined two-day average consumption data from both the original 1994–96 survey and the 1998 children’s supplement, the weighting factor for the two-day average using the combined 1994–96 and 1998 data sets was used in this study.

Annual person-level data sets for each of the four years of the study (1994, 1995, 1996, and 1998) were assigned sample weights as follows. Each individual in the sample was assigned a “base weight equal to the reciprocal of the probability of selection.” Individuals were selected for participation in the survey through a multi-stage process involving the selection of a “primary sampling unit” (PSU), a population segment within any given PSU, an individual household within a segment, and an individual within a household. Each of these stages has a probability of selection that may be calculated from the known number of units available and the number selected; the product of these four probabilities equals the probability of selection for an individual and was used to calculate each individual’s base weight. Following this, base weights were adjusted to account for the non-response rate; for this step, respondents were classified into groups based on characteristics that were determined to be positively correlated with the response

rate. In the final step, the sample weights were adjusted based on U.S. Census Bureau population estimates for March of the year being assessed, using a process known as “ranking ratio weighting.” In this process, individual sample weights were adjusted in such a manner that the sum of all weights for certain demographic groups, e.g., males, females, persons in specific age categories, urbanization, employment status, etc., would equal the total United States population estimate for that demographic group. By statistically compensating for anomalies in sampling, this multi-step process of determining sample weights served to make the survey population as representative of the overall United States population as possible. For further discussion of the sample weighting process, the reader is referred to Appendix C of the CSFII 1994–96, 1998 documentation (USDA, 2000).

Each individual’s weighting factor was used in calculating percentile values of food consumption for the various demographic cohorts that were analyzed in the study. Conceptually, the calculation of percentiles was analogous to sorting the individuals in ascending order on the basis of consumption of food and, knowing the total number of individuals, identifying the desired percentile values by counting the appropriate distance down the sorted list. However, in order to account for differences in sample weight from one individual to the next, the conceptual “sorted list” was modified so that each individual had a number of entries on the list that corresponded to his or her weighting factor. Thus, the sorted list may have 1,000 entries for one individual and 2,000 for another, based on their weighting factors. In this way, each individual would tend to “stretch” the histogram of food consumption values to a degree proportional to his or her weighting factor, and the percentiles would reflect that stretching. A simplified example of how this process works is shown in Table 1. The two sorted lists—one weighted and one unweighted—show the 50<sup>th</sup> percentile value, which by definition lies at the midpoint of each sorted list. The unweighted and weighted lists result in different values for the 50th percentile because, as shown in the example, the weighting factors happen to favor the individuals with lower consumption. In the actual data set used in this study, the same process, occurring for much larger population sizes, was used to increase or decrease the relative significance of each individual’s contribution in order to more accurately represent the entire U.S. population.

**Table 1. Hypothetical Example of the Effect of Weighting Factors**

Individual	Consumption g/day	Weighting Factors	50 <sup>th</sup> percentile unweighted g/day	50 <sup>th</sup> percentile weighted g/day
A	90	1	D 20	D 20
B	80	1	C 30	D 20
C	30	3	G 50	D 20
D	20	3	F 60 ← 50 <sup>th</sup> percentile	C 30
E	70	1	E 70	C 30
F	60	2	B 80	C 30
G	50	2	A 90	G 50 ← 50 <sup>th</sup> percentile
				G 50
				F 60
				F 60
				E 70
				B 80
				A 90

### 2.3. CONVERSION OF USDA FOOD CODES TO EPA COMMODITY CODES

Intakes of food expressed in CSFII 1994–96, 1998 were converted to EPA food commodity codes using data provided in EPA’s Food Commodity Intake Database (FCID) (U.S. EPA, 2000). The FCID contains a “translation file” that broke down the USDA food codes used in the CSFII into the EPA commodity codes listed in Table 2. A single food item in CSFII may be associated with several EPA commodity codes. The method used to translate USDA food codes into EPA commodity codes is discussed in detail in the documentation included in CSFII 1994-96, 1998 (Attachment 1). The EPA commodity codes used in this study are documented in EPA’s Food Commodity Vocabulary (Attachment 2).

### 2.4. IDENTIFICATION OF FOOD CATEGORIES

The 548 EPA commodity codes were assigned to 10 food categories for use in the analysis, and “other” category that was not included in the analysis (Table 2). The categories are Dairy, Meat, Eggs, Fish, Grain, Vegetables, Fruits, Fats, Soy Products, and Nuts. Water, coffee, tea, sugar, vinegar, and a few other foods that were not appropriate for any other category were

**Table 2. EPA Commodity Codes, by Food Category**

**Meats**

21000470	Beef, fat
21000471	Beef, fat- babyfood
23001710	Goat, fat
25002930	Pork, fat
25002931	Pork, fat- babyfood
26003410	Sheep, fat
26003411	Sheep, fat- babyfood
40000960	Chicken, fat
40000961	Chicken, fat- babyfood
50003850	Turkey, fat
50003851	Turkey, fat- babyfood
60003040	Poultry, other, fat
21000440	Beef, meat
21000441	Beef, meat- babyfood
21000450	Beef, meat, dried
21000460	Beef, meat byproducts
21000461	Beef, meat byproducts- babyfood
21000480	Beef, kidney
21000490	Beef, liver
21000491	Beef, liver- babyfood
23001690	Goat, meat
23001700	Goat, meat byproducts
23001720	Goat, kidney
23001730	Goat, liver
24001890	Horse, meat
25002900	Pork, meat
25002901	Pork, meat- babyfood
25002910	Pork, skin
25002920	Pork, meat byproducts
25002921	Pork, meat byproducts- babyfood
25002940	Pork, kidney
25002950	Pork, liver
26003390	Sheep, meat
26003391	Sheep, meat- babyfood
26003400	Sheep, meat byproducts
26003420	Sheep, kidney
26003430	Sheep, liver
28002210	Meat, game
29003120	Rabbit, meat
40000930	Chicken, meat
40000931	Chicken, meat- babyfood
40000940	Chicken, liver
40000950	Chicken, meat byproducts
40000951	Chicken, meat byproducts- babyfood
40000970	Chicken, skin
40000971	Chicken, skin- babyfood
50003820	Turkey, meat
50003821	Turkey, meat- babyfood
50003830	Turkey, liver
50003831	Turkey, liver- babyfood
50003840	Turkey, meat byproducts
50003841	Turkey, meat byproducts- babyfood
50003860	Turkey, skin
50003861	Turkey, skin - babyfood
60003010	Poultry, other, meat
60003020	Poultry, other, liver
60003030	Poultry, other, meat byproducts
60003050	Poultry, other, skin

**Grains**

15000250	Barley, pearled barley
15000251	Barley, pearled barley - babyfood
15000260	Barley, flour
15000261	Barley, flour- babyfood
15000270	Barley, bran
15000650	Buckwheat
15000660	Buckwheat, flour
15001200	Corn, field, flour
15001201	Corn, field, flour- babyfood
15001210	Corn, field, meal
15001211	Corn, field, meal- babyfood
15001220	Corn, field, bran
15002260	Millet, grain
15002310	Oat, bran
15002320	Oat, flour
15002321	Oat, flour- babyfood
15002330	Oat, groats/rolled oats
15002331	Oat, groats/rolled oats- babyfood
15003230	Rice, white
15003231	Rice, white- babyfood
15003240	Rice, brown
15003241	Rice, brown- babyfood
15003250	Rice, flour
15003251	Rice, flour- babyfood
15003260	Rice, bran
15003261	Rice, bran- babyfood
15003280	Rye, grain
15003290	Rye, flour
15003440	Sorghum, grain
15003810	Triticale, flour
15003811	Triticale, flour- babyfood
15004010	Wheat, grain
15004011	Wheat, grain - babyfood
15004020	Wheat, flour
15004021	Wheat, flour- babyfood
15004030	Wheat, germ
15004040	Wheat, bran
15004050	Wild rice
18000020	Alfalfa, seed
95000060	Amaranth, grain
95003110	Quinoa, grain
1012980	Potato, flour
1012981	Potato, flour - babyfood

**Dairy Products**

27002221	Milk, fat - baby food/infant formula
27012230	Milk, nonfat solids
27012231	Milk, nonfat solids- baby food/infant formula
27022240	Milk, water
27022241	Milk, water- babyfood/infant formula
27032251	Milk, sugar (lactose)- baby food/infant formula

**Eggs**

70001450	Egg, whole
70001451	Egg, whole - babyfood
70001460	Egg, white
70001461	Egg, white (solids)- babyfood
70001470	Egg, yolk
70001471	Egg, yolk- babyfood

**Table 2. EPA Commodity Codes, by Food Category (Continued)**

**Vegetables**

95000200	Avocado
1010500	Beet, garden, roots
1010501	Beet, garden, roots- babyfood
1010520	Beet, sugar
1010521	Beet, sugar- babyfood
1010530	Beet, sugar, molasses
1010531	Beet, sugar, molasses - babyfood
1010670	Burdock
1010780	Carrot
1010781	Carrot- babyfood
1010790	Carrot, juice
1010840	Celeriac
1011000	Chicory, roots
1011900	Horseradish
1012500	Parsley, turnip rooted
1012510	Parsnip
1012511	Parsnip - babyfood
1012960	Potato, chips
1012970	Potato, dry (granules/ flakes)
1012971	Potato, dry (granules/ flakes)- babyfood
1012990	Potato, tuber, w/peel
1012991	Potato, tuber, w/peel- babyfood
1013000	Potato, tuber, w/o peel
1013001	Potato, tuber, w/o peel- babyfood
1013140	Radish, roots
1013160	Radish, Oriental, roots
1013270	Rutabaga
1013310	Salsify, roots
1013710	Tanier, corm
1013880	Turnip, roots
1030150	Arrowroot, flour
1030151	Arrowroot, flour- babyfood
1030170	Artichoke, Jerusalem
1030820	Cassava
1030821	Cassava- babyfood
1031390	Dasheen, corm
1031660	Ginger
1031661	Ginger - babyfood
1031670	Ginger, dried
1031680	Ginseng, dried
1033660	Sweet potato
1033661	Sweet potato- babyfood
1034060	Yam, true
1034070	Yam bean
2000510	Beet, garden, tops
2001010	Chicory, tops
2001400	Dasheen, leaves
2003150	Radish, tops
2003170	Radish, Oriental, tops
2003320	Salsify, tops
2003890	Turnip, tops
3001640	Garlic
3001650	Garlic, dried

**Vegetables (continued)**

6020330	Bean, cowpea, succulent
6020370	Bean, lima, succulent
6022550	Pea, succulent
6022551	Pea, succulent- babyfood
6022590	Pea, pigeon, succulent
6030300	Bean, black, seed
6030320	Bean, broad, seed
6030340	Bean, cowpea, seed
6030350	Bean, great northern, seed
6030360	Bean, kidney, seed
6030380	Bean, lima, seed
6030390	Bean, mung, seed
6030400	Bean, navy, seed
6030410	Bean, pink, seed
6030420	Bean, pinto, seed
6030980	Chickpea, seed
6030981	Chickpea, seed - babyfood
6030990	Chickpea, flour
6031820	Guar, seed
6031821	Guar, seed - babyfood
6032030	Lentil
6032560	Pea, dry
6032561	Pea, dry- babyfood
6032580	Pea, pigeon, seed
8001480	Eggplant
8002700	Pepper, bell
8002701	Pepper, bell- babyfood
8002710	Pepper, bell, dried
8002711	Pepper, bell, dried- babyfood
8002720	Pepper, non-bell
8002721	Pepper, non-bell, - babyfood
8002730	Pepper, non-bell, dried
8003740	Tomatillo
8003750	Tomato
8003751	Tomato- babyfood
8003760	Tomato, paste
8003761	Tomato, paste- babyfood
8003770	Tomato, puree
8003771	Tomato, puree- babyfood
8003780	Tomato, dried
8003781	Tomato, dried - babyfood
8003790	Tomato, juice
9021350	Cucumber
9023080	Pumpkin
9023090	Pumpkin, seed
9023560	Squash, summer
9023561	Squash, summer- babyfood
9023570	Squash, winter
9023571	Squash, winter- babyfood
15001230	Corn, field, starch
15001231	Corn, field, starch- babyfood
15001240	Corn, field, syrup
15001241	Corn, field, syrup- babyfood



**Table 2. EPA Commodity Codes, by Food Category (Continued)**

**Vegetables (continued)**

3001651	Garlic, dried- babyfood
3001980	Leek
3002370	Onion, dry bulb
3002371	Onion, dry bulb- babyfood
3002380	Onion, dry bulb, dried
3002381	Onion, dry bulb, dried- babyfood
3002390	Onion, green
3003380	Shallot
4010050	Amaranth, leafy
4010180	Arugula
4011040	Chrysanthemum, garland
4011330	Cress, garden
4011340	Cress, upland
4011380	Dandelion, leaves
4011500	Endive
4012040	Lettuce, head
4012050	Lettuce, leaf
4012480	Parsley, leaves
4013130	Radicchio
4013550	Spinach
4013551	Spinach- babyfood
4020760	Cardoon
4020850	Celery
4020851	Celery- babyfood
4020860	Celery, juice
4020870	Celtuce
4021520	Fennel, Florence
4023220	Rhubarb
4023670	Swiss chard
5010610	Broccoli
5010611	Broccoli- babyfood
5010620	Broccoli, Chinese
5010640	Brussels sprouts
5010690	Cabbage
5010710	Cabbage, Chinese, napa
5010720	Cabbage, Chinese, mustard
5010830	Cauliflower
5011960	Kohlrabi
5020630	Broccoli raab
5020700	Cabbage, Chinese, bok choy
5021170	Collards
5021940	Kale
5022290	Mustard greens
5023180	Rape greens
6003470	Soybean, seed
6003480	Soybean, flour
6003481	Soybean, flour- babyfood
6003490	Soybean, soy milk
6003491	Soybean, soy milk- babyfood or infant formula
6010430	Bean, snap, succulent
6010431	Bean, snap, succulent- babyfood
6012570	Pea, edible podded
6020310	Bean, broad, succulent

**Vegetables (continued)**

15001260	Corn, pop
15001270	Corn, sweet
15001271	Corn, sweet- babyfood
15003450	Sorghum, syrup
19010280	Basil, fresh leaves
19010281	Basil, fresh leaves - babyfood
19010290	Basil, dried leaves
19010291	Basil, dried leaves- babyfood
19011030	Chive
19011440	Dill
19011840	Herbs, other
19011841	Herbs, other- babyfood
19012020	Lemongrass
19012200	Marjoram
19012201	Marjoram - babyfood
19012490	Parsley, dried leaves
19012491	Parsley, dried leaves - babyfood
19013340	Savory
19021050	Cinnamon
19021051	Cinnamon- babyfood
19021180	Coriander, leaves
19021181	Coriander, leaves - babyfood
19021190	Coriander, seed
19021191	Coriander, seed - babyfood
19021430	Dill, seed
19022740	Pepper, black and white
19022741	Pepper, black and white- babyfood
19023540	Spices, other
19023541	Spices, other- babyfood
19023870	Turmeric
95000160	Artichoke, globe
95000190	Asparagus
95000220	Bamboo, shoots
95001110	Coconut, meat
95001111	Coconut- meat, babyfood
95001120	Coconut, dried
95001130	Coconut, milk
95002270	Mulberry
95002280	Mushroom
95002340	Okra
95002430	Palm heart, leaves
95002750	Peppermint
95003060	Psyllium, seed
95003350	Seaweed
95003351	Seaweed - babyfood
95003360	Sesame, seed
95003361	Sesame, seed- babyfood
95003520	Spearmint
95003640	Sunflower, seed
95003800	Tomato, Tree
95003970	Water chestnut
95003980	Watercress

**Table 2. EPA Commodity Codes, by Food Category (Continued)**

**Fats**

6003500	Soybean, oil
6003501	Soybean, oil- babyfood
10001080	Citrus, oil
14000040	Almond, oil
14000041	Almond, oil- babyfood
14001560	Filbert, oil
15001250	Corn, field, oil
15001251	Corn, field, oil- babyfood
21000470	Beef, fat
21000471	Beef, fat- babyfood
23001710	Goat, fat
25002930	Pork, fat
25002931	Pork, fat- babyfood
26003410	Sheep, fat
26003411	Sheep, fat- babyfood
27002220	Milk, fat
40000960	Chicken, fat
40000961	Chicken, fat- babyfood
50003850	Turkey, fat
50003851	Turkey, fat- babyfood
60003040	Poultry, other, fat
95001140	Coconut, oil
95001141	Coconut, oil- babyfood
95001280	Cottonseed, oil
95001281	Cottonseed, oil - babyfood
95001630	Flaxseed, oil
95002360	Olive, oil
95002440	Palm, oil
95002441	Palm, oil - babyfood
95002650	Peanut, oil
95002760	Peppermint, oil
95003190	Rapeseed, oil
95003191	Rapeseed, oil - babyfood
95003300	Safflower, oil
95003301	Safflower, oil - babyfood
95003370	Sesame, oil
95003371	Sesame, oil- babyfood
95003530	Spearmint, oil
95003650	Sunflower, oil
95003651	Sunflower, oil - babyfood

**Soy Products**

6003500	Soybean, oil
6003501	Soybean, oil- babyfood
6003470	Soybean, seed

**Fish**

80001570	Fish- freshwater finfish
80001580	Fish- freshwater finfish, farm raised
80001590	Fish- saltwater finfish, tuna
80001600	Fish- saltwater finfish, other
80001610	Fish- shellfish, crustacean
80001620	Fish- shellfish, mollusc

**Nuts**

14000030	Almond
14000031	Almond- babyfood
14000590	Brazil nut
14000680	Butternut
14000810	Cashew
14000920	Chestnut
14001550	Filbert
14001850	Hickory nut
14002130	Macadamia nut
14002690	Pecan
14002820	Pistachio
14003910	Walnut
95002630	Peanut
95002640	Peanut, butter
95002780	Pine nut

**Other/Not Classified**

86003920	Water, dilution, source NS
86003930	Water, tapwater- direct (drinking)
86003940	Water- indirect (cooking)
86003950	Water, bottled water
86003960	Water, commercial beverage
95000770	Carob
95001090	Cocoa bean, chocolate
95001100	Cocoa bean, powder
95001150	Coffee, roasted bean
95001160	Coffee, instant
95001860	Honey
95001861	Honey- babyfood
95001880	Hop
95002180	Maple, sugar
95002190	Maple syrup
95003620	Sugarcane, sugar
95003621	Sugarcane, sugar- babyfood
95003630	Sugarcane, molasses
95003631	Sugarcane, molasses - babyfood
95003720	Tea, dried
95003730	Tea, instant
95003900	Vinegar

**Table 2. EPA Commodity Codes, by Food Category (Continued)**

**Fruits**

9010750	Cantaloupe
9010800	Casaba
9011870	Honeydew melon
9013990	Watermelon
9014000	Watermelon, juice
9020210	Balsam pear
9020880	Chayote, fruit
9021020	Chinese waxgourd
10001060	Citrus citron
10001070	Citrus hybrids
10001800	Grapefruit
10001810	Grapefruit, juice
10001970	Kumquat
10001990	Lemon
10002000	Lemon, juice
10002001	Lemon, juice- babyfood
10002010	Lemon, peel
10002060	Lime
10002070	Lime, juice
10002071	Lime, juice- babyfood
10002400	Orange
10002410	Orange, juice
10002411	Orange, juice- babyfood
10002420	Orange, peel
10003070	Pummelo
10003690	Tangerine
10003700	Tangerine, juice
11000070	Apple, fruit with peel
11000080	Apple, peeled fruit
11000081	Apple, peeled fruit- babyfood
11000090	Apple, dried
11000091	Apple, dried - babyfood
11000100	Apple, juice
11000101	Apple, juice - babyfood
11000110	Apple, sauce
11000111	Apple, sauce - babyfood
11001290	Crabapple
11002100	Loquat
11003100	Quince

**Fruits (continued)**

13021360	Currant
13021370	Currant, dried
13021490	Elderberry
13021740	Gooseberry
13021910	Huckleberry
14013200	Raspberry
14013201	Raspberry- babyfood
14013210	Raspberry, juice
14013211	Raspberry, juice - babyfood
95000010	Acerola
95000230	Banana
95000231	Banana- babyfood
95000240	Banana, dried
95000241	Banana, dried- babyfood
95000540	Belgium endive
95000600	Breadfruit
95000730	Cactus
95000740	Canistel
95000890	Cherimoya
95001300	Cranberry
95001301	Cranberry- babyfood
95001310	Cranberry, dried
95001320	Cranberry, juice
95001321	Cranberry, juice- babyfood
95001410	Date
95001510	Feijoa
95001530	Fig
95001540	Fig, dried
95001750	Grape
95001760	Grape, juice
95001761	Grape, juice- babyfood
95001770	Grape, leaves
95001780	Grape, raisin
95001790	Grape, wine and sherry
95001830	Guava
95001831	Guava- babyfood
95001920	Jaboticaba
95001930	Jackfruit
95001950	Kiwifruit

**Table 2. EPA Commodity Codes, by Food Category (Continued)**

**Fruits (continued)**

12000120	Apricot
12000121	Apricot- babyfood
12000130	Apricot, dried
12000140	Apricot, juice
12000141	Apricot, juice- babyfood
12000900	Cherry
12000901	Cherry- babyfood
12000910	Cherry, juice
12000911	Cherry, juice- babyfood
12002300	Nectarine
12002600	Peach
12002601	Peach- babyfood
12002610	Peach, dried
12002611	Peach, dried- babyfood
12002620	Peach, juice
12002621	Peach, juice- babyfood
12002660	Pear
12002661	Pear- babyfood
12002670	Pear, dried
12002680	Pear, juice
12002681	Pear, juice- babyfood
12002850	Plum
12002851	Plum- babyfood
12002860	Plum, prune, fresh
12002861	Plum, prune, fresh- babyfood
12002870	Plum, prune, dried
12002871	Plum, prune, dried- babyfood
12002880	Plum, prune, juice
12002881	Plum, prune, juice- babyfood
13010550	Blackberry
13010560	Blackberry, juice
13010561	Blackberry, juice - babyfood
13010580	Boysenberry
13011420	Dewberry
13012080	Loganberry
13020570	Blueberry
13020571	Blueberry- babyfood

**Fruits (continued)**

95002090	Longan
95002110	Lychee
95002120	Lychee, dried
95002140	Mamey apple
95002150	Mango
95002151	Mango- babyfood
95002160	Mango, dried
95002170	Mango, juice
95002171	Mango, juice - babyfood
95002350	Olive
95002450	Papaya
95002451	Papaya- babyfood
95002460	Papaya, dried
95002470	Papaya, juice
95002520	Passionfruit
95002521	Passionfruit- babyfood
95002530	Passionfruit, juice
95002531	Passionfruit, juice- babyfood
95002540	Pawpaw
95002770	Persimmon
95002790	Pineapple
95002791	Pineapple- babyfood
95002800	Pineapple, dried
95002810	Pineapple, juice
95002811	Pineapple, juice- babyfood
95002830	Plantain
95002840	Plantain, dried
95002890	Pomegranate
95003330	Sapote, Mamey
95003460	Soursop
95003510	Spanish lime
95003580	Starfruit
95003590	Strawberry
95003591	Strawberry- babyfood
95003600	Strawberry, juice
95003601	Strawberry, juice - babyfood
95003610	Sugar apple
95003680	Tamarind

not included in the analysis. Some EPA commodity codes are listed under more than one food category. For example, the code for beef fat, which represents only the nutrient fat from beef, is included in the Fats category as well as the Meats category because the nutrient fat in beef would be a part of any prepared food product containing beef. Soybean oil appears in the Fats category as well as in the Soy Products category. For this reason, in the results tables, the intakes for each individual food category do not necessarily add up to the figure given for total food intake.

Some food products were classified on the basis of their pattern of use in the human diet rather than on a strict horticultural definition. For example, tomatoes and avocados meet the biological definition of a fruit, but were classified as vegetables, based on their customary use.

### **3. DATA ANALYSIS**

#### **3.1. PREPARATION OF DATA**

CSFII 1994–96, 1998 contains 3,173,197 records of food consumption for 21,662 individuals. This database was subjected to a series of filters to produce an operating data set for use in calculating food consumption.

The full database contains three types of food consumption data: Day 1 consumption, Day 2 consumption, and average consumption (the arithmetic mean consumption for days 1 and 2.) If an individual completed the food consumption survey for both days, an average consumption was calculated for each food item consumed by each individual, whether the item was consumed on Day 1, Day 2, or both days. An average was *not* calculated if the individual completed the food consumption survey for only one day. The consumption of any given food code by any given survey respondent may therefore appear in one, two, or three records in the database. For example, if an individual ate a food item on one day of the survey and did not complete the survey for the second day, only one record was added to the database. If an individual ate a food item on only one of the two days and completed the survey for both days, the consumption appears as a Day 1 *or* Day 2 consumption and as an average consumption. If an individual ate a food item on both days, the consumption appears as one Day 1 consumption, one Day 2 consumption, and one average consumption. An example based on two individuals from the database is provided in Table 3.

**Table 3. Listing of Food Consumption Events in Database**

	Person's ID code	Day Code: 1=day 1 2=day 2 4=2-day avg.	EPA commodity code consumed	Amount Consumed g/day	Comments
Individual that completed both days of survey	1000101	1	1010520	0.505403	Food was consumed on both days; two daily records and an average are recorded
	1000101	2	1010520	0.240405	
	1000101	4	1010520	0.372904	
	1000101	2	1031660	0.106792	Food was consumed on day 2 only; one daily record and an average are recorded
	1000101	4	1031660	0.053396	
	1000101	2	1031670	0.00032	Food was consumed on day 2 only; one daily record and an average are recorded
	1000101	4	1031670	0.00016	
	1000101	1	3001640	0.008441	Food was consumed on both days; two daily records and an average are recorded
	1000101	2	3001640	0.083154	
	1000101	4	3001640	0.045797	
	1000101	1	3001650	0.004568	Food was consumed on day 1 only; one daily record and an average are recorded
	1000101	4	3001650	0.002284	
	1000101	1	3002370	0.429241	Food was consumed on both days; two daily records and an average are recorded
	1000101	2	3002370	0.120856	
	1000101	4	3002370	0.275048	
Individual that completed day 1 only	1010801	1	1010520	0.047479	Only one day of data; no Day 2 or Average recorded
	1010801	1	1010780	0.144031	Only one day of data; no Day 2 or Average recorded
	1010801	1	1012980	0.071958	Only one day of data; no Day 2 or Average recorded

The first person listed in Table 3 (ID code 1000101) completed surveys for both days, so EPA commodity codes are listed for the day the food was consumed and are listed as a two-day average (even if the commodity was consumed on only one of the two days). The second person in Table 3 (ID code 1010801) only completed the survey for Day 1, so all the commodities consumed are listed only as Day 1 records.

In this analysis, only two-day average consumption records were used. This was done because the sample person weighting factors for each survey respondent were different for Day 1 consumption, Day 2 consumption, and average consumption. Because average consumption represented a larger data set for each survey respondent, it was used in the analysis. By removing all the Day 1 and Day 2 records, the 3,173,197 records in the CSFII were reduced to 1,286,953 two-day average consumption records. Note that in the example above, the second individual in Table 3 (ID Code 1010801) would be removed from the analysis because no Day 2 data were available.

The decision to use only complete, two-day records for the analysis resulted in the removal from the database of 1,055 persons who completed only the first day of the food consumption survey. In addition, 808 persons were flagged for removal from the study because they did not provide a body weight on their survey form. Without a body weight, the weight-normalized intake values in this study cannot be calculated. Fifty-one of the individuals in the survey had both an invalid body weight and only one day of food consumption data. Therefore, these two selection criteria reduced the number of persons in the database by 1,812, leaving an operating survey population of 19,850 individuals who submitted complete intake data for both days and provided a valid body weight. This population of 19,850 was the starting point for all demographic cohorts discussed in this study and presented in the data tables.

When the database of 1,286,953 two-day average consumption records was filtered to include only the 19,850 individuals in the demographic database, 45,772 records were removed, leaving 1,241,181 consumption records in the consumption database. These records contain consumption data for 19,731 individuals.

The remaining 119 individuals in the total cohort of 19,850 were valid persons (in the sense that they provided a body weight and completed the survey for both days), but they do not appear in the consumption database because they did not consume any food items that have valid EPA commodity codes. This is not an error, but rather a reflection of a population segment that

consumed only human milk during the survey period. All 119 individuals were 7 months old or younger, and 107 were 4 months old or younger. All 119 had a data element in their survey indicating that they were breastfeeding. Because the EPA commodity code list did not include human milk, these individuals have no entries in the food consumption database. At the other end of the spectrum, there were several individuals in CSFII 1994-96, 1998 whose food consumption data were unusually high. The highest reported food consumption was 8,840 g/day from a 19-year-old white male from the rural Midwest. The 99th percentile of total food consumption among the entire survey population was 2,650 grams.

Because challenging or verifying reported food consumption in CSFII 1994-96, 1998 was beyond the scope of this project, data were assumed to be correct as presented in the CSFII, even in the case of these extremely high food consumption rates.

### **3.2. IDENTIFICATION OF DEMOGRAPHIC COHORTS**

The 19,850 individuals in the working database were divided into cohorts on the basis of four demographic characteristics included in the surveys completed by the study participants (Table 4). Individuals were grouped on the basis of age, race, urbanization, and geographic region. Except in the case of age, the level of detail in identifying the demographic categories was determined by the constraints of the source data and is the same as in CSFII 1994-96, 1998.

**Age.** The selection of age categories was based on previous food consumption studies. For the calculation of total food intake, there were eight age categories: less than 1 year, 1–2 years, 3–5 years, 6–11 years, 12–19 years, 20–39 years, 40–69 years, and greater than 70 years. For the analysis of low-end, mid-range, and high-end consumers, the oldest three categories were combined into a single category containing all individuals aged 20 years or older.

**Race.** Survey respondents were asked to indicate their race from a list of five choices: White, Black, Asian/Pacific Islander, American Indian, or Other.

**Urbanization.** Survey respondents were asked to indicate whether they lived in the central part of a Metropolitan Statistical Area (MSA), the outer portions of an MSA, or not in any MSA. These designations are listed in the study results as Central City, Suburban, and Nonmetropolitan, respectively

**Geographic region.** Survey respondents were asked to identify their geographic region (Northeast, Midwest, South, or West, as defined in Figure 1).



**Table 4. Definition and Size of Demographic Cohorts**

	<b>Age</b>	
	<b>Tables 1A &amp; 1B</b>	<b>All Other Tables</b>
<b>&lt;1 yr</b>	1422	1422
<b>1-2 yr</b>	1996	1996
<b>3-5 yr</b>	4112	4112
<b>6-11 yr</b>	1786	1786
<b>12-19 yr</b>	1373	1373
<b>20-39 yr</b>	2950	9161*
<b>40-69 yr</b>	4818	
<b>70+ yr</b>	1393	

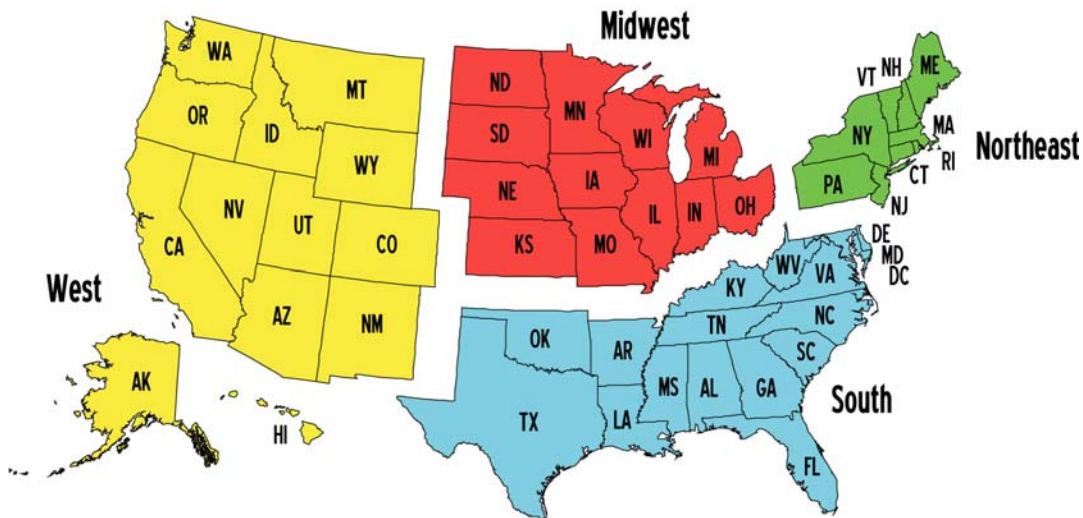
	<b>Race</b>	
	<b>n</b>	
<b>White</b>	15130	
<b>Black</b>	2615	
<b>Asian/Pacific</b>	522	
<b>American Indian</b>	149	
<b>Other</b>	1434	

	<b>Geographic Region</b>	
	<b>n</b>	
<b>Northeast</b>	3563	
<b>Midwest</b>	4722	
<b>South</b>	7037	
<b>West</b>	4528	

	<b>Urbanization</b>	
	<b>n</b>	
<b>MSA†, city</b>	5879	
<b>MSA†, outside city</b>	9348	
<b>Non-MSA†</b>	4623	

\* For tables 2A-2M...8A-8N, all persons aged 20 years and older were combined into a single category.

†MSA - Metropolitan Statistical Area.



**Figure 1. Geographic regions as defined in CSFII.**

### **3.3. USE OF WEIGHTING FACTORS**

Weighting factors (see Section 2.2) for the two-day average consumption values were provided in CSFII 1994–96, 1998. These weighting factors are based on a population of 20,607 individuals who provided two days of food consumption data. This number of individuals is slightly higher than the 19,850 used in the present study because 757 individuals with two days of consumption data were removed from the present study because they did not provide a body weight (see Preparation of Data, Section 3.1). The effect of this discrepancy was expected to be minor relative to the other variables in the study, such as estimation of an individual’s portion size based on a survey and conversion of food items to individual commodities.

## **4. RESULTS**

### **4.1. TOTAL DIETARY INTAKE: WHOLE POPULATION AND POPULATION SUBGROUPS**

Total dietary intake was calculated for the whole population and for each of the demographic categories. For the purposes of this study, total dietary intake is defined as consumption of food that corresponds to any of the EPA commodity codes in Table 2, except those listed as “other/not classified.” Percent consuming, mean, standard error, and a range of percentile values were calculated for each demographic group. The calculations were performed on the basis of grams of food per kilogram of body weight per day (Table 5A) and on the basis of grams per day (Table 5B.)

### **4.2. INTAKE OF INDIVIDUAL FOOD GROUPS, CATEGORIZED BY AGE**

Total intake of each of the 10 food categories listed in Table 1 and total dietary intake were calculated for the whole population and for five age categories: 0–1 years, 1–2 years, 3–5 years, 6–11 years, and 12–19 years, and 20 years old and above. Percent consuming, mean, standard error, and a range of percentile values were calculated for each food type. Table numbers for each age group and type of intake are presented in Table 6. Tables 7A through 7N present the results. For each age category, two tables are presented: one with intakes on the basis of grams of food per kilogram of body weight per day, and one with intakes on the basis of grams per day.

### **4.3. IDENTIFICATION OF HIGH-END, MID-RANGE, AND LOW-END DECILES OF FOOD INTAKE**

In order to compare patterns of food intake among groups with unusually high or low rates of intake of certain foods, subgroups were isolated from the total survey population of 19,850 individuals. The bottom, middle, and upper deciles of consumption were identified for six decile target foods: total foods, meats, meat and dairy, fish, fruits and vegetables, and dairy. The calculation of food intake by age group for each of the 10 food categories was repeated for each decile.

**Table 5A. Per Capita Total Dietary Intake (g/kg/day)**

Population Group	Population Sample Size	Percent Consuming	Mean	Standard Error	0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
<b>Whole Population</b>	19850	99.4%	2.2E+01	3.10E+01	0.00E+00	6.45E+00	8.14E+00	1.14E+01	1.62E+01	2.45E+01	4.36E+01	6.20E+01	1.04E+02	2.65E+02
<b>Age (years)</b>														
Age < 1	1422	91.6%	3.9E+01	3.27E+01	0.00E+00	0.00E+00	1.32E+00	1.87E+01	3.22E+01	5.04E+01	7.41E+01	1.01E+02	2.00E+02	2.33E+02
Age 1-2	1996	100.0%	8.2E+01	3.42E+01	5.32E+00	3.51E+01	4.15E+01	5.85E+01	7.75E+01	1.01E+02	1.25E+02	1.44E+02	1.83E+02	2.65E+02
Age 3-5	4112	100.0%	6.1E+01	2.39E+01	1.12E+01	2.98E+01	3.41E+01	4.37E+01	5.72E+01	7.34E+01	9.10E+01	1.02E+02	1.32E+02	2.39E+02
Age 6-11	1786	100.0%	3.8E+01	1.72E+01	5.96E+00	1.56E+01	1.91E+01	2.63E+01	3.55E+01	4.71E+01	5.95E+01	6.78E+01	8.55E+01	1.22E+02
Age 12-19	1373	100.0%	2.1E+01	1.05E+01	2.55E+00	7.14E+00	9.22E+00	1.31E+01	1.87E+01	2.61E+01	3.43E+01	4.08E+01	5.44E+01	1.15E+02
Age 20-39	2950	100.0%	1.6E+01	7.31E+00	1.25E+00	6.06E+00	7.79E+00	1.07E+01	1.46E+01	1.98E+01	2.53E+01	2.99E+01	3.83E+01	6.99E+01
Age 40-69	4818	100.0%	1.4E+01	6.45E+00	8.70E-01	6.01E+00	7.23E+00	9.92E+00	1.35E+01	1.79E+01	2.27E+01	2.60E+01	3.36E+01	7.48E+01
Age 70+	1393	100.0%	1.5E+01	6.36E+00	2.09E+00	6.24E+00	7.70E+00	1.04E+01	1.41E+01	1.86E+01	2.35E+01	2.66E+01	3.54E+01	4.67E+01
<b>Urbanization</b>														
Central City	5879	99.5%	2.2E+01	3.10E+01	0.00E+00	6.44E+00	8.03E+00	1.14E+01	1.65E+01	2.49E+01	4.35E+01	6.21E+01	1.01E+02	2.46E+02
Suburban	9348	99.3%	2.3E+01	3.15E+01	0.00E+00	6.74E+00	8.44E+00	1.16E+01	1.67E+01	2.52E+01	4.52E+01	6.35E+01	1.06E+02	2.65E+02
Nonmetropolitan	4623	99.5%	2.1E+01	2.95E+01	0.00E+00	6.15E+00	7.75E+00	1.06E+01	1.50E+01	2.24E+01	3.94E+01	5.76E+01	1.05E+02	2.33E+02
<b>Race</b>														
White	15130	99.4%	2.2E+01	3.06E+01	0.00E+00	6.71E+00	8.39E+00	1.15E+01	1.61E+01	2.40E+01	4.20E+01	6.02E+01	1.02E+02	2.65E+02
Black	2615	99.7%	2.1E+01	3.03E+01	0.00E+00	5.33E+00	6.61E+00	9.47E+00	1.46E+01	2.49E+01	4.54E+01	6.29E+01	1.02E+02	2.46E+02
Asian	522	99.0%	2.5E+01	3.00E+01	0.00E+00	9.30E+00	1.11E+01	1.51E+01	2.07E+01	2.85E+01	4.42E+01	6.10E+01	9.86E+01	1.82E+02
Native American	149	99.3%	2.4E+01	3.76E+01	0.00E+00	6.31E+00	6.79E+00	1.02E+01	1.50E+01	2.99E+01	4.82E+01	7.36E+01	1.71E+02	1.98E+02
Other/NA	1434	99.3%	2.7E+01	3.40E+01	0.00E+00	6.45E+00	8.39E+00	1.25E+01	1.94E+01	3.21E+01	6.07E+01	7.88E+01	1.22E+02	1.92E+02
<b>Region</b>														
Northeast	3563	99.5%	2.3E+01	3.19E+01	0.00E+00	7.11E+00	8.75E+00	1.20E+01	1.67E+01	2.55E+01	4.47E+01	6.24E+01	1.06E+02	2.46E+02
Midwest	4722	99.6%	2.3E+01	3.15E+01	0.00E+00	6.68E+00	8.45E+00	1.18E+01	1.68E+01	2.49E+01	4.57E+01	6.35E+01	1.08E+02	2.39E+02
South	7037	99.6%	2.1E+01	3.03E+01	0.00E+00	6.00E+00	7.35E+00	1.04E+01	1.47E+01	2.22E+01	4.03E+01	5.94E+01	1.01E+02	2.65E+02
West	4528	98.9%	2.3E+01	3.05E+01	0.00E+00	6.62E+00	8.71E+00	1.24E+01	1.77E+01	2.65E+01	4.48E+01	6.34E+01	1.02E+02	2.38E+02

Table 5B. Per Capita Total Dietary Intake (g/day)														
Population Group	Population Sample Size	Percent Consuming	Mean	Standard Error	0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
<b>Whole Population</b>	19850	99.4%	1.1E+03	4.87E+02	0.00E+00	4.58E+02	5.65E+02	7.71E+02	1.03E+03	1.36E+03	1.72E+03	2.00E+03	2.65E+03	8.84E+03
<b>Age (years)</b>														
Age < 1	1422	91.6%	3.2E+02	3.13E+02	0.00E+00	0.00E+00	6.73E+00	1.09E+02	2.27E+02	4.25E+02	6.70E+02	9.20E+02	1.63E+03	2.46E+03
Age 1-2	1996	100.0%	1.0E+03	3.92E+02	5.06E+01	4.61E+02	5.75E+02	7.59E+02	9.95E+02	1.25E+03	1.53E+03	1.70E+03	2.18E+03	3.60E+03
Age 3-5	4112	100.0%	1.1E+03	3.80E+02	1.77E+02	5.48E+02	6.29E+02	8.05E+02	1.02E+03	1.28E+03	1.55E+03	1.75E+03	2.17E+03	4.89E+03
Age 6-11	1786	100.0%	1.1E+03	3.71E+02	3.42E+02	6.04E+02	6.86E+02	8.47E+02	1.06E+03	1.34E+03	1.63E+03	1.82E+03	2.20E+03	3.60E+03
Age 12-19	1373	100.0%	1.2E+03	5.89E+02	1.73E+02	4.80E+02	5.85E+02	8.17E+02	1.10E+03	1.50E+03	1.93E+03	2.29E+03	3.09E+03	8.84E+03
Age 20-39	2950	100.0%	1.1E+03	5.18E+02	5.68E+01	4.93E+02	5.79E+02	7.78E+02	1.04E+03	1.39E+03	1.78E+03	2.11E+03	3.12E+03	5.64E+03
Age 40-69	4818	100.0%	1.1E+03	4.68E+02	4.81E+01	4.72E+02	5.67E+02	7.66E+02	1.03E+03	1.35E+03	1.71E+03	1.93E+03	2.48E+03	4.32E+03
Age 70+	1393	100.0%	1.0E+03	4.30E+02	1.76E+02	4.49E+02	5.49E+02	7.41E+02	9.82E+02	1.28E+03	1.56E+03	1.82E+03	2.26E+03	3.09E+03
<b>Urbanization</b>														
Central City	5879	99.5%	1.1E+03	4.92E+02	0.00E+00	4.63E+02	5.69E+02	7.76E+02	1.02E+03	1.36E+03	1.73E+03	2.06E+03	3.26E+03	5.64E+03
Suburban	9348	99.3%	1.1E+03	4.77E+02	0.00E+00	4.67E+02	5.84E+02	7.93E+02	1.06E+03	1.38E+03	1.73E+03	1.97E+03	2.52E+03	4.71E+03
Nonmetropolitan	4623	99.5%	1.1E+03	4.97E+02	0.00E+00	4.34E+02	5.35E+02	7.27E+02	9.86E+02	1.33E+03	1.69E+03	1.92E+03	2.59E+03	8.84E+03
<b>Race</b>														
White	15130	99.4%	1.1E+03	4.88E+02	0.00E+00	4.74E+02	5.86E+02	7.87E+02	1.04E+03	1.38E+03	1.73E+03	1.99E+03	2.59E+03	8.84E+03
Black	2615	99.7%	1.0E+03	4.47E+02	0.00E+00	3.70E+02	4.87E+02	6.65E+02	9.17E+02	1.22E+03	1.61E+03	1.88E+03	3.28E+03	3.94E+03
Asian	522	99.0%	1.2E+03	5.09E+02	0.00E+00	5.07E+02	5.92E+02	8.06E+02	1.09E+03	1.40E+03	1.96E+03	2.08E+03	2.67E+03	3.34E+03
Native American	149	99.3%	1.1E+03	4.87E+02	0.00E+00	4.36E+02	5.01E+02	6.92E+02	9.86E+02	1.45E+03	1.71E+03	2.08E+03	2.21E+03	2.41E+03
Other/NA	1434	99.3%	1.1E+03	5.04E+02	0.00E+00	4.08E+02	5.66E+02	7.86E+02	1.09E+03	1.41E+03	1.74E+03	2.03E+03	2.63E+03	3.38E+03
<b>Region</b>														
Northeast	3563	99.5%	1.1E+03	4.69E+02	0.00E+00	5.14E+02	6.06E+02	8.08E+02	1.05E+03	1.39E+03	1.73E+03	2.06E+03	3.09E+03	4.71E+03
Midwest	4722	99.6%	1.2E+03	5.23E+02	0.00E+00	4.79E+02	5.97E+02	8.03E+02	1.06E+03	1.41E+03	1.80E+03	2.07E+03	2.76E+03	8.84E+03
South	7037	99.6%	1.0E+03	4.46E+02	0.00E+00	4.23E+02	5.27E+02	7.10E+02	9.62E+02	1.26E+03	1.61E+03	1.85E+03	2.41E+03	4.32E+03
West	4528	98.9%	1.2E+03	5.10E+02	0.00E+00	4.66E+02	5.83E+02	8.09E+02	1.09E+03	1.42E+03	1.78E+03	2.11E+03	2.59E+03	4.55E+03

**Table 6. Table Numbers for Each Age Group and Type of Intake**

Age (years)	Intakes (g/kg/d)	Intakes (g/d)
All ages combined	7A	7B
20+	7C	7D
<1	7E	7F
1-2	7G	7H
3-5	7I	7J
6-11	7K	7L
12-19	7M	7N

Deciles were identified as follows. For *each of the six age groups*, consumption of the decile target food was calculated for each individual. The individuals were sorted by consumption, and a *weighted* percentile value was calculated for each individual using the weighting factors described in Section 2.2, with the lowest consumption approximately equal to zero and the highest equal to one. The low-consuming decile was defined as all persons with a consumption less than the 10th percentile. The mid-range decile was defined as all persons with a consumption falling between the 45th and 55th percentile. The high-consuming decile was defined as all persons with a consumption greater than the 90th percentile. This identification was repeated for each age category and for the entire survey population. The identification of deciles resulted in lists of high-, mid-range-, and low-consuming individuals for each age group for each of the six target foods. Note that due to differences in weighting factors, the high, mid-range, or low decile for a given age group does not necessarily contain exactly 10% of the individuals in the group.

As an aid to the reader, the table numbers are listed in Table 8. The results of the decile analysis are presented in Tables 9A through 14N. In each of these tables, the number denotes the decile target food, and the letter denotes the age group and the basis of the intake calculation (g/kg/day or g/day).

Table 7A. Per Capita Intake of Major Food Groups, All Ages Combined (g/kg/day)														
Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	19850	99.4%	2.22E+01	3.10E+01	0.00E+00	6.45E+00	8.14E+00	1.14E+01	1.62E+01	2.45E+01	4.36E+01	6.20E+01	1.04E+02	2.65E+02
Total Dairy Intake	19850	98.4%	6.27E+00	1.67E+01	0.00E+00	1.47E-01	3.24E-01	1.05E+00	3.00E+00	6.90E+00	1.53E+01	2.41E+01	5.00E+01	2.16E+02
Total Meat Intake	19850	94.1%	2.06E+00	2.35E+00	0.00E+00	1.74E-01	4.84E-01	9.60E-01	1.66E+00	2.67E+00	3.97E+00	5.23E+00	8.68E+00	3.04E+01
Total Egg Intake	19850	89.6%	3.92E-01	1.01E+00	0.00E+00	0.00E+00	9.80E-04	2.98E-02	1.52E-01	5.17E-01	1.02E+00	1.43E+00	3.14E+00	1.46E+01
Total Fish Intake	19850	22.2%	2.08E-01	6.43E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.69E-03	7.62E-01	1.23E+00	2.52E+00	1.21E+01
Total Grain Intake	19850	97.7%	2.41E+00	2.63E+00	0.00E+00	5.81E-01	7.75E-01	1.21E+00	1.87E+00	3.01E+00	4.73E+00	6.08E+00	9.17E+00	2.77E+01
Total Vegetable Intake	19850	98.1%	5.05E+00	5.08E+00	0.00E+00	1.27E+00	1.81E+00	2.81E+00	4.24E+00	6.34E+00	9.00E+00	1.14E+01	1.82E+01	6.65E+01
Total Fruit Intake	19850	92.9%	4.28E+00	1.18E+01	0.00E+00	0.00E+00	1.48E-03	3.52E-01	2.12E+00	5.16E+00	1.03E+01	1.62E+01	3.49E+01	1.44E+02
Total Fat Intake	19850	99.1%	1.20E+00	1.56E+00	0.00E+00	2.98E-01	3.97E-01	6.06E-01	9.31E-01	1.43E+00	2.34E+00	3.14E+00	5.01E+00	1.99E+01
Total Soy Intake	19850	98.8%	4.32E-01	5.25E-01	0.00E+00	7.14E-02	1.10E-01	2.00E-01	3.41E-01	5.52E-01	8.48E-01	1.12E+00	1.76E+00	5.95E+00
Total Nut Intake	19850	40.0%	8.40E-02	3.71E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	5.02E-02	2.48E-01	4.79E-01	1.20E+00	8.79E+00

Table 7B. Per Capita Intake of Major Food Groups, All Ages Combined (g/day)														
Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	19850	99.4%	1.11E+03	4.87E+02	0.00E+00	4.58E+02	5.65E+02	7.71E+02	1.03E+03	1.36E+03	1.72E+03	2.00E+03	2.65E+03	8.84E+03
Total Dairy Intake	19850	98.4%	2.62E+02	2.65E+02	0.00E+00	1.01E+01	2.29E+01	7.34E+01	1.92E+02	3.79E+02	5.97E+02	7.38E+02	1.12E+03	3.98E+03
Total Meat Intake	19850	94.1%	1.20E+02	8.23E+01	0.00E+00	9.08E+00	2.58E+01	5.69E+01	1.01E+02	1.59E+02	2.32E+02	2.84E+02	4.36E+02	2.34E+03
Total Egg Intake	19850	89.6%	2.16E+01	2.79E+01	0.00E+00	0.00E+00	5.02E-02	1.74E+00	8.67E+00	3.12E+01	5.88E+01	8.22E+01	1.25E+02	4.45E+02
Total Fish Intake	19850	22.2%	1.28E+01	2.78E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	9.01E-02	4.83E+01	7.84E+01	1.52E+02	4.34E+02
Total Grain Intake	19850	97.7%	1.30E+02	7.39E+01	0.00E+00	3.80E+01	5.17E+01	7.75E+01	1.13E+02	1.61E+02	2.26E+02	2.80E+02	4.29E+02	1.11E+03
Total Vegetable Intake	19850	98.1%	2.85E+02	1.62E+02	0.00E+00	7.17E+01	1.05E+02	1.67E+02	2.56E+02	3.70E+02	4.98E+02	5.95E+02	8.27E+02	2.50E+03
Total Fruit Intake	19850	92.9%	1.93E+02	2.18E+02	0.00E+00	0.00E+00	1.03E-01	2.27E+01	1.29E+02	2.80E+02	4.72E+02	6.23E+02	9.87E+02	2.69E+03
Total Fat Intake	19850	99.1%	6.26E+01	3.05E+01	0.00E+00	2.02E+01	2.67E+01	3.87E+01	5.61E+01	7.86E+01	1.07E+02	1.25E+02	1.75E+02	3.91E+02
Total Soy Intake	19850	98.8%	2.34E+01	1.44E+01	0.00E+00	4.53E+00	6.89E+00	1.21E+01	2.01E+01	3.11E+01	4.39E+01	5.36E+01	7.83E+01	1.67E+02
Total Nut Intake	19850	40.0%	4.25E+00	1.10E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.82E+00	1.29E+01	2.25E+01	6.01E+01	2.10E+02

Table 7C. Per Capita Intake of Major Food Groups, Age 20+ Years (g/kg/day)														
Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	9161	100.0%	1.52E+01	6.76E+00	8.70E-01	6.06E+00	7.50E+00	1.03E+01	1.41E+01	1.88E+01	2.39E+01	2.80E+01	3.71E+01	7.48E+01
Total Dairy Intake	9161	99.8%	3.04E+00	3.09E+00	0.00E+00	1.24E-01	2.60E-01	8.08E-01	2.11E+00	4.27E+00	6.96E+00	9.12E+00	1.39E+01	4.10E+01
Total Meat Intake	9161	98.3%	1.74E+00	1.18E+00	0.00E+00	2.15E-01	4.81E-01	8.93E-01	1.50E+00	2.28E+00	3.25E+00	3.94E+00	6.26E+00	1.34E+01
Total Egg Intake	9161	94.1%	3.18E-01	4.27E-01	0.00E+00	0.00E+00	1.64E-03	2.83E-02	1.44E-01	4.85E-01	8.64E-01	1.14E+00	1.82E+00	7.53E+00
Total Fish Intake	9161	28.9%	2.12E-01	4.95E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.53E-01	7.83E-01	1.20E+00	2.32E+00	8.05E+00
Total Grain Intake	9161	99.9%	1.85E+00	1.12E+00	0.00E+00	5.46E-01	7.14E-01	1.07E+00	1.58E+00	2.30E+00	3.27E+00	4.04E+00	6.04E+00	1.61E+01
Total Vegetable Intake	9161	100.0%	4.22E+00	2.38E+00	0.00E+00	1.21E+00	1.68E+00	2.55E+00	3.80E+00	5.41E+00	7.22E+00	8.51E+00	1.17E+01	2.82E+01
Total Fruit Intake	9161	93.5%	2.68E+00	3.19E+00	0.00E+00	0.00E+00	1.23E-03	2.38E-01	1.70E+00	3.92E+00	6.77E+00	8.91E+00	1.46E+01	5.16E+01
Total Fat Intake	9161	100.0%	8.59E-01	4.40E-01	0.00E+00	2.75E-01	3.56E-01	5.31E-01	7.82E-01	1.09E+00	1.44E+00	1.68E+00	2.42E+00	4.24E+00
Total Soy Intake	9161	99.7%	3.28E-01	2.10E-01	0.00E+00	6.30E-02	9.77E-02	1.72E-01	2.84E-01	4.38E-01	6.02E-01	7.26E-01	1.08E+00	2.15E+00
Total Nut Intake	9161	36.9%	5.78E-02	1.71E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.33E-02	1.67E-01	3.36E-01	8.02E-01	2.72E+00

Table 7D. Per Capita Intake of Major Food Groups, Age 20+ Years (g/day)														
Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	9161	100.0%	1.11E+03	4.81E+02	4.81E+01	4.77E+02	5.70E+02	7.69E+02	1.03E+03	1.36E+03	1.73E+03	2.01E+03	2.65E+03	5.64E+03
Total Dairy Intake	9161	99.8%	2.21E+02	2.28E+02	0.00E+00	8.76E+00	1.99E+01	5.96E+01	1.53E+02	3.12E+02	5.09E+02	6.43E+02	1.02E+03	3.72E+03
Total Meat Intake	9161	98.3%	1.30E+02	8.95E+01	0.00E+00	1.51E+01	3.45E+01	6.49E+01	1.11E+02	1.71E+02	2.46E+02	2.99E+02	4.57E+02	1.01E+03
Total Egg Intake	9161	94.1%	2.35E+01	3.16E+01	0.00E+00	0.00E+00	1.26E-01	2.07E+00	1.04E+01	3.64E+01	6.28E+01	8.70E+01	1.29E+02	4.45E+02
Total Fish Intake	9161	28.9%	1.53E+01	3.60E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.16E+01	5.63E+01	8.62E+01	1.62E+02	4.34E+02
Total Grain Intake	9161	99.9%	1.36E+02	8.44E+01	0.00E+00	4.16E+01	5.33E+01	7.91E+01	1.16E+02	1.67E+02	2.38E+02	2.97E+02	4.62E+02	1.11E+03
Total Vegetable Intake	9161	100.0%	3.09E+02	1.71E+02	0.00E+00	9.05E+01	1.24E+02	1.91E+02	2.81E+02	3.94E+02	5.25E+02	6.26E+02	8.50E+02	1.81E+03
Total Fruit Intake	9161	93.5%	1.91E+02	2.24E+02	0.00E+00	0.00E+00	9.90E-02	1.82E+01	1.25E+02	2.80E+02	4.73E+02	6.25E+02	9.96E+02	2.69E+03
Total Fat Intake	9161	100.0%	6.38E+01	3.39E+01	0.00E+00	1.97E+01	2.63E+01	3.87E+01	5.71E+01	8.11E+01	1.09E+02	1.27E+02	1.78E+02	3.59E+02
Total Soy Intake	9161	99.7%	2.43E+01	1.59E+01	0.00E+00	4.73E+00	7.13E+00	1.26E+01	2.09E+01	3.25E+01	4.56E+01	5.49E+01	7.87E+01	1.67E+02
Total Nut Intake	9161	36.9%	4.29E+00	1.29E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.42E+00	1.18E+01	2.35E+01	6.46E+01	2.10E+02



**Table 7E. Per Capita Intake of Major Food Groups, Age <1 Year (g/kg/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	1422	91.6%	3.88E+01	3.27E+01	0.00E+00	0.00E+00	1.32E+00	1.87E+01	3.22E+01	5.04E+01	7.41E+01	1.01E+02	2.00E+02	2.33E+02
Total Dairy Intake	1422	79.7%	1.22E+01	1.93E+01	0.00E+00	0.00E+00	0.00E+00	7.42E-01	7.76E+00	1.38E+01	2.33E+01	4.34E+01	1.24E+02	1.80E+02
Total Meat Intake	1422	38.3%	1.20E+00	2.39E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.54E+00	4.06E+00	6.35E+00	1.03E+01	2.96E+01
Total Egg Intake	1422	26.7%	2.87E-01	9.78E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.89E-02	4.46E-01	2.08E+00	6.09E+00	1.13E+01
Total Fish Intake	1422	2.5%	3.25E-02	2.49E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.18E+00	4.44E+00
Total Grain Intake	1422	69.3%	2.11E+00	2.73E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.26E+00	3.22E+00	5.43E+00	7.37E+00	1.16E+01	2.60E+01
Total Vegetable Intake	1422	73.1%	6.82E+00	7.73E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	4.43E+00	1.13E+01	1.74E+01	2.15E+01	3.30E+01	6.65E+01
Total Fruit Intake	1422	62.0%	1.20E+01	1.56E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	6.94E+00	1.93E+01	3.19E+01	4.00E+01	7.16E+01	1.38E+02
Total Fat Intake	1422	88.0%	3.90E+00	2.76E+00	0.00E+00	0.00E+00	0.00E+00	2.10E+00	3.82E+00	5.37E+00	7.11E+00	8.81E+00	1.32E+01	1.99E+01
Total Soy Intake	1422	86.9%	1.02E+00	8.50E-01	0.00E+00	0.00E+00	0.00E+00	4.19E-01	8.99E-01	1.41E+00	2.07E+00	2.66E+00	3.93E+00	5.95E+00
Total Nut Intake	1422	3.7%	1.08E-02	9.96E-02	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.05E-01	2.34E+00

**Table 7F. Per Capita Intake of Major Food Groups, Age <1 Year (g/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
Total Dietary Intake	1422	91.6%	3.18E+02	3.13E+02	0.00E+00	0.00E+00	6.73E+00	1.09E+02	2.27E+02	4.25E+02	6.70E+02	9.20E+02	1.63E+03	2.46E+03
Total Dairy Intake	1422	79.7%	9.76E+01	1.81E+02	0.00E+00	0.00E+00	0.00E+00	5.41E+00	6.21E+01	9.06E+01	1.60E+02	3.91E+02	1.14E+03	1.87E+03
Total Meat Intake	1422	38.3%	1.10E+01	2.16E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.41E+01	3.78E+01	5.91E+01	1.03E+02	2.69E+02
Total Egg Intake	1422	26.7%	2.78E+00	9.45E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.82E-01	3.87E+00	2.03E+01	5.11E+01	1.03E+02
Total Fish Intake	1422	2.5%	3.10E-01	2.32E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.19E+01	4.22E+01
Total Grain Intake	1422	69.3%	1.85E+01	2.45E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.00E+01	2.85E+01	5.12E+01	6.58E+01	1.09E+02	2.60E+02
Total Vegetable Intake	1422	73.1%	5.66E+01	6.38E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.69E+01	9.42E+01	1.44E+02	1.83E+02	2.64E+02	4.52E+02
Total Fruit Intake	1422	62.0%	1.02E+02	1.33E+02	0.00E+00	0.00E+00	0.00E+00	0.00E+00	5.59E+01	1.66E+02	2.67E+02	3.47E+02	5.77E+02	1.25E+03
Total Fat Intake	1422	88.0%	2.76E+01	1.69E+01	0.00E+00	0.00E+00	0.00E+00	1.72E+01	2.96E+01	3.78E+01	4.69E+01	5.59E+01	7.36E+01	1.06E+02
Total Soy Intake	1422	86.9%	7.18E+00	5.29E+00	0.00E+00	0.00E+00	0.00E+00	3.71E+00	6.79E+00	1.00E+01	1.36E+01	1.72E+01	2.58E+01	3.67E+01
Total Nut Intake	1422	3.7%	1.02E-01	9.03E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.75E+00	2.01E+01

**Table 7G. Per Capita Intake of Major Food Groups, Age 1-2 Years (g/kg/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1996	100.0%	8.20E+01	3.42E+01	5.32E+00	3.51E+01	4.15E+01	5.85E+01	7.75E+01
Total Dairy Intake	1996	99.8%	3.53E+01	2.61E+01	0.00E+00	3.66E+00	7.19E+00	1.66E+01	2.97E+01	4.81E+01	6.96E+01	8.54E+01	1.21E+02	2.16E+02
Total Meat Intake	1996	97.5%	4.13E+00	3.06E+00	0.00E+00	2.19E-01	7.96E-01	1.91E+00	3.56E+00	5.65E+00	7.97E+00	9.71E+00	1.39E+01	2.07E+01
Total Egg Intake	1996	92.6%	1.25E+00	1.73E+00	0.00E+00	0.00E+00	1.80E-03	9.29E-02	4.23E-01	1.97E+00	3.67E+00	4.64E+00	6.90E+00	1.46E+01
Total Fish Intake	1996	18.9%	2.69E-01	8.85E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	9.69E-01	1.69E+00	4.00E+00	1.20E+01
Total Grain Intake	1996	99.7%	5.74E+00	2.82E+00	0.00E+00	1.93E+00	2.56E+00	3.85E+00	5.32E+00	7.25E+00	9.27E+00	1.09E+01	1.43E+01	2.77E+01
Total Vegetable Intake	1996	99.9%	1.04E+01	6.57E+00	0.00E+00	2.70E+00	3.61E+00	6.03E+00	9.03E+00	1.34E+01	1.83E+01	2.19E+01	3.34E+01	6.41E+01
Total Fruit Intake	1996	98.0%	2.11E+01	1.76E+01	0.00E+00	2.83E-01	2.10E+00	8.43E+00	1.73E+01	2.91E+01	4.40E+01	5.64E+01	7.94E+01	1.44E+02
Total Fat Intake	1996	100.0%	3.21E+00	1.43E+00	1.84E-02	1.29E+00	1.59E+00	2.23E+00	3.01E+00	3.93E+00	5.06E+00	5.80E+00	7.47E+00	1.09E+01
Total Soy Intake	1996	99.0%	8.89E-01	5.79E-01	0.00E+00	1.58E-01	2.62E-01	4.71E-01	7.80E-01	1.18E+00	1.63E+00	2.03E+00	2.77E+00	5.38E+00
Total Nut Intake	1996	43.1%	2.35E-01	5.62E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.46E-01	7.75E-01	1.18E+00	2.25E+00	7.81E+00

**Table 7H. Per Capita Intake of Major Food Groups, Age 1-2 Years (g/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1996	100.0%	1.03E+03	3.92E+02	5.06E+01	4.61E+02	5.75E+02	7.59E+02	9.95E+02
Total Dairy Intake	1996	99.8%	4.37E+02	2.96E+02	0.00E+00	4.18E+01	1.02E+02	2.18E+02	3.93E+02	5.94E+02	8.30E+02	9.86E+02	1.36E+03	2.94E+03
Total Meat Intake	1996	97.5%	5.33E+01	3.97E+01	0.00E+00	2.70E+00	9.71E+00	2.47E+01	4.56E+01	7.32E+01	1.06E+02	1.30E+02	1.84E+02	2.80E+02
Total Egg Intake	1996	92.6%	1.61E+01	2.25E+01	0.00E+00	0.00E+00	2.48E-02	1.12E+00	5.57E+00	2.52E+01	4.73E+01	5.91E+01	9.27E+01	2.12E+02
Total Fish Intake	1996	18.9%	3.44E+00	1.11E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.22E+01	2.38E+01	5.06E+01	1.35E+02
Total Grain Intake	1996	99.7%	7.33E+01	3.55E+01	0.00E+00	2.33E+01	3.24E+01	4.79E+01	6.85E+01	9.30E+01	1.19E+02	1.39E+02	1.76E+02	2.63E+02
Total Vegetable Intake	1996	99.9%	1.32E+02	8.35E+01	0.00E+00	3.12E+01	4.55E+01	7.65E+01	1.18E+02	1.67E+02	2.34E+02	2.76E+02	4.12E+02	8.46E+02
Total Fruit Intake	1996	98.0%	2.66E+02	2.18E+02	0.00E+00	3.29E+00	2.84E+01	1.07E+02	2.19E+02	3.65E+02	5.67E+02	7.06E+02	9.28E+02	2.04E+03
Total Fat Intake	1996	100.0%	4.06E+01	1.75E+01	1.91E-01	1.61E+01	2.06E+01	2.87E+01	3.88E+01	4.95E+01	6.40E+01	7.17E+01	9.64E+01	1.46E+02
Total Soy Intake	1996	99.0%	1.14E+01	7.48E+00	0.00E+00	2.00E+00	3.25E+00	6.07E+00	1.01E+01	1.53E+01	2.13E+01	2.50E+01	3.62E+01	6.35E+01
Total Nut Intake	1996	43.1%	3.03E+00	7.50E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.26E+00	9.18E+00	1.50E+01	3.05E+01	1.06E+02

**Table 7I. Per Capita Intake of Major Food Groups, Age 3-5 Years (g/kg/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	4112	100.0%	6.05E+01	2.39E+01	1.12E+01	2.98E+01	3.41E+01	4.37E+01	5.72E+01
Total Dairy Intake	4112	100.0%	2.23E+01	1.49E+01	4.22E-03	3.72E+00	6.52E+00	1.23E+01	1.97E+01	3.01E+01	4.07E+01	4.75E+01	6.56E+01	1.95E+02
Total Meat Intake	4112	98.8%	4.07E+00	2.82E+00	0.00E+00	6.10E-01	1.15E+00	2.14E+00	3.55E+00	5.41E+00	7.52E+00	9.37E+00	1.27E+01	2.34E+01
Total Egg Intake	4112	95.1%	8.91E-01	1.33E+00	0.00E+00	2.20E-05	3.53E-03	8.13E-02	3.19E-01	1.32E+00	2.67E+00	3.43E+00	5.43E+00	1.28E+01
Total Fish Intake	4112	19.5%	2.93E-01	8.83E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.06E+00	2.00E+00	4.10E+00	1.21E+01
Total Grain Intake	4112	100.0%	5.71E+00	2.54E+00	0.00E+00	2.42E+00	2.92E+00	3.97E+00	5.29E+00	7.03E+00	8.84E+00	1.01E+01	1.36E+01	2.68E+01
Total Vegetable Intake	4112	100.0%	9.61E+00	5.31E+00	0.00E+00	3.14E+00	4.16E+00	6.10E+00	8.72E+00	1.20E+01	1.59E+01	1.91E+01	2.59E+01	6.02E+01
Total Fruit Intake	4112	97.8%	1.39E+01	1.35E+01	0.00E+00	1.27E-01	9.37E-01	4.70E+00	1.08E+01	1.97E+01	3.04E+01	3.88E+01	5.74E+01	1.24E+02
Total Fat Intake	4112	100.0%	2.81E+00	1.18E+00	3.91E-01	1.27E+00	1.51E+00	2.00E+00	2.65E+00	3.39E+00	4.32E+00	4.92E+00	6.40E+00	9.60E+00
Total Soy Intake	4112	99.8%	9.38E-01	5.48E-01	0.00E+00	2.49E-01	3.59E-01	5.64E-01	8.42E-01	1.19E+00	1.63E+00	1.97E+00	2.69E+00	5.33E+00
Total Nut Intake	4112	52.7%	2.88E-01	5.67E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	7.98E-03	4.06E-01	9.17E-01	1.30E+00	2.44E+00	8.79E+00

**Table 7J. Per Capita Intake of Major Food Groups, Age 3-5 Years (g/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	4112	100.0%	1.07E+03	3.80E+02	1.77E+02	5.48E+02	6.29E+02	8.05E+02	1.02E+03
Total Dairy Intake	4112	100.0%	3.92E+02	2.49E+02	8.60E-02	6.85E+01	1.21E+02	2.24E+02	3.56E+02	5.22E+02	7.06E+02	8.05E+02	1.15E+03	3.98E+03
Total Meat Intake	4112	98.8%	7.26E+01	4.85E+01	0.00E+00	1.09E+01	1.98E+01	3.81E+01	6.52E+01	9.69E+01	1.33E+02	1.63E+02	2.30E+02	4.33E+02
Total Egg Intake	4112	95.1%	1.57E+01	2.33E+01	0.00E+00	3.19E-04	6.50E-02	1.47E+00	5.63E+00	2.39E+01	4.70E+01	5.85E+01	9.87E+01	2.90E+02
Total Fish Intake	4112	19.5%	5.20E+00	1.56E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.91E+01	3.62E+01	7.09E+01	1.92E+02
Total Grain Intake	4112	100.0%	1.01E+02	4.12E+01	0.00E+00	4.42E+01	5.39E+01	7.20E+01	9.46E+01	1.22E+02	1.55E+02	1.75E+02	2.30E+02	4.10E+02
Total Vegetable Intake	4112	100.0%	1.70E+02	8.90E+01	0.00E+00	5.58E+01	7.52E+01	1.09E+02	1.56E+02	2.13E+02	2.80E+02	3.29E+02	4.54E+02	9.15E+02
Total Fruit Intake	4112	97.8%	2.43E+02	2.20E+02	0.00E+00	2.39E+00	1.56E+01	8.49E+01	1.96E+02	3.44E+02	5.16E+02	6.42E+02	1.00E+03	2.25E+03
Total Fat Intake	4112	100.0%	4.96E+01	1.94E+01	6.98E+00	2.27E+01	2.72E+01	3.61E+01	4.71E+01	6.00E+01	7.42E+01	8.49E+01	1.13E+02	1.67E+02
Total Soy Intake	4112	99.8%	1.66E+01	9.15E+00	0.00E+00	4.74E+00	6.48E+00	1.02E+01	1.51E+01	2.14E+01	2.83E+01	3.37E+01	4.60E+01	8.03E+01
Total Nut Intake	4112	52.7%	5.10E+00	9.68E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	1.35E-01	7.51E+00	1.50E+01	2.25E+01	4.43E+01	1.43E+02

**Table 7K. Per Capita Intake of Major Food Groups, Age 6-11 Years (g/kg/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1786	100.0%	3.79E+01	1.72E+01	5.96E+00	1.56E+01	1.91E+01	2.63E+01	3.55E+01
Total Dairy Intake	1786	100.0%	1.37E+01	9.82E+00	3.54E-03	1.84E+00	3.53E+00	6.77E+00	1.18E+01	1.87E+01	2.60E+01	3.17E+01	4.19E+01	7.88E+01
Total Meat Intake	1786	98.8%	2.95E+00	2.14E+00	0.00E+00	4.46E-01	8.13E-01	1.53E+00	2.56E+00	3.92E+00	5.50E+00	6.73E+00	9.83E+00	1.81E+01
Total Egg Intake	1786	95.9%	5.27E-01	8.69E-01	0.00E+00	7.90E-05	3.37E-03	5.27E-02	2.05E-01	6.62E-01	1.49E+00	2.22E+00	3.56E+00	7.63E+00
Total Fish Intake	1786	16.5%	1.98E-01	6.45E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	6.89E-01	1.31E+00	3.33E+00	6.74E+00
Total Grain Intake	1786	100.0%	4.06E+00	2.02E+00	2.36E-01	1.62E+00	1.93E+00	2.71E+00	3.75E+00	5.08E+00	6.51E+00	7.56E+00	1.07E+01	1.64E+01
Total Vegetable Intake	1786	100.0%	7.19E+00	4.11E+00	5.37E-01	2.44E+00	3.06E+00	4.52E+00	6.51E+00	9.01E+00	1.20E+01	1.44E+01	2.00E+01	4.95E+01
Total Fruit Intake	1786	97.5%	6.59E+00	7.22E+00	0.00E+00	4.44E-02	2.10E-01	1.81E+00	4.73E+00	9.29E+00	1.54E+01	2.03E+01	3.01E+01	5.53E+01
Total Fat Intake	1786	100.0%	1.96E+00	9.22E-01	1.81E-01	8.04E-01	9.77E-01	1.33E+00	1.84E+00	2.43E+00	3.11E+00	3.51E+00	4.53E+00	9.10E+00
Total Soy Intake	1786	100.0%	7.08E-01	4.18E-01	3.39E-03	2.09E-01	2.65E-01	4.11E-01	6.42E-01	9.20E-01	1.20E+00	1.44E+00	2.06E+00	5.19E+00
Total Nut Intake	1786	52.6%	1.73E-01	3.58E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	8.74E-04	2.21E-01	5.50E-01	8.28E-01	1.62E+00	3.73E+00

**Table 7L. Per Capita Intake of Major Food Groups, Age 6-11 Years (g/day)**

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1786	100.0%	1.12E+03	3.71E+02	3.42E+02	6.04E+02	6.86E+02	8.47E+02	1.06E+03
Total Dairy Intake	1786	100.0%	3.99E+02	2.40E+02	1.20E-01	5.91E+01	1.25E+02	2.29E+02	3.64E+02	5.38E+02	7.28E+02	8.29E+02	1.08E+03	2.68E+03
Total Meat Intake	1786	98.8%	8.87E+01	5.65E+01	0.00E+00	1.26E+01	2.43E+01	4.92E+01	8.17E+01	1.17E+02	1.58E+02	1.95E+02	2.68E+02	4.35E+02
Total Egg Intake	1786	95.9%	1.58E+01	2.31E+01	0.00E+00	2.15E-03	1.36E-01	1.70E+00	6.12E+00	2.17E+01	4.61E+01	5.89E+01	1.14E+02	1.93E+02
Total Fish Intake	1786	16.5%	5.92E+00	1.79E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.14E+01	3.81E+01	9.96E+01	2.27E+02
Total Grain Intake	1786	100.0%	1.20E+02	4.86E+01	4.81E+00	5.45E+01	6.75E+01	8.82E+01	1.14E+02	1.44E+02	1.84E+02	2.07E+02	2.79E+02	5.13E+02
Total Vegetable Intake	1786	100.0%	2.17E+02	1.06E+02	1.83E+01	7.98E+01	9.93E+01	1.41E+02	2.00E+02	2.70E+02	3.51E+02	4.22E+02	5.60E+02	1.08E+03
Total Fruit Intake	1786	97.5%	1.92E+02	1.82E+02	0.00E+00	1.27E+00	7.55E+00	5.75E+01	1.42E+02	2.75E+02	4.41E+02	5.43E+02	8.80E+02	1.41E+03
Total Fat Intake	1786	100.0%	5.83E+01	2.18E+01	9.21E+00	2.84E+01	3.36E+01	4.27E+01	5.58E+01	7.03E+01	8.65E+01	9.72E+01	1.23E+02	1.68E+02
Total Soy Intake	1786	100.0%	2.11E+01	1.05E+01	8.43E-02	6.80E+00	9.26E+00	1.34E+01	1.94E+01	2.75E+01	3.47E+01	3.94E+01	5.31E+01	7.34E+01
Total Nut Intake	1786	52.6%	5.01E+00	9.35E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	4.34E-02	6.68E+00	1.50E+01	2.43E+01	4.51E+01	8.65E+01

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1373	100.0%	2.06E+01	1.05E+01	2.55E+00	7.14E+00	9.22E+00	1.31E+01	1.87E+01
Total Dairy Intake	1373	99.9%	5.77E+00	5.54E+00	0.00E+00	1.97E-01	4.31E-01	1.48E+00	4.23E+00	8.32E+00	1.32E+01	1.62E+01	2.53E+01	3.78E+01
Total Meat Intake	1373	98.9%	2.12E+00	1.61E+00	0.00E+00	2.38E-01	5.08E-01	1.06E+00	1.88E+00	2.77E+00	3.82E+00	4.79E+00	7.07E+00	3.04E+01
Total Egg Intake	1373	95.3%	3.30E-01	4.71E-01	0.00E+00	2.40E-05	1.79E-03	2.67E-02	1.21E-01	4.58E-01	1.00E+00	1.30E+00	1.90E+00	3.99E+00
Total Fish Intake	1373	18.1%	1.56E-01	4.51E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	5.27E-01	1.15E+00	2.48E+00	3.71E+00
Total Grain Intake	1373	100.0%	2.44E+00	1.33E+00	3.60E-05	8.27E-01	1.02E+00	1.51E+00	2.17E+00	3.05E+00	4.22E+00	4.90E+00	6.92E+00	1.24E+01
Total Vegetable Intake	1373	100.0%	5.13E+00	2.97E+00	1.05E-01	1.50E+00	2.06E+00	3.07E+00	4.63E+00	6.51E+00	8.97E+00	1.03E+01	1.40E+01	3.24E+01
Total Fruit Intake	1373	92.4%	3.17E+00	3.89E+00	0.00E+00	0.00E+00	5.32E-04	1.54E-01	1.84E+00	4.54E+00	8.57E+00	1.16E+01	1.74E+01	3.22E+01
Total Fat Intake	1373	100.0%	1.23E+00	6.39E-01	1.24E-01	4.19E-01	5.30E-01	7.84E-01	1.13E+00	1.55E+00	2.04E+00	2.47E+00	3.34E+00	5.07E+00
Total Soy Intake	1373	100.0%	4.69E-01	3.03E-01	4.13E-03	1.02E-01	1.59E-01	2.60E-01	4.19E-01	6.01E-01	8.50E-01	1.06E+00	1.44E+00	2.38E+00
Total Nut Intake	1373	39.6%	6.62E-02	1.94E-01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	4.34E-02	2.11E-01	3.54E-01	8.83E-01	3.07E+00

Food Group	Population Sample Size	Percent Consuming	Mean	Standard Error	Percentile Values									
					0th	5th	10th	25th	50th	75th	90th	95th	99th	100th
					Total Dietary Intake	1373	100.0%	1.22E+03	5.89E+02	1.73E+02	4.80E+02	5.85E+02	8.17E+02	1.10E+03
Total Dairy Intake	1373	99.9%	3.36E+02	3.04E+02	0.00E+00	1.27E+01	2.71E+01	9.50E+01	2.58E+02	4.81E+02	7.48E+02	9.65E+02	1.41E+03	1.97E+03
Total Meat Intake	1373	98.9%	1.29E+02	1.05E+02	0.00E+00	1.58E+01	2.97E+01	6.49E+01	1.10E+02	1.71E+02	2.40E+02	2.86E+02	4.05E+02	2.34E+03
Total Egg Intake	1373	95.3%	2.01E+01	2.88E+01	0.00E+00	1.58E-03	9.92E-02	1.51E+00	7.35E+00	2.67E+01	5.76E+01	8.22E+01	1.26E+02	2.44E+02
Total Fish Intake	1373	18.1%	9.40E+00	2.72E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	3.11E+01	7.50E+01	1.33E+02	2.52E+02
Total Grain Intake	1373	100.0%	1.44E+02	7.65E+01	2.97E-03	5.16E+01	6.53E+01	9.25E+01	1.31E+02	1.80E+02	2.35E+02	2.80E+02	4.22E+02	6.83E+02
Total Vegetable Intake	1373	100.0%	3.06E+02	1.76E+02	6.68E+00	9.53E+01	1.29E+02	1.85E+02	2.72E+02	3.85E+02	5.19E+02	6.05E+02	8.79E+02	2.50E+03
Total Fruit Intake	1373	92.4%	1.82E+02	2.24E+02	0.00E+00	0.00E+00	3.30E-02	9.87E+00	1.12E+02	2.54E+02	4.67E+02	6.61E+02	9.94E+02	2.27E+03
Total Fat Intake	1373	100.0%	7.37E+01	3.81E+01	7.64E+00	2.61E+01	3.20E+01	4.80E+01	6.75E+01	9.08E+01	1.23E+02	1.46E+02	1.98E+02	3.91E+02
Total Soy Intake	1373	100.0%	2.80E+01	1.79E+01	1.69E-01	6.74E+00	9.82E+00	1.59E+01	2.50E+01	3.55E+01	5.03E+01	5.97E+01	8.79E+01	1.44E+02
Total Nut Intake	1373	39.6%	3.87E+00	1.12E+01	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	2.56E+00	1.25E+01	2.16E+01	4.86E+01	1.77E+02

**Table 8. Guide to Table Numbers**

Decile target food	All ages		20+ yrs		<1 yrs		1-2 yrs		3-5 yrs		6-11 yrs		12-19 yrs	
	g/d	g/kg/d	g/d	g/kg/d	g/d	g/kg/d	g/d	g/kg/d	g/d	g/kg/d	g/d	g/kg/d	g/d	g/kg/d
Total foods	9A	9B	9C	9D	9E	9F	9G	9H	9I	9J	9K	9L	9M	9N
Meat	10A	10B	10C	10D	10E	10F	10G	10H	10I	10J	10K	10L	10M	10N
Meat and dairy	11A	11B	11C	11D	11E	11F	11G	11H	11I	11J	11K	11L	11M	11N
Fish	12A	12B	12C	12D	12E	12F	12G	12H	12I	12J	12K	12L	12M	12N
Fruits and vegetables	13A	13B	13C	13D	13E	13F	13G	13H	13I	13J	13K	13L	13M	13N
Dairy	14A	14B	14C	14D	14E	14F	14G	14H	14I	14J	14K	14L	14M	14N

<b>Table 9A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake All Age Groups Combined (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 1531		Sample Size = 1359		Sample Size = 6178	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.14E+00	100.0%	1.62E+01	100.0%	7.00E+01	100.0%
Total Dairy	7.86E-01	12.8%	3.45E+00	21.3%	2.77E+01	39.5%
Total Meats	1.01E+00	16.4%	1.83E+00	11.3%	4.05E+00	5.8%
Total Fish	1.04E-01	1.7%	2.23E-01	1.4%	2.98E-01	0.4%
Total Eggs	1.93E-01	3.1%	3.36E-01	2.1%	9.31E-01	1.3%
Total Grains	9.42E-01	15.3%	1.98E+00	12.2%	5.69E+00	8.1%
Total Vegetables	1.99E+00	32.5%	4.56E+00	28.1%	1.04E+01	14.9%
Total Fruits	5.36E-01	8.7%	2.60E+00	16.0%	1.70E+01	24.3%
Total Fats	4.67E-01	7.6%	9.67E-01	6.0%	3.02E+00	4.3%
Total Soy	1.82E-01	3.0%	3.69E-01	2.3%	9.31E-01	1.3%
Total Nuts	2.09E-02	0.3%	6.65E-02	0.4%	2.59E-01	0.4%

<b>Table 9B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake All Age Groups Combined (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 798		Sample Size = 2036		Sample Size = 1532	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.26E+02	100.0%	1.03E+03	100.0%	2.14E+03	100.0%
Total Dairy	3.62E+01	28.8%	2.37E+02	23.0%	5.92E+02	27.7%
Total Meats	1.03E+01	8.2%	1.17E+02	11.4%	1.97E+02	9.2%
Total Fish	9.22E-01	0.7%	1.08E+01	1.1%	2.15E+01	1.0%
Total Eggs	1.32E+00	1.0%	2.11E+01	2.0%	3.18E+01	1.5%
Total Grains	1.18E+01	9.4%	1.25E+02	12.2%	2.18E+02	10.2%
Total Vegetables	3.10E+01	24.6%	2.68E+02	26.0%	4.87E+02	22.8%
Total Fruits	1.23E+01	9.8%	1.74E+02	16.8%	4.53E+02	21.2%
Total Fats	2.04E+01	16.2%	6.00E+01	5.8%	1.04E+02	4.9%
Total Soy	5.94E+00	4.7%	2.27E+01	2.2%	3.65E+01	1.7%
Total Nuts	5.99E-02	0.0%	4.18E+00	0.4%	8.04E+00	0.4%

<b>Table 9C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 20+ Years (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 976		Sample Size = 927		Sample Size = 819	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.80E+00	100.0%	1.41E+01	100.0%	2.97E+01	100.0%
Total Dairy	7.28E-01	12.5%	2.74E+00	19.4%	7.40E+00	24.9%
Total Meats	1.00E+00	17.3%	1.72E+00	12.2%	2.45E+00	8.2%
Total Fish	9.25E-02	1.6%	1.92E-01	1.4%	2.63E-01	0.9%
Total Eggs	2.03E-01	3.5%	3.19E-01	2.3%	4.46E-01	1.5%
Total Grains	9.03E-01	15.6%	1.84E+00	13.1%	3.00E+00	10.1%
Total Vegetables	1.86E+00	32.1%	4.07E+00	28.9%	6.98E+00	23.5%
Total Fruits	4.59E-01	7.9%	2.10E+00	14.9%	7.01E+00	23.6%
Total Fats	4.49E-01	7.7%	8.57E-01	6.1%	1.36E+00	4.6%
Total Soy	1.73E-01	3.0%	3.26E-01	2.3%	4.91E-01	1.7%
Total Nuts	2.21E-02	0.4%	5.41E-02	0.4%	8.33E-02	0.3%

<b>Table 9D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 20+ Years (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 948		Sample Size = 948		Sample Size = 872	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	4.51E+02	100.0%	1.03E+03	100.0%	2.14E+03	100.0%
Total Dairy	5.46E+01	12.1%	1.88E+02	18.3%	5.20E+02	24.3%
Total Meats	7.43E+01	16.5%	1.28E+02	12.5%	2.10E+02	9.8%
Total Fish	7.32E+00	1.6%	1.27E+01	1.2%	2.51E+01	1.2%
Total Eggs	1.45E+01	3.2%	2.34E+01	2.3%	3.35E+01	1.6%
Total Grains	6.90E+01	15.3%	1.30E+02	12.7%	2.30E+02	10.8%
Total Vegetables	1.47E+02	32.6%	2.91E+02	28.4%	5.16E+02	24.2%
Total Fruits	4.01E+01	8.9%	1.74E+02	17.0%	4.66E+02	21.8%
Total Fats	3.42E+01	7.6%	6.03E+01	5.9%	1.05E+02	4.9%
Total Soy	1.34E+01	3.0%	2.33E+01	2.3%	3.72E+01	1.7%
Total Nuts	1.65E+00	0.4%	4.14E+00	0.4%	8.00E+00	0.4%



<b>Table 9E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age &lt;1 Year (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 139		Sample Size = 143		Sample Size = 134	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.63E-02	100.0%	3.20E+01	100.0%	8.65E+01	100.0%
Total Dairy	4.25E-03	7.5%	9.78E+00	30.6%	2.90E+01	33.5%
Total Meats	0.00E+00	0.0%	8.60E-01	2.7%	3.06E+00	3.5%
Total Fish	0.00E+00	0.0%	5.36E-02	0.2%	2.44E-02	0.0%
Total Eggs	0.00E+00	0.0%	2.51E-01	0.8%	3.37E-01	0.4%
Total Grains	2.44E-02	43.3%	1.58E+00	4.9%	4.48E+00	5.2%
Total Vegetables	1.07E-02	19.1%	6.61E+00	20.7%	9.45E+00	10.9%
Total Fruits	1.41E-02	25.0%	7.53E+00	23.6%	2.47E+01	28.6%
Total Fats	1.79E-03	3.2%	5.01E+00	15.7%	3.23E+00	3.7%
Total Soy	5.39E-04	1.0%	1.42E+00	4.4%	7.06E-01	0.8%
Total Nuts	0.00E+00	0.0%	4.81E-04	0.0%	2.01E-02	0.0%

<b>Table 9F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age &lt;1 Year (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 138		Sample Size = 150		Sample Size = 142	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.88E-01	100.0%	2.31E+02	100.0%	1.06E+03	100.0%
Total Dairy	9.59E-02	24.7%	6.39E+01	27.7%	4.86E+02	45.8%
Total Meats	0.00E+00	0.0%	4.93E+00	2.1%	3.92E+01	3.7%
Total Fish	0.00E+00	0.0%	2.39E-02	0.0%	4.03E-01	0.0%
Total Eggs	0.00E+00	0.0%	1.75E+00	0.8%	1.04E+01	1.0%
Total Grains	1.69E-01	43.7%	1.58E+01	6.8%	5.24E+01	4.9%
Total Vegetables	5.43E-02	14.0%	4.72E+01	20.4%	1.25E+02	11.7%
Total Fruits	2.36E-02	6.1%	6.13E+01	26.6%	3.05E+02	28.7%
Total Fats	4.01E-02	10.4%	3.34E+01	14.5%	3.95E+01	3.7%
Total Soy	1.21E-02	3.1%	9.12E+00	4.0%	7.00E+00	0.7%
Total Nuts	0.00E+00	0.0%	1.12E-02	0.0%	4.31E-01	0.0%

**Table 9G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Food Intake  
Age 1-2 Years (g/kg/day)**

Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 184		Sample Size = 210		Sample Size = 146	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.27E+01	100.0%	7.76E+01	100.0%	9.45E+01	100.0%
Total Dairy	9.05E+00	27.7%	3.11E+01	40.1%	4.42E+01	46.8%
Total Meats	3.05E+00	9.3%	3.97E+00	5.1%	4.03E+00	4.3%
Total Fish	1.28E-01	0.4%	2.78E-01	0.4%	1.61E-01	0.2%
Total Eggs	8.85E-01	2.7%	1.16E+00	1.5%	8.88E-01	0.9%
Total Grains	4.12E+00	12.6%	5.71E+00	7.4%	5.54E+00	5.9%
Total Vegetables	6.74E+00	20.6%	1.04E+01	13.5%	1.05E+01	11.1%
Total Fruits	6.04E+00	18.5%	2.12E+01	27.3%	2.49E+01	26.3%
Total Fats	2.22E+00	6.8%	2.98E+00	3.8%	3.40E+00	3.6%
Total Soy	7.60E-01	2.3%	8.94E-01	1.2%	7.86E-01	0.8%
Total Nuts	1.11E-01	0.3%	1.97E-01	0.3%	1.71E-01	0.2%

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**Table 9H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Food Intake  
Age 1-2 Years (g/day)**

Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 195		Sample Size = 191		Sample Size = 200	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	4.28E+02	100.0%	9.94E+02	100.0%	1.81E+03	100.0%
Total Dairy	1.16E+02	27.2%	4.17E+02	41.9%	8.70E+02	47.9%
Total Meats	3.89E+01	9.1%	5.45E+01	5.5%	6.84E+01	3.8%
Total Fish	1.41E+00	0.3%	3.69E+00	0.4%	5.28E+00	0.3%
Total Eggs	1.06E+01	2.5%	1.55E+01	1.6%	2.26E+01	1.2%
Total Grains	5.23E+01	12.2%	7.56E+01	7.6%	8.79E+01	4.8%
Total Vegetables	9.01E+01	21.0%	1.30E+02	13.0%	1.76E+02	9.7%
Total Fruits	8.54E+01	19.9%	2.49E+02	25.1%	5.18E+02	28.5%
Total Fats	2.71E+01	6.3%	4.05E+01	4.1%	5.88E+01	3.2%
Total Soy	9.23E+00	2.2%	1.17E+01	1.2%	1.37E+01	0.8%
Total Nuts	1.53E+00	0.4%	3.34E+00	0.3%	4.41E+00	0.2%

<b>Table 9I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 3-5 Years (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 362		Sample Size = 384		Sample Size = 478	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.84E+01	100.0%	5.72E+01	100.0%	1.04E+02	100.0%
Total Dairy	7.76E+00	27.3%	2.09E+01	36.6%	4.11E+01	39.7%
Total Meats	2.96E+00	10.4%	4.04E+00	7.1%	3.99E+00	3.9%
Total Fish	1.44E-01	0.5%	2.70E-01	0.5%	1.58E-01	0.2%
Total Eggs	5.87E-01	2.1%	9.16E-01	1.6%	8.68E-01	0.8%
Total Grains	3.98E+00	14.0%	5.64E+00	9.9%	6.14E+00	5.9%
Total Vegetables	6.25E+00	22.0%	9.16E+00	16.0%	1.15E+01	11.2%
Total Fruits	4.33E+00	15.2%	1.26E+01	22.1%	2.59E+01	25.0%
Total Fats	1.81E+00	6.4%	2.72E+00	4.8%	3.52E+00	3.4%
Total Soy	6.76E-01	2.4%	9.00E-01	1.6%	9.23E-01	0.9%
Total Nuts	1.99E-01	0.7%	3.16E-01	0.6%	2.64E-01	0.3%

<b>Table 9J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 3-5 Years (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 406		Sample Size = 406		Sample Size = 433	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.27E+02	100.0%	1.02E+03	100.0%	1.82E+03	100.0%
Total Dairy	1.44E+02	27.3%	3.78E+02	37.0%	7.28E+02	40.1%
Total Meats	5.29E+01	10.0%	7.18E+01	7.0%	9.43E+01	5.2%
Total Fish	3.38E+00	0.6%	4.93E+00	0.5%	8.90E+00	0.5%
Total Eggs	1.08E+01	2.0%	1.51E+01	1.5%	2.38E+01	1.3%
Total Grains	7.58E+01	14.4%	1.03E+02	10.1%	1.32E+02	7.3%
Total Vegetables	1.17E+02	22.3%	1.63E+02	16.0%	2.33E+02	12.8%
Total Fruits	7.60E+01	14.4%	2.16E+02	21.2%	5.09E+02	28.0%
Total Fats	3.41E+01	6.5%	4.99E+01	4.9%	6.80E+01	3.7%
Total Soy	1.28E+01	2.4%	1.67E+01	1.6%	2.12E+01	1.2%
Total Nuts	3.07E+00	0.6%	6.28E+00	0.6%	7.63E+00	0.4%

<b>Table 9K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 6-11 Years (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 156		Sample Size = 176		Sample Size = 228	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.49E+01	100.0%	3.55E+01	100.0%	7.06E+01	100.0%
Total Dairy	3.87E+00	26.0%	1.25E+01	35.1%	2.89E+01	40.9%
Total Meats	1.81E+00	12.2%	3.09E+00	8.7%	3.83E+00	5.4%
Total Fish	7.63E-02	0.5%	7.32E-02	0.2%	1.47E-01	0.2%
Total Eggs	2.89E-01	1.9%	4.53E-01	1.3%	6.92E-01	1.0%
Total Grains	2.20E+00	14.7%	4.11E+00	11.6%	5.89E+00	8.4%
Total Vegetables	3.65E+00	24.5%	6.77E+00	19.1%	1.04E+01	14.8%
Total Fruits	1.67E+00	11.2%	5.80E+00	16.3%	1.47E+01	20.8%
Total Fats	1.09E+00	7.3%	1.93E+00	5.4%	2.96E+00	4.2%
Total Soy	4.19E-01	2.8%	6.90E-01	1.9%	9.05E-01	1.3%
Total Nuts	6.90E-02	0.5%	1.56E-01	0.4%	1.67E-01	0.2%

<b>Table 9L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 6-11 Years (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 183		Sample Size = 173		Sample Size = 164	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.74E+02	100.0%	1.06E+03	100.0%	1.88E+03	100.0%
Total Dairy	1.51E+02	26.4%	3.66E+02	34.4%	7.52E+02	40.1%
Total Meats	6.66E+01	11.6%	9.56E+01	9.0%	1.06E+02	5.7%
Total Fish	1.73E+00	0.3%	5.83E+00	0.5%	8.94E+00	0.5%
Total Eggs	1.15E+01	2.0%	1.56E+01	1.5%	2.13E+01	1.1%
Total Grains	9.06E+01	15.8%	1.17E+02	11.0%	1.62E+02	8.7%
Total Vegetables	1.38E+02	24.1%	2.15E+02	20.2%	3.03E+02	16.2%
Total Fruits	6.22E+01	10.8%	1.70E+02	16.0%	4.12E+02	22.0%
Total Fats	3.95E+01	6.9%	5.90E+01	5.6%	7.66E+01	4.1%
Total Soy	1.57E+01	2.7%	2.14E+01	2.0%	2.47E+01	1.3%
Total Nuts	3.52E+00	0.6%	4.63E+00	0.4%	8.11E+00	0.4%

<b>Table 9M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 12-19 Years (g/kg/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 140		Sample Size = 141		Sample Size = 128	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.94E+00	100.0%	1.87E+01	100.0%	4.33E+01	100.0%
Total Dairy	9.86E-01	14.2%	4.71E+00	25.2%	1.56E+01	36.0%
Total Meats	1.13E+00	16.3%	2.20E+00	11.8%	3.13E+00	7.2%
Total Fish	7.41E-02	1.1%	1.02E-01	0.5%	1.55E-01	0.4%
Total Eggs	1.53E-01	2.2%	3.65E-01	2.0%	4.79E-01	1.1%
Total Grains	1.18E+00	17.0%	2.32E+00	12.4%	3.98E+00	9.2%
Total Vegetables	2.25E+00	32.4%	5.04E+00	26.9%	8.10E+00	18.7%
Total Fruits	5.36E-01	7.7%	2.52E+00	13.5%	7.98E+00	18.4%
Total Fats	5.86E-01	8.4%	1.20E+00	6.4%	2.11E+00	4.9%
Total Soy	2.33E-01	3.4%	4.49E-01	2.4%	7.02E-01	1.6%
Total Nuts	1.59E-02	0.2%	7.45E-02	0.4%	1.37E-01	0.3%

<b>Table 9N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Food Intake Age 12-19 Years (g/day)</b>						
Food Group	Low-end Total Food consumers		Mid-range Total Food consumers		High-end Total Food consumers	
	Sample Size = 142		Sample Size = 139		Sample Size = 122	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	4.55E+02	100.0%	1.11E+03	100.0%	2.49E+03	100.0%
Total Dairy	5.97E+01	13.1%	2.71E+02	24.5%	8.34E+02	33.5%
Total Meats	6.78E+01	14.9%	1.25E+02	11.3%	2.19E+02	8.8%
Total Fish	5.75E+00	1.3%	9.93E+00	0.9%	1.52E+01	0.6%
Total Eggs	9.92E+00	2.2%	1.98E+01	1.8%	3.05E+01	1.2%
Total Grains	7.61E+01	16.7%	1.38E+02	12.4%	2.23E+02	9.0%
Total Vegetables	1.50E+02	33.0%	2.89E+02	26.1%	5.40E+02	21.7%
Total Fruits	4.25E+01	9.4%	1.66E+02	15.0%	4.69E+02	18.9%
Total Fats	3.60E+01	7.9%	7.03E+01	6.4%	1.27E+02	5.1%
Total Soy	1.52E+01	3.3%	2.84E+01	2.6%	4.49E+01	1.8%
Total Nuts	1.26E+00	0.3%	3.87E+00	0.3%	9.40E+00	0.4%

<b>Table 10A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake All Age Groups Combined (g/kg/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 2424		Sample Size = 1556		Sample Size = 3875	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.84E+01	100.0%	1.81E+01	100.0%	4.68E+01	100.0%
Total Dairy	5.53E+00	30.0%	4.73E+00	26.1%	1.48E+01	31.5%
Total Meats	1.91E-01	1.0%	1.67E+00	9.2%	5.92E+00	12.6%
Total Fish	3.10E-01	1.7%	1.81E-01	1.0%	1.94E-01	0.4%
Total Eggs	2.50E-01	1.4%	3.29E-01	1.8%	7.66E-01	1.6%
Total Grains	1.90E+00	10.3%	2.03E+00	11.2%	4.43E+00	9.5%
Total Vegetables	4.08E+00	22.1%	4.39E+00	24.2%	9.04E+00	19.3%
Total Fruits	4.68E+00	25.4%	3.48E+00	19.2%	8.85E+00	18.9%
Total Fats	1.00E+00	5.4%	9.62E-01	5.3%	2.59E+00	5.5%
Total Soy	3.76E-01	2.0%	3.70E-01	2.0%	7.85E-01	1.7%
Total Nuts	7.89E-02	0.4%	7.75E-02	0.4%	1.35E-01	0.3%

<b>Table 10B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake All Age Groups Combined (g/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 3349		Sample Size = 1817		Sample Size = 1233	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	8.87E+02	100.0%	1.05E+03	100.0%	1.55E+03	100.0%
Total Dairy	2.61E+02	29.4%	2.56E+02	24.5%	2.72E+02	17.5%
Total Meats	1.01E+01	1.1%	1.01E+02	9.6%	3.21E+02	20.6%
Total Fish	1.66E+01	1.9%	1.08E+01	1.0%	1.23E+01	0.8%
Total Eggs	1.33E+01	1.5%	2.04E+01	1.9%	3.11E+01	2.0%
Total Grains	9.87E+01	11.1%	1.20E+02	11.5%	1.93E+02	12.4%
Total Vegetables	2.02E+02	22.7%	2.69E+02	25.7%	4.40E+02	28.3%
Total Fruits	2.24E+02	25.3%	1.93E+02	18.4%	1.72E+02	11.0%
Total Fats	3.61E+01	4.1%	5.76E+01	5.5%	1.13E+02	7.2%
Total Soy	1.56E+01	1.8%	2.24E+01	2.1%	3.59E+01	2.3%
Total Nuts	4.28E+00	0.5%	3.83E+00	0.4%	4.39E+00	0.3%

<b>Table 10C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 20+ Years (g/kg/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 928		Sample Size = 895		Sample Size = 810	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.36E+01	100.0%	1.45E+01	100.0%	2.10E+01	100.0%
Total Dairy	3.08E+00	22.6%	3.00E+00	20.7%	3.34E+00	15.9%
Total Meats	2.13E-01	1.6%	1.50E+00	10.3%	4.47E+00	21.3%
Total Fish	3.49E-01	2.6%	1.86E-01	1.3%	1.93E-01	0.9%
Total Eggs	2.44E-01	1.8%	3.09E-01	2.1%	4.26E-01	2.0%
Total Grains	1.62E+00	11.9%	1.77E+00	12.2%	2.56E+00	12.2%
Total Vegetables	3.73E+00	27.3%	3.99E+00	27.6%	5.93E+00	28.2%
Total Fruits	3.45E+00	25.3%	2.63E+00	18.2%	2.59E+00	12.3%
Total Fats	5.49E-01	4.0%	7.96E-01	5.5%	1.48E+00	7.0%
Total Soy	2.63E-01	1.9%	3.21E-01	2.2%	4.60E-01	2.2%
Total Nuts	5.95E-02	0.4%	5.92E-02	0.4%	4.54E-02	0.2%

<b>Table 10D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 20+ Years (g/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 917		Sample Size = 915		Sample Size = 837	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.43E+02	100.0%	1.03E+03	100.0%	1.56E+03	100.0%
Total Dairy	2.13E+02	22.6%	2.11E+02	20.4%	2.54E+02	16.3%
Total Meats	1.49E+01	1.6%	1.11E+02	10.8%	3.38E+02	21.7%
Total Fish	2.47E+01	2.6%	1.22E+01	1.2%	1.28E+01	0.8%
Total Eggs	1.70E+01	1.8%	2.10E+01	2.0%	3.26E+01	2.1%
Total Grains	1.13E+02	12.0%	1.24E+02	12.0%	1.96E+02	12.5%
Total Vegetables	2.59E+02	27.4%	2.82E+02	27.2%	4.46E+02	28.5%
Total Fruits	2.34E+02	24.9%	1.92E+02	18.6%	1.65E+02	10.5%
Total Fats	3.82E+01	4.1%	5.85E+01	5.7%	1.15E+02	7.4%
Total Soy	1.82E+01	1.9%	2.28E+01	2.2%	3.66E+01	2.3%
Total Nuts	4.22E+00	0.4%	4.69E+00	0.5%	4.37E+00	0.3%

**Table 10E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age <1 Year (g/kg/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 173		Sample Size = 147		Sample Size = 130	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.26E+01	100.0%	2.64E+01	100.0%	8.05E+01	100.0%
Total Dairy	7.87E+00	34.9%	9.49E+00	35.9%	2.79E+01	34.6%
Total Meats	0.00E+00	0.0%	0.00E+00	0.0%	7.05E+00	8.8%
Total Fish	0.00E+00	0.0%	9.46E-04	0.0%	3.68E-02	0.0%
Total Eggs	1.18E-02	0.1%	9.34E-02	0.4%	1.10E+00	1.4%
Total Grains	1.13E+00	5.0%	1.03E+00	3.9%	4.83E+00	6.0%
Total Vegetables	4.06E+00	18.0%	4.88E+00	18.4%	1.25E+01	15.5%
Total Fruits	5.82E+00	25.8%	6.56E+00	24.8%	2.31E+01	28.7%
Total Fats	3.48E+00	15.4%	4.22E+00	16.0%	4.15E+00	5.2%
Total Soy	8.88E-01	3.9%	1.05E+00	4.0%	9.03E-01	1.1%
Total Nuts	0.00E+00	0.0%	1.04E-04	0.0%	2.29E-02	0.0%

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**Table 10F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age <1 Year (g/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 160		Sample Size = 146		Sample Size = 131	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.46E+02	100.0%	1.86E+02	100.0%	7.77E+02	100.0%
Total Dairy	4.84E+01	33.1%	6.25E+01	33.5%	2.85E+02	36.7%
Total Meats	0.00E+00	0.0%	0.00E+00	0.0%	6.61E+01	8.5%
Total Fish	0.00E+00	0.0%	8.51E-03	0.0%	4.55E-01	0.1%
Total Eggs	9.23E-02	0.1%	8.60E-01	0.5%	1.14E+01	1.5%
Total Grains	9.57E+00	6.5%	8.21E+00	4.4%	4.60E+01	5.9%
Total Vegetables	2.55E+01	17.5%	3.53E+01	18.9%	1.17E+02	15.1%
Total Fruits	3.95E+01	27.0%	5.27E+01	28.3%	2.12E+02	27.3%
Total Fats	2.14E+01	14.7%	2.58E+01	13.9%	3.97E+01	5.1%
Total Soy	5.69E+00	3.9%	6.36E+00	3.4%	8.60E+00	1.1%
Total Nuts	0.00E+00	0.0%	9.74E-04	0.0%	2.35E-01	0.0%



<b>Table 10G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 1-2 Years (g/kg/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 195		Sample Size = 215		Sample Size = 215	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.96E+01	100.0%	7.67E+01	100.0%	9.66E+01	100.0%
Total Dairy	3.96E+01	49.7%	3.23E+01	42.1%	3.58E+01	37.0%
Total Meats	2.89E-01	0.4%	3.57E+00	4.6%	1.06E+01	10.9%
Total Fish	2.25E-01	0.3%	2.06E-01	0.3%	3.53E-01	0.4%
Total Eggs	7.89E-01	1.0%	1.19E+00	1.6%	1.84E+00	1.9%
Total Grains	4.94E+00	6.2%	5.50E+00	7.2%	7.11E+00	7.4%
Total Vegetables	8.41E+00	10.6%	9.53E+00	12.4%	1.53E+01	15.8%
Total Fruits	2.18E+01	27.4%	2.07E+01	27.1%	2.09E+01	21.7%
Total Fats	2.48E+00	3.1%	2.96E+00	3.9%	4.71E+00	4.9%
Total Soy	5.82E-01	0.7%	8.64E-01	1.1%	1.21E+00	1.2%
Total Nuts	2.47E-01	0.3%	2.34E-01	0.3%	1.99E-01	0.2%

<b>Table 10H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 1-2 Years (g/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 195		Sample Size = 203		Sample Size = 200	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.27E+02	100.0%	1.01E+03	100.0%	1.17E+03	100.0%
Total Dairy	4.69E+02	50.6%	4.41E+02	43.6%	3.93E+02	33.5%
Total Meats	3.48E+00	0.4%	4.54E+01	4.5%	1.39E+02	11.8%
Total Fish	3.01E+00	0.3%	2.63E+00	0.3%	4.06E+00	0.3%
Total Eggs	9.68E+00	1.0%	1.62E+01	1.6%	2.35E+01	2.0%
Total Grains	5.70E+01	6.1%	7.01E+01	6.9%	8.76E+01	7.5%
Total Vegetables	9.40E+01	10.1%	1.26E+02	12.4%	1.98E+02	16.9%
Total Fruits	2.50E+02	27.0%	2.60E+02	25.8%	2.67E+02	22.8%
Total Fats	2.86E+01	3.1%	3.89E+01	3.9%	5.98E+01	5.1%
Total Soy	6.58E+00	0.7%	1.18E+01	1.2%	1.62E+01	1.4%
Total Nuts	2.90E+00	0.3%	2.88E+00	0.3%	2.43E+00	0.2%

**Table 10I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age 3-5 Years (g/kg/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 431		Sample Size = 368		Sample Size = 449	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.67E+01	100.0%	5.91E+01	100.0%	7.41E+01	100.0%
Total Dairy	2.38E+01	42.1%	2.26E+01	38.2%	2.32E+01	31.3%
Total Meats	5.61E-01	1.0%	3.57E+00	6.0%	9.94E+00	13.4%
Total Fish	3.45E-01	0.6%	2.93E-01	0.5%	2.08E-01	0.3%
Total Eggs	5.60E-01	1.0%	8.09E-01	1.4%	1.45E+00	2.0%
Total Grains	5.63E+00	9.9%	5.62E+00	9.5%	6.95E+00	9.4%
Total Vegetables	7.36E+00	13.0%	9.32E+00	15.8%	1.30E+01	17.5%
Total Fruits	1.48E+01	26.1%	1.30E+01	22.0%	1.49E+01	20.1%
Total Fats	2.06E+00	3.6%	2.82E+00	4.8%	4.26E+00	5.7%
Total Soy	7.96E-01	1.4%	9.56E-01	1.6%	1.26E+00	1.7%
Total Nuts	4.57E-01	0.8%	2.72E-01	0.5%	2.65E-01	0.4%

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**Table 10J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age 3-5 Years (g/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 436		Sample Size = 396		Sample Size = 403	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.91E+02	100.0%	1.04E+03	100.0%	1.25E+03	100.0%
Total Dairy	4.19E+02	42.3%	3.76E+02	36.3%	3.89E+02	31.2%
Total Meats	9.67E+00	1.0%	6.51E+01	6.3%	1.76E+02	14.1%
Total Fish	7.08E+00	0.7%	5.57E+00	0.5%	4.09E+00	0.3%
Total Eggs	9.90E+00	1.0%	1.60E+01	1.5%	2.38E+01	1.9%
Total Grains	9.80E+01	9.9%	1.01E+02	9.8%	1.17E+02	9.4%
Total Vegetables	1.28E+02	13.0%	1.70E+02	16.4%	2.17E+02	17.4%
Total Fruits	2.57E+02	25.9%	2.38E+02	22.9%	2.43E+02	19.5%
Total Fats	3.54E+01	3.6%	4.83E+01	4.7%	7.35E+01	5.9%
Total Soy	1.38E+01	1.4%	1.72E+01	1.7%	2.21E+01	1.8%
Total Nuts	7.98E+00	0.8%	4.91E+00	0.5%	4.35E+00	0.3%

**Table 10K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age 6-11 Years (g/kg/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 164		Sample Size = 179		Sample Size = 223	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.40E+01	100.0%	3.58E+01	100.0%	5.04E+01	100.0%
Total Dairy	1.36E+01	39.9%	1.32E+01	37.0%	1.53E+01	30.4%
Total Meats	3.87E-01	1.1%	2.59E+00	7.2%	7.25E+00	14.4%
Total Fish	2.40E-01	0.7%	2.77E-01	0.8%	1.64E-01	0.3%
Total Eggs	4.21E-01	1.2%	5.14E-01	1.4%	6.89E-01	1.4%
Total Grains	3.85E+00	11.3%	4.02E+00	11.2%	5.19E+00	10.3%
Total Vegetables	5.37E+00	15.8%	7.26E+00	20.3%	9.99E+00	19.8%
Total Fruits	7.73E+00	22.8%	5.11E+00	14.3%	8.41E+00	16.7%
Total Fats	1.28E+00	3.8%	1.91E+00	5.3%	2.99E+00	5.9%
Total Soy	5.19E-01	1.5%	6.68E-01	1.9%	9.42E-01	1.9%
Total Nuts	2.86E-01	0.8%	1.33E-01	0.4%	1.54E-01	0.3%

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**Table 10L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake  
Age 6-11 Years (g/day)**

Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 175		Sample Size = 176		Sample Size = 191	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.01E+03	100.0%	1.10E+03	100.0%	1.29E+03	100.0%
Total Dairy	3.97E+02	39.2%	3.88E+02	35.2%	3.80E+02	29.5%
Total Meats	1.23E+01	1.2%	8.14E+01	7.4%	2.07E+02	16.1%
Total Fish	8.04E+00	0.8%	3.10E+00	0.3%	4.28E+00	0.3%
Total Eggs	1.49E+01	1.5%	1.53E+01	1.4%	1.74E+01	1.4%
Total Grains	1.20E+02	11.9%	1.17E+02	10.6%	1.35E+02	10.5%
Total Vegetables	1.58E+02	15.6%	2.23E+02	20.2%	2.73E+02	21.2%
Total Fruits	2.30E+02	22.7%	1.91E+02	17.3%	1.83E+02	14.3%
Total Fats	4.03E+01	4.0%	5.87E+01	5.3%	8.13E+01	6.3%
Total Soy	1.69E+01	1.7%	2.21E+01	2.0%	2.48E+01	1.9%
Total Nuts	7.77E+00	0.8%	3.47E+00	0.3%	2.73E+00	0.2%

<b>Table 10M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 12-19 Years (g/kg/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 130		Sample Size = 142		Sample Size = 138	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.67E+01	100.0%	1.92E+01	100.0%	3.09E+01	100.0%
Total Dairy	5.28E+00	31.6%	4.79E+00	25.0%	7.66E+00	24.8%
Total Meats	2.32E-01	1.4%	1.88E+00	9.8%	5.36E+00	17.4%
Total Fish	2.80E-01	1.7%	1.92E-01	1.0%	1.02E-01	0.3%
Total Eggs	2.50E-01	1.5%	3.69E-01	1.9%	4.33E-01	1.4%
Total Grains	2.20E+00	13.2%	2.24E+00	11.7%	3.33E+00	10.8%
Total Vegetables	3.94E+00	23.6%	4.86E+00	25.3%	7.90E+00	25.6%
Total Fruits	3.30E+00	19.7%	3.39E+00	17.7%	4.09E+00	13.2%
Total Fats	7.51E-01	4.5%	1.16E+00	6.0%	2.01E+00	6.5%
Total Soy	3.43E-01	2.1%	4.75E-01	2.5%	6.11E-01	2.0%
Total Nuts	9.55E-02	0.6%	5.55E-02	0.3%	5.16E-02	0.2%

<b>Table 10N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat Intake Age 12-19 Years (g/day)</b>						
Food Group	Low-end Total Meat consumers		Mid-range Total Meat consumers		High-end Total Meat consumers	
	Sample Size = 130		Sample Size = 128		Sample Size = 137	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.93E+02	100.0%	1.21E+03	100.0%	1.76E+03	100.0%
Total Dairy	3.30E+02	33.2%	3.53E+02	29.0%	4.00E+02	22.7%
Total Meats	1.37E+01	1.4%	1.11E+02	9.1%	3.30E+02	18.7%
Total Fish	1.58E+01	1.6%	7.59E+00	0.6%	8.38E+00	0.5%
Total Eggs	1.56E+01	1.6%	1.86E+01	1.5%	2.86E+01	1.6%
Total Grains	1.31E+02	13.2%	1.47E+02	12.1%	2.00E+02	11.4%
Total Vegetables	2.26E+02	22.7%	2.87E+02	23.7%	4.77E+02	27.0%
Total Fruits	1.87E+02	18.8%	2.00E+02	16.4%	1.96E+02	11.1%
Total Fats	4.44E+01	4.5%	7.09E+01	5.8%	1.26E+02	7.2%
Total Soy	2.02E+01	2.0%	2.75E+01	2.3%	4.05E+01	2.3%
Total Nuts	6.52E+00	0.7%	4.34E+00	0.4%	4.30E+00	0.2%

**Table 11A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
All Age Groups Combined (g/kg/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 1632		Sample Size = 1381		Sample Size = 5584	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.81E+00	100.0%	1.64E+01	100.0%	6.60E+01	100.0%
Total Dairy	3.87E-01	3.9%	3.00E+00	18.3%	2.98E+01	45.1%
Total Meats	6.73E-01	6.9%	1.94E+00	11.8%	3.93E+00	6.0%
Total Fish	2.49E-01	2.5%	1.71E-01	1.0%	2.64E-01	0.4%
Total Eggs	2.56E-01	2.6%	3.36E-01	2.0%	8.32E-01	1.3%
Total Grains	1.33E+00	13.6%	2.02E+00	12.3%	5.33E+00	8.1%
Total Vegetables	3.45E+00	35.2%	4.60E+00	28.0%	9.07E+00	13.7%
Total Fruits	2.63E+00	26.8%	3.13E+00	19.0%	1.31E+01	19.8%
Total Fats	5.57E-01	5.7%	9.55E-01	5.8%	2.92E+00	4.4%
Total Soy	2.66E-01	2.7%	3.58E-01	2.2%	8.66E-01	1.3%
Total Nuts	4.69E-02	0.5%	6.51E-02	0.4%	2.41E-01	0.4%

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**Table 11B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
All Age Groups Combined (g/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 2502		Sample Size = 1818		Sample Size = 2148	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.23E+02	100.0%	1.06E+03	100.0%	1.86E+03	100.0%
Total Dairy	2.99E+01	4.8%	1.96E+02	18.5%	7.97E+02	42.7%
Total Meats	4.06E+01	6.5%	1.27E+02	12.0%	1.77E+02	9.5%
Total Fish	1.66E+01	2.7%	1.24E+01	1.2%	1.33E+01	0.7%
Total Eggs	1.68E+01	2.7%	2.15E+01	2.0%	2.48E+01	1.3%
Total Grains	8.79E+01	14.1%	1.31E+02	12.3%	1.72E+02	9.2%
Total Vegetables	2.09E+02	33.5%	2.99E+02	28.2%	3.41E+02	18.3%
Total Fruits	1.73E+02	27.7%	1.93E+02	18.2%	2.22E+02	11.9%
Total Fats	3.32E+01	5.3%	6.29E+01	5.9%	9.43E+01	5.1%
Total Soy	1.62E+01	2.6%	2.40E+01	2.3%	2.94E+01	1.6%
Total Nuts	2.79E+00	0.4%	4.33E+00	0.4%	6.15E+00	0.3%

<b>Table 11C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 20+ Years (g/kg/day)</b>						
Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 947		Sample Size = 931		Sample Size = 833	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.16E+00	100.0%	1.42E+01	100.0%	2.59E+01	100.0%
Total Dairy	3.54E-01	3.9%	2.15E+00	15.2%	9.71E+00	37.6%
Total Meats	6.22E-01	6.8%	1.80E+00	12.7%	2.69E+00	10.4%
Total Fish	2.82E-01	3.1%	1.95E-01	1.4%	2.49E-01	1.0%
Total Eggs	2.55E-01	2.8%	3.02E-01	2.1%	3.95E-01	1.5%
Total Grains	1.33E+00	14.5%	1.83E+00	12.9%	2.54E+00	9.8%
Total Vegetables	3.21E+00	35.0%	4.25E+00	29.9%	5.25E+00	20.3%
Total Fruits	2.39E+00	26.1%	2.57E+00	18.1%	3.38E+00	13.1%
Total Fats	4.63E-01	5.1%	8.55E-01	6.0%	1.31E+00	5.1%
Total Soy	2.32E-01	2.5%	3.30E-01	2.3%	4.22E-01	1.6%
Total Nuts	4.47E-02	0.5%	5.87E-02	0.4%	7.23E-02	0.3%

<b>Table 11D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 20+ Years (g/day)</b>						
Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 902		Sample Size = 909		Sample Size = 875	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.79E+02	100.0%	1.05E+03	100.0%	1.86E+03	100.0%
Total Dairy	2.75E+01	4.1%	1.57E+02	14.9%	6.96E+02	37.5%
Total Meats	4.47E+01	6.6%	1.36E+02	12.9%	2.08E+02	11.2%
Total Fish	2.08E+01	3.1%	1.36E+01	1.3%	1.69E+01	0.9%
Total Eggs	1.90E+01	2.8%	2.23E+01	2.1%	2.85E+01	1.5%
Total Grains	9.92E+01	14.6%	1.31E+02	12.5%	1.85E+02	10.0%
Total Vegetables	2.36E+02	34.7%	3.19E+02	30.3%	3.85E+02	20.7%
Total Fruits	1.79E+02	26.3%	1.90E+02	18.1%	2.15E+02	11.6%
Total Fats	3.38E+01	5.0%	6.47E+01	6.1%	9.95E+01	5.4%
Total Soy	1.73E+01	2.6%	2.53E+01	2.4%	3.20E+01	1.7%
Total Nuts	3.01E+00	0.4%	4.12E+00	0.4%	6.23E+00	0.3%

**Table 11E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age <1 Year (g/kg/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 142		Sample Size = 148		Sample Size = 137	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.38E+01	100.0%	3.39E+01	100.0%	1.00E+02	100.0%
Total Dairy	0.00E+00	0.0%	7.95E+00	23.4%	5.79E+01	57.8%
Total Meats	0.00E+00	0.0%	1.07E+00	3.2%	3.58E+00	3.6%
Total Fish	0.00E+00	0.0%	3.10E-02	0.1%	3.09E-02	0.0%
Total Eggs	0.00E+00	0.0%	2.19E-01	0.6%	7.33E-01	0.7%
Total Grains	5.03E-01	3.6%	2.29E+00	6.7%	4.13E+00	4.1%
Total Vegetables	5.60E+00	40.6%	5.61E+00	16.5%	8.94E+00	8.9%
Total Fruits	5.05E+00	36.6%	1.31E+01	38.6%	1.85E+01	18.4%
Total Fats	1.99E+00	14.4%	3.55E+00	10.5%	6.06E+00	6.0%
Total Soy	7.80E-01	5.7%	9.37E-01	2.8%	1.12E+00	1.1%
Total Nuts	0.00E+00	0.0%	3.50E-02	0.1%	3.46E-02	0.0%

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**Table 11F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age <1 Year (g/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 142		Sample Size = 148		Sample Size = 138	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.47E+01	100.0%	2.24E+02	100.0%	9.87E+02	100.0%
Total Dairy	0.00E+00	0.0%	6.36E+01	28.4%	5.28E+02	53.5%
Total Meats	0.00E+00	0.0%	5.43E+00	2.4%	3.99E+01	4.0%
Total Fish	0.00E+00	0.0%	2.66E-02	0.0%	6.42E-01	0.1%
Total Eggs	0.00E+00	0.0%	9.87E-01	0.4%	1.12E+01	1.1%
Total Grains	3.74E+00	4.0%	1.11E+01	5.0%	4.73E+01	4.8%
Total Vegetables	3.70E+01	39.1%	3.61E+01	16.1%	1.06E+02	10.7%
Total Fruits	3.73E+01	39.4%	7.76E+01	34.7%	2.08E+02	21.1%
Total Fats	1.26E+01	13.3%	2.85E+01	12.7%	4.21E+01	4.3%
Total Soy	4.84E+00	5.1%	7.46E+00	3.3%	7.70E+00	0.8%
Total Nuts	0.00E+00	0.0%	2.63E-02	0.0%	3.44E-01	0.0%

**Table 11G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 1-2 Years (g/kg/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 184		Sample Size = 197		Sample Size = 201	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	4.90E+01	100.0%	7.81E+01	100.0%	1.38E+02	100.0%
Total Dairy	3.92E+00	8.0%	3.02E+01	38.7%	9.17E+01	66.4%
Total Meats	3.07E+00	6.3%	4.25E+00	5.4%	4.47E+00	3.2%
Total Fish	1.57E-01	0.3%	2.25E-01	0.3%	2.74E-01	0.2%
Total Eggs	1.31E+00	2.7%	1.15E+00	1.5%	1.27E+00	0.9%
Total Grains	5.19E+00	10.6%	5.94E+00	7.6%	5.65E+00	4.1%
Total Vegetables	1.12E+01	22.9%	1.02E+01	13.1%	1.02E+01	7.4%
Total Fruits	2.10E+01	42.9%	2.23E+01	28.6%	1.94E+01	14.0%
Total Fats	2.33E+00	4.8%	3.04E+00	3.9%	4.76E+00	3.4%
Total Soy	9.43E-01	1.9%	9.05E-01	1.2%	7.99E-01	0.6%
Total Nuts	2.31E-01	0.5%	2.04E-01	0.3%	1.41E-01	0.1%

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**Table 11H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 1-2 Years (g/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 191		Sample Size = 205		Sample Size = 199	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.09E+02	100.0%	1.02E+03	100.0%	1.62E+03	100.0%
Total Dairy	5.18E+01	8.5%	3.94E+02	38.5%	1.06E+03	65.1%
Total Meats	3.64E+01	6.0%	5.40E+01	5.3%	5.36E+01	3.3%
Total Fish	2.87E+00	0.5%	4.03E+00	0.4%	2.94E+00	0.2%
Total Eggs	1.62E+01	2.7%	1.62E+01	1.6%	1.65E+01	1.0%
Total Grains	6.58E+01	10.8%	7.77E+01	7.6%	6.93E+01	4.3%
Total Vegetables	1.38E+02	22.6%	1.35E+02	13.1%	1.22E+02	7.5%
Total Fruits	2.59E+02	42.6%	2.91E+02	28.5%	2.39E+02	14.8%
Total Fats	2.89E+01	4.8%	3.95E+01	3.9%	5.63E+01	3.5%
Total Soy	1.17E+01	1.9%	1.21E+01	1.2%	1.02E+01	0.6%
Total Nuts	2.83E+00	0.5%	3.33E+00	0.3%	2.48E+00	0.2%



**Table 11I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 3-5 Years (g/kg/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 371		Sample Size = 439		Sample Size = 453	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.89E+01	100.0%	5.90E+01	100.0%	9.74E+01	100.0%
Total Dairy	4.22E+00	10.8%	1.98E+01	33.6%	5.17E+01	53.1%
Total Meats	2.97E+00	7.6%	4.19E+00	7.1%	5.11E+00	5.2%
Total Fish	3.28E-01	0.8%	2.20E-01	0.4%	2.77E-01	0.3%
Total Eggs	8.72E-01	2.2%	9.34E-01	1.6%	9.69E-01	1.0%
Total Grains	4.67E+00	12.0%	5.91E+00	10.0%	7.06E+00	7.2%
Total Vegetables	8.83E+00	22.7%	9.51E+00	16.1%	1.14E+01	11.7%
Total Fruits	1.41E+01	36.1%	1.48E+01	25.0%	1.58E+01	16.2%
Total Fats	1.98E+00	5.1%	2.80E+00	4.7%	3.98E+00	4.1%
Total Soy	8.44E-01	2.2%	9.56E-01	1.6%	1.06E+00	1.1%
Total Nuts	2.43E-01	0.6%	2.79E-01	0.5%	4.17E-01	0.4%

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**Table 11J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 3-5 Years (g/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 391		Sample Size = 414		Sample Size = 419	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.02E+02	100.0%	1.04E+03	100.0%	1.65E+03	100.0%
Total Dairy	7.52E+01	10.7%	3.52E+02	33.8%	8.78E+02	53.3%
Total Meats	5.23E+01	7.5%	7.89E+01	7.6%	8.82E+01	5.4%
Total Fish	5.03E+00	0.7%	5.37E+00	0.5%	5.10E+00	0.3%
Total Eggs	1.55E+01	2.2%	1.61E+01	1.5%	1.90E+01	1.2%
Total Grains	8.46E+01	12.0%	1.07E+02	10.2%	1.21E+02	7.3%
Total Vegetables	1.59E+02	22.6%	1.67E+02	16.0%	1.91E+02	11.6%
Total Fruits	2.58E+02	36.7%	2.51E+02	24.1%	2.59E+02	15.8%
Total Fats	3.53E+01	5.0%	5.12E+01	4.9%	6.75E+01	4.1%
Total Soy	1.53E+01	2.2%	1.67E+01	1.6%	1.86E+01	1.1%
Total Nuts	4.18E+00	0.6%	4.85E+00	0.5%	7.12E+00	0.4%

**Table 11K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 6-11 Years (g/kg/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 147		Sample Size = 183		Sample Size = 221	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.05E+01	100.0%	3.59E+01	100.0%	6.59E+01	100.0%
Total Dairy	2.28E+00	11.1%	1.17E+01	32.6%	3.32E+01	50.4%
Total Meats	1.82E+00	8.9%	3.19E+00	8.9%	3.99E+00	6.1%
Total Fish	1.74E-01	0.8%	1.98E-01	0.6%	2.21E-01	0.3%
Total Eggs	5.32E-01	2.6%	6.59E-01	1.8%	6.35E-01	1.0%
Total Grains	2.81E+00	13.7%	4.10E+00	11.4%	6.06E+00	9.2%
Total Vegetables	5.72E+00	27.8%	7.10E+00	19.8%	9.49E+00	14.4%
Total Fruits	5.54E+00	27.0%	6.26E+00	17.4%	8.32E+00	12.6%
Total Fats	1.22E+00	5.9%	2.00E+00	5.6%	2.95E+00	4.5%
Total Soy	5.40E-01	2.6%	6.82E-01	1.9%	9.12E-01	1.4%
Total Nuts	1.20E-01	0.6%	1.30E-01	0.4%	2.71E-01	0.4%

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**Table 11L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake  
Age 6-11 Years (g/day)**

Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 166		Sample Size = 194		Sample Size = 167	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.52E+02	100.0%	1.06E+03	100.0%	1.72E+03	100.0%
Total Dairy	7.31E+01	9.7%	3.55E+02	33.4%	8.69E+02	50.5%
Total Meats	6.59E+01	8.8%	9.52E+01	9.0%	1.07E+02	6.2%
Total Fish	5.47E+00	0.7%	6.77E+00	0.6%	6.06E+00	0.4%
Total Eggs	1.74E+01	2.3%	1.55E+01	1.5%	1.82E+01	1.1%
Total Grains	1.03E+02	13.6%	1.20E+02	11.3%	1.53E+02	8.9%
Total Vegetables	2.09E+02	27.8%	2.09E+02	19.7%	2.46E+02	14.3%
Total Fruits	2.18E+02	29.0%	1.81E+02	17.0%	2.21E+02	12.8%
Total Fats	4.39E+01	5.8%	5.88E+01	5.5%	7.35E+01	4.3%
Total Soy	2.00E+01	2.7%	1.94E+01	1.8%	2.31E+01	1.3%
Total Nuts	4.00E+00	0.5%	4.68E+00	0.4%	5.82E+00	0.3%

<b>Table 11M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 12-19 Years (g/kg/day)</b>						
Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 147		Sample Size = 151		Sample Size = 130	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.02E+01	100.0%	1.82E+01	100.0%	3.98E+01	100.0%
Total Dairy	4.82E-01	4.7%	4.29E+00	23.5%	1.81E+01	45.4%
Total Meats	8.34E-01	8.2%	2.09E+00	11.5%	3.37E+00	8.5%
Total Fish	2.01E-01	2.0%	1.81E-01	1.0%	2.02E-01	0.5%
Total Eggs	2.49E-01	2.4%	2.81E-01	1.5%	4.75E-01	1.2%
Total Grains	1.54E+00	15.1%	2.33E+00	12.8%	3.55E+00	8.9%
Total Vegetables	3.53E+00	34.5%	4.75E+00	26.1%	6.94E+00	17.4%
Total Fruits	2.50E+00	24.4%	2.89E+00	15.9%	4.61E+00	11.6%
Total Fats	6.52E-01	6.4%	1.17E+00	6.4%	2.06E+00	5.2%
Total Soy	3.25E-01	3.2%	4.54E-01	2.5%	6.72E-01	1.7%
Total Nuts	4.91E-02	0.5%	5.85E-02	0.3%	1.26E-01	0.3%

<b>Table 11N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Meat and Dairy Intake Age 12-19 Years (g/day)</b>						
Food Group	Low-end Total Meat and Dairy consumers		Mid-range Total Meat and Dairy consumers		High-end Total Meat and Dairy consumers	
	Sample Size = 141		Sample Size = 144		Sample Size = 120	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.33E+02	100.0%	1.08E+03	100.0%	2.25E+03	100.0%
Total Dairy	2.83E+01	4.5%	2.48E+02	22.9%	1.02E+03	45.5%
Total Meats	5.25E+01	8.3%	1.35E+02	12.5%	1.96E+02	8.7%
Total Fish	9.90E+00	1.6%	1.02E+01	0.9%	1.02E+01	0.5%
Total Eggs	1.41E+01	2.2%	1.72E+01	1.6%	3.00E+01	1.3%
Total Grains	9.36E+01	14.8%	1.40E+02	12.9%	2.03E+02	9.0%
Total Vegetables	2.18E+02	34.4%	2.89E+02	26.7%	4.08E+02	18.1%
Total Fruits	1.64E+02	25.8%	1.57E+02	14.5%	2.36E+02	10.5%
Total Fats	3.85E+01	6.1%	6.95E+01	6.4%	1.17E+02	5.2%
Total Soy	1.93E+01	3.1%	2.61E+01	2.4%	3.80E+01	1.7%
Total Nuts	2.94E+00	0.5%	3.82E+00	0.4%	6.60E+00	0.3%

**Table 12A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
All Age Groups Combined (g/kg/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 2106		Sample Size = 2217		Sample Size = 1968	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.39E+01	100.0%	2.09E+01	100.0%	2.63E+01	100.0%
Total Dairy	6.82E+00	28.5%	5.92E+00	28.4%	7.06E+00	26.8%
Total Meats	2.34E+00	9.8%	2.28E+00	10.9%	1.90E+00	7.2%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	1.51E+00	5.7%
Total Eggs	4.65E-01	1.9%	3.97E-01	1.9%	4.70E-01	1.8%
Total Grains	2.56E+00	10.7%	2.17E+00	10.4%	2.70E+00	10.3%
Total Vegetables	5.29E+00	22.1%	5.05E+00	24.2%	5.72E+00	21.7%
Total Fruits	4.86E+00	20.3%	3.49E+00	16.7%	5.22E+00	19.8%
Total Fats	1.30E+00	5.4%	1.22E+00	5.8%	1.31E+00	5.0%
Total Soy	4.38E-01	1.8%	4.20E-01	2.0%	5.34E-01	2.0%
Total Nuts	7.47E-02	0.3%	8.77E-02	0.4%	8.28E-02	0.3%

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**Table 12B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
All Age Groups Combined (g/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 2115		Sample Size = 2262		Sample Size = 1414	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.11E+03	100.0%	1.05E+03	100.0%	1.32E+03	100.0%
Total Dairy	2.60E+02	23.4%	2.49E+02	23.7%	2.64E+02	20.0%
Total Meats	1.30E+02	11.7%	1.33E+02	12.7%	1.17E+02	8.9%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	9.28E+01	7.0%
Total Eggs	2.39E+01	2.1%	2.21E+01	2.1%	2.64E+01	2.0%
Total Grains	1.31E+02	11.7%	1.20E+02	11.4%	1.47E+02	11.2%
Total Vegetables	2.82E+02	25.3%	2.86E+02	27.3%	3.38E+02	25.7%
Total Fruits	2.09E+02	18.8%	1.58E+02	15.0%	2.36E+02	17.9%
Total Fats	6.21E+01	5.6%	6.38E+01	6.1%	7.23E+01	5.5%
Total Soy	2.19E+01	2.0%	2.30E+01	2.2%	3.11E+01	2.4%
Total Nuts	3.61E+00	0.3%	5.02E+00	0.5%	3.95E+00	0.3%

**Table 12C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 20+ Years (g/kg/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 879		Sample Size = 971		Sample Size = 906	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.44E+01	100.0%	1.50E+01	100.0%	1.88E+01	100.0%
Total Dairy	2.91E+00	20.2%	2.85E+00	19.1%	3.57E+00	19.0%
Total Meats	1.72E+00	11.9%	1.90E+00	12.7%	1.60E+00	8.5%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	1.43E+00	7.6%
Total Eggs	2.91E-01	2.0%	3.02E-01	2.0%	3.58E-01	1.9%
Total Grains	1.87E+00	13.0%	1.84E+00	12.3%	2.10E+00	11.2%
Total Vegetables	4.20E+00	29.1%	4.23E+00	28.3%	4.88E+00	26.0%
Total Fruits	2.32E+00	16.1%	2.73E+00	18.2%	3.50E+00	18.7%
Total Fats	8.49E-01	5.9%	8.68E-01	5.8%	9.80E-01	5.2%
Total Soy	3.31E-01	2.3%	3.09E-01	2.1%	4.20E-01	2.2%
Total Nuts	6.37E-02	0.4%	5.97E-02	0.4%	5.58E-02	0.3%

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**Table 12D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 20+ Years (g/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 878		Sample Size = 946		Sample Size = 915	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.04E+03	100.0%	1.06E+03	100.0%	1.34E+03	100.0%
Total Dairy	2.07E+02	20.0%	2.05E+02	19.3%	2.50E+02	18.7%
Total Meats	1.26E+02	12.1%	1.43E+02	13.4%	1.21E+02	9.1%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	1.02E+02	7.7%
Total Eggs	2.15E+01	2.1%	2.39E+01	2.2%	2.73E+01	2.0%
Total Grains	1.34E+02	12.9%	1.33E+02	12.5%	1.52E+02	11.4%
Total Vegetables	3.03E+02	29.2%	3.00E+02	28.3%	3.48E+02	26.0%
Total Fruits	1.65E+02	15.9%	1.80E+02	16.9%	2.38E+02	17.8%
Total Fats	6.19E+01	6.0%	6.36E+01	6.0%	7.35E+01	5.5%
Total Soy	2.41E+01	2.3%	2.19E+01	2.1%	3.13E+01	2.3%
Total Nuts	4.65E+00	0.4%	4.21E+00	0.4%	4.16E+00	0.3%

<b>Table 12E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age &lt;1 Year (g/kg/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 141		Sample Size = 131		Sample Size = 151	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.63E+01	100.0%	4.20E+01	100.0%	4.01E+01	100.0%
Total Dairy	1.01E+01	27.9%	1.54E+01	36.7%	1.19E+01	29.5%
Total Meats	9.65E-01	2.7%	1.08E+00	2.6%	1.24E+00	3.1%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	3.24E-01	0.8%
Total Eggs	1.75E-01	0.5%	2.16E-01	0.5%	5.50E-01	1.4%
Total Grains	1.96E+00	5.4%	2.12E+00	5.0%	2.67E+00	6.7%
Total Vegetables	6.52E+00	18.0%	6.68E+00	15.9%	7.48E+00	18.6%
Total Fruits	1.26E+01	34.6%	1.16E+01	27.6%	1.17E+01	29.1%
Total Fats	3.73E+00	10.3%	4.54E+00	10.8%	4.02E+00	10.0%
Total Soy	9.44E-01	2.6%	1.22E+00	2.9%	1.07E+00	2.7%
Total Nuts	1.36E-02	0.0%	0.00E+00	0.0%	2.05E-02	0.1%

<b>Table 12F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age &lt;1 Year (g/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 141		Sample Size = 145		Sample Size = 151	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.99E+02	100.0%	3.20E+02	100.0%	3.39E+02	100.0%
Total Dairy	7.83E+01	26.2%	1.12E+02	35.1%	1.02E+02	30.2%
Total Meats	9.19E+00	3.1%	9.57E+00	3.0%	1.16E+01	3.4%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	3.09E+00	0.9%
Total Eggs	1.85E+00	0.6%	2.15E+00	0.7%	5.08E+00	1.5%
Total Grains	1.82E+01	6.1%	1.79E+01	5.6%	2.34E+01	6.9%
Total Vegetables	5.39E+01	18.0%	5.53E+01	17.3%	6.06E+01	17.9%
Total Fruits	1.09E+02	36.5%	9.17E+01	28.6%	1.01E+02	29.7%
Total Fats	2.64E+01	8.8%	2.80E+01	8.7%	3.00E+01	8.9%
Total Soy	6.85E+00	2.3%	7.78E+00	2.4%	8.05E+00	2.4%
Total Nuts	1.22E-01	0.0%	0.00E+00	0.0%	1.87E-01	0.1%

<b>Table 12G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age 1-2 Years (g/kg/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 200		Sample Size = 188		Sample Size = 204	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	8.24E+01	100.0%	8.60E+01	100.0%	8.99E+01	100.0%
Total Dairy	3.73E+01	45.2%	3.88E+01	45.1%	3.63E+01	40.3%
Total Meats	4.29E+00	5.2%	4.14E+00	4.8%	4.31E+00	4.8%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	2.26E+00	2.5%
Total Eggs	1.21E+00	1.5%	1.34E+00	1.6%	1.42E+00	1.6%
Total Grains	5.78E+00	7.0%	5.97E+00	6.9%	6.31E+00	7.0%
Total Vegetables	1.04E+01	12.6%	9.93E+00	11.5%	1.13E+01	12.6%
Total Fruits	1.95E+01	23.7%	2.19E+01	25.4%	2.39E+01	26.5%
Total Fats	3.38E+00	4.1%	3.36E+00	3.9%	3.50E+00	3.9%
Total Soy	8.60E-01	1.0%	8.32E-01	1.0%	1.09E+00	1.2%
Total Nuts	2.62E-01	0.3%	2.20E-01	0.3%	2.36E-01	0.3%

<b>Table 12H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age 1-2 Years (g/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 200		Sample Size = 192		Sample Size = 207	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.00E+03	100.0%	1.07E+03	100.0%	1.14E+03	100.0%
Total Dairy	4.46E+02	44.4%	4.77E+02	44.7%	4.46E+02	39.2%
Total Meats	5.32E+01	5.3%	5.38E+01	5.0%	5.52E+01	4.9%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	2.88E+01	2.5%
Total Eggs	1.48E+01	1.5%	1.77E+01	1.7%	1.81E+01	1.6%
Total Grains	7.25E+01	7.2%	7.41E+01	6.9%	7.95E+01	7.0%
Total Vegetables	1.28E+02	12.8%	1.25E+02	11.7%	1.49E+02	13.1%
Total Fruits	2.41E+02	24.0%	2.70E+02	25.3%	3.08E+02	27.1%
Total Fats	4.17E+01	4.2%	4.21E+01	3.9%	4.38E+01	3.8%
Total Soy	1.09E+01	1.1%	1.03E+01	1.0%	1.38E+01	1.2%
Total Nuts	3.47E+00	0.3%	2.31E+00	0.2%	3.43E+00	0.3%

**Table 12I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 3-5 Years (g/kg/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 397		Sample Size = 399		Sample Size = 409	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.54E+01	100.0%	6.22E+01	100.0%	6.62E+01	100.0%
Total Dairy	2.08E+01	37.5%	2.33E+01	37.4%	2.25E+01	33.9%
Total Meats	3.90E+00	7.0%	4.51E+00	7.2%	3.48E+00	5.3%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	2.43E+00	3.7%
Total Eggs	8.47E-01	1.5%	9.60E-01	1.5%	1.04E+00	1.6%
Total Grains	5.46E+00	9.8%	5.82E+00	9.4%	5.98E+00	9.0%
Total Vegetables	9.35E+00	16.9%	9.33E+00	15.0%	1.12E+01	16.9%
Total Fruits	1.16E+01	21.0%	1.47E+01	23.6%	1.57E+01	23.8%
Total Fats	2.64E+00	4.8%	2.88E+00	4.6%	2.85E+00	4.3%
Total Soy	8.78E-01	1.6%	8.68E-01	1.4%	1.12E+00	1.7%
Total Nuts	2.99E-01	0.5%	2.77E-01	0.4%	2.36E-01	0.4%

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**Table 12J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 3-5 Years (g/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 397		Sample Size = 399		Sample Size = 399	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	9.96E+02	100.0%	1.10E+03	100.0%	1.16E+03	100.0%
Total Dairy	3.74E+02	37.5%	4.15E+02	37.6%	3.99E+02	34.5%
Total Meats	7.15E+01	7.2%	8.03E+01	7.3%	6.16E+01	5.3%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	4.32E+01	3.7%
Total Eggs	1.54E+01	1.5%	1.67E+01	1.5%	1.67E+01	1.4%
Total Grains	9.85E+01	9.9%	1.04E+02	9.4%	1.03E+02	8.9%
Total Vegetables	1.69E+02	17.0%	1.66E+02	15.0%	1.93E+02	16.7%
Total Fruits	2.04E+02	20.5%	2.58E+02	23.4%	2.73E+02	23.6%
Total Fats	4.75E+01	4.8%	5.10E+01	4.6%	4.95E+01	4.3%
Total Soy	1.58E+01	1.6%	1.52E+01	1.4%	1.95E+01	1.7%
Total Nuts	5.54E+00	0.6%	4.83E+00	0.4%	4.06E+00	0.4%



**Table 12K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 6-11 Years (g/kg/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 183		Sample Size = 190		Sample Size = 183	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.73E+01	100.0%	3.98E+01	100.0%	4.23E+01	100.0%
Total Dairy	1.39E+01	37.3%	1.36E+01	34.2%	1.49E+01	35.3%
Total Meats	2.76E+00	7.4%	2.95E+00	7.4%	2.62E+00	6.2%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	1.73E+00	4.1%
Total Eggs	4.25E-01	1.1%	7.52E-01	1.9%	7.13E-01	1.7%
Total Grains	3.85E+00	10.3%	4.63E+00	11.6%	4.28E+00	10.1%
Total Vegetables	7.52E+00	20.2%	7.49E+00	18.8%	7.83E+00	18.5%
Total Fruits	6.05E+00	16.2%	7.39E+00	18.6%	7.42E+00	17.5%
Total Fats	1.91E+00	5.1%	2.06E+00	5.2%	2.09E+00	4.9%
Total Soy	6.71E-01	1.8%	7.21E-01	1.8%	8.22E-01	1.9%
Total Nuts	2.22E-01	0.6%	1.97E-01	0.5%	1.24E-01	0.3%

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**Table 12L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake  
Age 6-11 Years (g/day)**

Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 183		Sample Size = 190		Sample Size = 174	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.06E+03	100.0%	1.13E+03	100.0%	1.22E+03	100.0%
Total Dairy	3.88E+02	36.6%	3.78E+02	33.4%	4.20E+02	34.5%
Total Meats	8.01E+01	7.6%	8.51E+01	7.5%	7.53E+01	6.2%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	5.15E+01	4.2%
Total Eggs	1.22E+01	1.2%	2.22E+01	2.0%	2.17E+01	1.8%
Total Grains	1.10E+02	10.4%	1.33E+02	11.8%	1.23E+02	10.1%
Total Vegetables	2.18E+02	20.6%	2.13E+02	18.8%	2.32E+02	19.1%
Total Fruits	1.70E+02	16.1%	2.16E+02	19.1%	2.13E+02	17.5%
Total Fats	5.52E+01	5.2%	5.90E+01	5.2%	6.02E+01	4.9%
Total Soy	1.95E+01	1.8%	2.09E+01	1.8%	2.40E+01	2.0%
Total Nuts	6.14E+00	0.6%	5.47E+00	0.5%	3.31E+00	0.3%

<b>Table 12M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age 12-19 Years (g/kg/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 140		Sample Size = 123		Sample Size = 127	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.91E+01	100.0%	2.10E+01	100.0%	2.39E+01	100.0%
Total Dairy	5.35E+00	28.0%	5.34E+00	25.5%	6.52E+00	27.3%
Total Meats	2.05E+00	10.7%	2.21E+00	10.5%	1.83E+00	7.6%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	1.32E+00	5.5%
Total Eggs	2.93E-01	1.5%	3.85E-01	1.8%	4.18E-01	1.8%
Total Grains	2.26E+00	11.8%	2.55E+00	12.2%	2.67E+00	11.2%
Total Vegetables	5.05E+00	26.4%	5.26E+00	25.1%	5.48E+00	22.9%
Total Fruits	2.67E+00	13.9%	3.61E+00	17.2%	3.97E+00	16.6%
Total Fats	1.17E+00	6.1%	1.28E+00	6.1%	1.35E+00	5.7%
Total Soy	4.58E-01	2.4%	4.71E-01	2.2%	6.05E-01	2.5%
Total Nuts	5.05E-02	0.3%	7.83E-02	0.4%	6.99E-02	0.3%

<b>Table 12N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fish Intake Age 12-19 Years (g/day)</b>						
Food Group	Low-end Total Fish consumers		Mid-range Total Fish consumers		High-end Total Fish consumers	
	Sample Size = 140		Sample Size = 123		Sample Size = 124	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.11E+03	100.0%	1.15E+03	100.0%	1.37E+03	100.0%
Total Dairy	3.06E+02	27.6%	2.87E+02	24.9%	3.54E+02	25.8%
Total Meats	1.23E+02	11.1%	1.22E+02	10.6%	1.17E+02	8.5%
Total Fish	0.00E+00	0.0%	0.00E+00	0.0%	7.91E+01	5.8%
Total Eggs	1.74E+01	1.6%	2.11E+01	1.8%	2.47E+01	1.8%
Total Grains	1.31E+02	11.8%	1.41E+02	12.2%	1.58E+02	11.5%
Total Vegetables	2.98E+02	26.9%	2.96E+02	25.7%	3.30E+02	24.0%
Total Fruits	1.50E+02	13.5%	1.96E+02	17.1%	2.13E+02	15.5%
Total Fats	6.85E+01	6.2%	6.98E+01	6.1%	8.03E+01	5.8%
Total Soy	2.67E+01	2.4%	2.58E+01	2.2%	3.57E+01	2.6%
Total Nuts	2.83E+00	0.3%	4.61E+00	0.4%	3.59E+00	0.3%

<b>Table 13A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake All Age Groups Combined (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 1754		Sample Size = 1437		Sample Size = 5394	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	8.66E+00	100.0%	1.71E+01	100.0%	6.29E+01	100.0%
Total Dairy	2.95E+00	34.0%	4.32E+00	25.3%	1.99E+01	31.6%
Total Meats	1.25E+00	14.4%	1.88E+00	11.0%	3.58E+00	5.7%
Total Fish	1.37E-01	1.6%	2.33E-01	1.4%	2.96E-01	0.5%
Total Eggs	2.54E-01	2.9%	3.25E-01	1.9%	8.33E-01	1.3%
Total Grains	1.36E+00	15.8%	2.07E+00	12.1%	4.91E+00	7.8%
Total Vegetables	1.57E+00	18.2%	4.62E+00	27.1%	1.06E+01	16.9%
Total Fruits	2.13E-01	2.5%	2.28E+00	13.4%	1.94E+01	30.9%
Total Fats	7.78E-01	9.0%	1.02E+00	6.0%	2.58E+00	4.1%
Total Soy	2.54E-01	2.9%	3.89E-01	2.3%	8.27E-01	1.3%
Total Nuts	2.85E-02	0.3%	7.73E-02	0.5%	8.27E-01	1.3%

<b>Table 13B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake All Age Groups Combined (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 2886		Sample Size = 1978		Sample Size = 1546	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.95E+02	100.0%	1.04E+03	100.0%	1.90E+03	100.0%
Total Dairy	2.24E+02	37.7%	2.55E+02	24.5%	3.08E+02	16.2%
Total Meats	8.14E+01	13.7%	1.21E+02	11.6%	1.63E+02	8.6%
Total Fish	7.71E+00	1.3%	1.12E+01	1.1%	2.10E+01	1.1%
Total Eggs	1.75E+01	2.9%	2.14E+01	2.1%	2.76E+01	1.4%
Total Grains	9.36E+01	15.7%	1.27E+02	12.2%	1.72E+02	9.0%
Total Vegetables	9.93E+01	16.7%	2.82E+02	27.1%	5.02E+02	26.3%
Total Fruits	1.78E+01	3.0%	1.41E+02	13.6%	6.04E+02	31.7%
Total Fats	4.32E+01	7.3%	6.23E+01	6.0%	8.27E+01	4.3%
Total Soy	1.45E+01	2.4%	2.37E+01	2.3%	3.15E+01	1.7%
Total Nuts	1.87E+00	0.3%	4.62E+00	0.4%	6.19E+00	0.3%

<b>Table 13C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 20+ Years (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 991		Sample Size = 931		Sample Size = 871	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.72E+00	100.0%	1.41E+01	100.0%	2.66E+01	100.0%
Total Dairy	2.21E+00	28.6%	2.86E+00	20.3%	3.92E+00	14.7%
Total Meats	1.30E+00	16.9%	1.84E+00	13.0%	2.00E+00	7.5%
Total Fish	1.37E-01	1.8%	1.68E-01	1.2%	3.44E-01	1.3%
Total Eggs	2.60E-01	3.4%	3.01E-01	2.1%	3.45E-01	1.3%
Total Grains	1.37E+00	17.8%	1.86E+00	13.2%	2.38E+00	9.0%
Total Vegetables	1.51E+00	19.6%	4.19E+00	29.7%	7.24E+00	27.2%
Total Fruits	1.97E-01	2.5%	1.77E+00	12.5%	9.00E+00	33.9%
Total Fats	5.91E-01	7.7%	8.87E-01	6.3%	1.02E+00	3.8%
Total Soy	2.03E-01	2.6%	3.41E-01	2.4%	3.98E-01	1.5%
Total Nuts	2.34E-02	0.3%	5.81E-02	0.4%	3.98E-01	1.5%

<b>Table 13D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 20+ Years (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 976		Sample Size = 880		Sample Size = 890	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.02E+02	100.0%	1.04E+03	100.0%	1.92E+03	100.0%
Total Dairy	1.78E+02	29.6%	2.15E+02	20.6%	2.82E+02	14.7%
Total Meats	9.88E+01	16.4%	1.29E+02	12.4%	1.68E+02	8.7%
Total Fish	1.11E+01	1.8%	1.48E+01	1.4%	2.33E+01	1.2%
Total Eggs	2.09E+01	3.5%	2.30E+01	2.2%	2.80E+01	1.5%
Total Grains	1.05E+02	17.5%	1.31E+02	12.6%	1.77E+02	9.2%
Total Vegetables	1.15E+02	19.1%	3.06E+02	29.4%	5.27E+02	27.4%
Total Fruits	1.56E+01	2.6%	1.38E+02	13.3%	6.10E+02	31.7%
Total Fats	4.54E+01	7.5%	6.41E+01	6.2%	8.31E+01	4.3%
Total Soy	1.56E+01	2.6%	2.51E+01	2.4%	3.17E+01	1.6%
Total Nuts	1.98E+00	0.3%	4.33E+00	0.4%	6.08E+00	0.3%

<b>Table 13E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age &lt;1 Year (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 138		Sample Size = 143		Sample Size = 135	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.11E+01	100.0%	3.83E+01	100.0%	8.83E+01	100.0%
Total Dairy	7.69E+00	69.2%	1.51E+01	39.4%	1.54E+01	17.4%
Total Meats	0.00E+00	0.0%	1.26E+00	3.3%	2.92E+00	3.3%
Total Fish	0.00E+00	0.0%	1.07E-01	0.3%	3.05E-02	0.0%
Total Eggs	0.00E+00	0.0%	4.24E-01	1.1%	4.99E-01	0.6%
Total Grains	2.06E-01	1.9%	2.12E+00	5.5%	4.00E+00	4.5%
Total Vegetables	0.00E+00	0.0%	7.82E+00	20.4%	1.66E+01	18.8%
Total Fruits	0.00E+00	0.0%	6.56E+00	17.1%	4.44E+01	50.3%
Total Fats	3.21E+00	28.9%	4.16E+00	10.9%	3.92E+00	4.4%
Total Soy	9.23E-01	8.3%	1.23E+00	3.2%	9.96E-01	1.1%
Total Nuts	0.00E+00	0.0%	7.90E-03	0.0%	9.96E-01	1.1%

<b>Table 13F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age &lt;1 Year (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 136		Sample Size = 147		Sample Size = 145	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.09E+01	100.0%	2.96E+02	100.0%	8.66E+02	100.0%
Total Dairy	3.55E+01	69.8%	1.19E+02	40.2%	2.29E+02	26.5%
Total Meats	0.00E+00	0.0%	9.80E+00	3.3%	3.30E+01	3.8%
Total Fish	0.00E+00	0.0%	5.99E-01	0.2%	3.91E-01	0.0%
Total Eggs	0.00E+00	0.0%	2.58E+00	0.9%	5.78E+00	0.7%
Total Grains	5.30E-01	1.0%	1.89E+01	6.4%	3.82E+01	4.4%
Total Vegetables	0.00E+00	0.0%	5.91E+01	20.0%	1.41E+02	16.3%
Total Fruits	0.00E+00	0.0%	5.28E+01	17.8%	3.80E+02	43.9%
Total Fats	1.48E+01	29.2%	3.09E+01	10.4%	3.51E+01	4.1%
Total Soy	4.10E+00	8.1%	7.73E+00	2.6%	7.97E+00	0.9%
Total Nuts	0.00E+00	0.0%	1.18E-01	0.0%	2.35E-01	0.0%

<b>Table 13G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 1-2 Years (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 196		Sample Size = 203		Sample Size = 202	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.52E+01	100.0%	7.81E+01	100.0%	1.23E+02	100.0%
Total Dairy	3.51E+01	63.5%	3.49E+01	44.7%	3.30E+01	26.8%
Total Meats	3.50E+00	6.3%	4.05E+00	5.2%	4.70E+00	3.8%
Total Fish	1.55E-01	0.3%	2.40E-01	0.3%	3.83E-01	0.3%
Total Eggs	8.88E-01	1.6%	1.32E+00	1.7%	1.60E+00	1.3%
Total Grains	4.75E+00	8.6%	5.90E+00	7.6%	6.57E+00	5.3%
Total Vegetables	5.42E+00	9.8%	1.05E+01	13.5%	1.50E+01	12.1%
Total Fruits	1.92E+00	3.5%	1.74E+01	22.3%	5.79E+01	46.9%
Total Fats	2.96E+00	5.4%	3.08E+00	3.9%	3.44E+00	2.8%
Total Soy	7.55E-01	1.4%	8.91E-01	1.1%	1.06E+00	0.9%
Total Nuts	1.83E-01	0.3%	2.11E-01	0.3%	1.06E+00	0.9%

<b>Table 13H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 1-2 Years (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 200		Sample Size = 188		Sample Size = 197	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.14E+02	100.0%	9.93E+02	100.0%	1.55E+03	100.0%
Total Dairy	4.66E+02	65.2%	4.40E+02	44.3%	4.02E+02	25.9%
Total Meats	4.13E+01	5.8%	5.53E+01	5.6%	6.43E+01	4.1%
Total Fish	2.45E+00	0.3%	2.80E+00	0.3%	5.52E+00	0.4%
Total Eggs	1.05E+01	1.5%	1.73E+01	1.7%	1.86E+01	1.2%
Total Grains	5.78E+01	8.1%	7.47E+01	7.5%	8.66E+01	5.6%
Total Vegetables	6.63E+01	9.3%	1.26E+02	12.7%	1.93E+02	12.4%
Total Fruits	2.62E+01	3.7%	2.27E+02	22.9%	7.29E+02	47.0%
Total Fats	3.65E+01	5.1%	4.08E+01	4.1%	4.33E+01	2.8%
Total Soy	9.02E+00	1.3%	1.13E+01	1.1%	1.37E+01	0.9%
Total Nuts	2.29E+00	0.3%	2.70E+00	0.3%	4.96E+00	0.3%

<b>Table 13I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 3-5 Years (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 380		Sample Size = 409		Sample Size = 504	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	3.99E+01	100.0%	5.79E+01	100.0%	9.54E+01	100.0%
Total Dairy	2.10E+01	52.7%	2.22E+01	38.2%	2.46E+01	25.8%
Total Meats	3.44E+00	8.6%	4.04E+00	7.0%	4.60E+00	4.8%
Total Fish	1.69E-01	0.4%	3.24E-01	0.6%	4.55E-01	0.5%
Total Eggs	6.35E-01	1.6%	8.09E-01	1.4%	1.10E+00	1.1%
Total Grains	4.95E+00	12.4%	5.95E+00	10.3%	6.53E+00	6.8%
Total Vegetables	5.20E+00	13.0%	9.56E+00	16.5%	1.33E+01	13.9%
Total Fruits	1.36E+00	3.4%	1.12E+01	19.4%	4.06E+01	42.5%
Total Fats	2.44E+00	6.1%	2.83E+00	4.9%	3.10E+00	3.3%
Total Soy	7.31E-01	1.8%	9.69E-01	1.7%	1.04E+00	1.1%
Total Nuts	2.18E-01	0.5%	3.03E-01	0.5%	1.04E+00	1.1%

<b>Table 13J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 3-5 Years (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 408		Sample Size = 398		Sample Size = 464	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.31E+02	100.0%	1.01E+03	100.0%	1.59E+03	100.0%
Total Dairy	3.88E+02	53.1%	3.85E+02	38.0%	4.01E+02	25.1%
Total Meats	5.97E+01	8.2%	7.42E+01	7.3%	8.07E+01	5.1%
Total Fish	3.86E+00	0.5%	7.03E+00	0.7%	9.23E+00	0.6%
Total Eggs	1.27E+01	1.7%	1.43E+01	1.4%	2.09E+01	1.3%
Total Grains	9.17E+01	12.5%	9.55E+01	9.4%	1.13E+02	7.1%
Total Vegetables	9.16E+01	12.5%	1.74E+02	17.1%	2.31E+02	14.5%
Total Fruits	2.65E+01	3.6%	1.99E+02	19.6%	6.68E+02	41.9%
Total Fats	4.45E+01	6.1%	4.92E+01	4.9%	5.32E+01	3.3%
Total Soy	1.37E+01	1.9%	1.66E+01	1.6%	1.82E+01	1.1%
Total Nuts	4.20E+00	0.6%	5.42E+00	0.5%	6.33E+00	0.4%

<b>Table 13K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 6-11 Years (g/kg/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 163		Sample Size = 178		Sample Size = 202	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.11E+01	100.0%	3.63E+01	100.0%	6.20E+01	100.0%
Total Dairy	9.76E+00	46.2%	1.34E+01	37.0%	1.70E+01	27.4%
Total Meats	2.28E+00	10.8%	3.15E+00	8.7%	3.47E+00	5.6%
Total Fish	1.48E-01	0.7%	1.27E-01	0.3%	3.11E-01	0.5%
Total Eggs	4.47E-01	2.1%	4.77E-01	1.3%	7.46E-01	1.2%
Total Grains	2.91E+00	13.8%	4.47E+00	12.3%	5.16E+00	8.3%
Total Vegetables	3.11E+00	14.7%	7.09E+00	19.5%	1.10E+01	17.8%
Total Fruits	6.90E-01	3.3%	4.76E+00	13.1%	2.08E+01	33.5%
Total Fats	1.37E+00	6.5%	1.95E+00	5.4%	2.46E+00	4.0%
Total Soy	4.68E-01	2.2%	7.11E-01	2.0%	8.81E-01	1.4%
Total Nuts	8.04E-02	0.4%	1.92E-01	0.5%	8.81E-01	1.4%

<b>Table 13L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake Age 6-11 Years (g/day)</b>						
Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 187		Sample Size = 186		Sample Size = 167	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.69E+02	100.0%	1.09E+03	100.0%	1.65E+03	100.0%
Total Dairy	3.69E+02	48.0%	4.10E+02	37.6%	4.35E+02	26.3%
Total Meats	7.72E+01	10.0%	9.13E+01	8.4%	9.41E+01	5.7%
Total Fish	4.13E+00	0.5%	7.08E+00	0.7%	8.98E+00	0.5%
Total Eggs	1.55E+01	2.0%	1.64E+01	1.5%	1.73E+01	1.0%
Total Grains	1.06E+02	13.8%	1.23E+02	11.3%	1.32E+02	8.0%
Total Vegetables	1.06E+02	13.8%	2.22E+02	20.4%	3.29E+02	19.9%
Total Fruits	2.48E+01	3.2%	1.42E+02	13.0%	5.40E+02	32.7%
Total Fats	4.80E+01	6.2%	6.16E+01	5.7%	6.40E+01	3.9%
Total Soy	1.64E+01	2.1%	2.19E+01	2.0%	2.35E+01	1.4%
Total Nuts	3.26E+00	0.4%	4.86E+00	0.4%	7.39E+00	0.4%



**Table 13M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake  
Age 12-19 Years (g/kg/day)**

Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 138		Sample Size = 133		Sample Size = 124	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.01E+01	100.0%	1.96E+01	100.0%	3.68E+01	100.0%
Total Dairy	3.89E+00	38.6%	5.69E+00	29.0%	7.18E+00	19.5%
Total Meats	1.26E+00	12.5%	2.26E+00	11.5%	2.96E+00	8.1%
Total Fish	9.69E-02	1.0%	2.33E-01	1.2%	2.19E-01	0.6%
Total Eggs	2.86E-01	2.8%	2.74E-01	1.4%	4.78E-01	1.3%
Total Grains	1.65E+00	16.4%	2.42E+00	12.3%	3.43E+00	9.3%
Total Vegetables	1.80E+00	17.9%	5.14E+00	26.2%	8.96E+00	24.4%
Total Fruits	2.31E-01	2.3%	2.02E+00	10.3%	1.15E+01	31.2%
Total Fats	7.35E-01	7.3%	1.29E+00	6.6%	1.63E+00	4.4%
Total Soy	2.74E-01	2.7%	5.19E-01	2.6%	6.03E-01	1.6%
Total Nuts	3.25E-02	0.3%	6.24E-02	0.3%	6.03E-01	1.6%

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**Table 13N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Fruit and Vegetable Intake  
Age 12-19 Years (g/day)**

Food Group	Low-end Total Fruit and Vegetable consumers		Mid-range Total Fruit and Vegetable consumers		High-end Total Fruit and Vegetable consumers	
	Sample Size = 141		Sample Size = 142		Sample Size = 125	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.55E+02	100.0%	1.07E+03	100.0%	2.20E+03	100.0%
Total Dairy	2.58E+02	39.4%	2.92E+02	27.2%	4.67E+02	21.3%
Total Meats	8.37E+01	12.8%	1.19E+02	11.1%	1.94E+02	8.8%
Total Fish	5.36E+00	0.8%	1.03E+01	1.0%	1.23E+01	0.6%
Total Eggs	1.75E+01	2.7%	1.70E+01	1.6%	2.91E+01	1.3%
Total Grains	1.03E+02	15.7%	1.37E+02	12.8%	1.88E+02	8.6%
Total Vegetables	1.15E+02	17.6%	2.92E+02	27.2%	5.46E+02	24.9%
Total Fruits	1.65E+01	2.5%	1.21E+02	11.3%	6.29E+02	28.6%
Total Fats	4.82E+01	7.4%	6.58E+01	6.1%	1.06E+02	4.8%
Total Soy	1.83E+01	2.8%	2.75E+01	2.6%	4.03E+01	1.8%
Total Nuts	1.31E+00	0.2%	4.06E+00	0.4%	7.14E+00	0.3%

**Table 14A. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
All Age Groups Combined (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 1608		Sample Size = 1436		Sample Size = 5473	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.09E+01	100.0%	1.63E+01	100.0%	6.51E+01	100.0%
Total Dairy	1.44E-01	1.3%	3.01E+00	18.5%	3.00E+01	46.1%
Total Meats	1.65E+00	15.0%	1.79E+00	11.0%	3.50E+00	5.4%
Total Fish	1.91E-01	1.7%	2.06E-01	1.3%	2.67E-01	0.4%
Total Eggs	2.78E-01	2.5%	3.33E-01	2.0%	7.96E-01	1.2%
Total Grains	1.57E+00	14.3%	1.98E+00	12.1%	5.24E+00	8.1%
Total Vegetables	3.81E+00	34.8%	4.57E+00	28.0%	8.75E+00	13.4%
Total Fruits	2.51E+00	22.9%	3.18E+00	19.5%	1.28E+01	19.7%
Total Fats	6.67E-01	6.1%	9.35E-01	5.7%	2.86E+00	4.4%
Total Soy	2.82E-01	2.6%	3.61E-01	2.2%	8.53E-01	1.3%
Total Nuts	4.23E-02	0.4%	6.88E-02	0.4%	2.39E-01	0.4%

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**Table 14B. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
All Age Groups Combined (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 1790		Sample Size = 1803		Sample Size = 2425	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.21E+02	100.0%	1.05E+03	100.0%	1.80E+03	100.0%
Total Dairy	1.03E+01	1.4%	1.93E+02	18.4%	8.22E+02	45.7%
Total Meats	1.15E+02	16.0%	1.16E+02	11.1%	1.32E+02	7.4%
Total Fish	1.31E+01	1.8%	1.25E+01	1.2%	1.38E+01	0.8%
Total Eggs	1.91E+01	2.6%	2.16E+01	2.1%	2.15E+01	1.2%
Total Grains	1.07E+02	14.9%	1.31E+02	12.5%	1.61E+02	8.9%
Total Vegetables	2.46E+02	34.1%	2.96E+02	28.3%	3.06E+02	17.0%
Total Fruits	1.60E+02	22.2%	1.96E+02	18.7%	2.29E+02	12.7%
Total Fats	4.25E+01	5.9%	6.19E+01	5.9%	8.49E+01	4.7%
Total Soy	1.79E+01	2.5%	2.41E+01	2.3%	2.72E+01	1.5%
Total Nuts	2.89E+00	0.4%	3.97E+00	0.4%	6.15E+00	0.3%

**Table 14C. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 20+ Years (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 910		Sample Size = 935		Sample Size = 862	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.02E+01	100.0%	1.42E+01	100.0%	2.46E+01	100.0%
Total Dairy	1.19E-01	1.2%	2.10E+00	14.8%	1.01E+01	41.0%
Total Meats	1.62E+00	15.8%	1.75E+00	12.3%	1.80E+00	7.3%
Total Fish	2.18E-01	2.1%	2.22E-01	1.6%	2.53E-01	1.0%
Total Eggs	2.79E-01	2.7%	3.22E-01	2.3%	3.42E-01	1.4%
Total Grains	1.53E+00	15.0%	1.78E+00	12.5%	2.34E+00	9.5%
Total Vegetables	3.52E+00	34.5%	4.20E+00	29.5%	4.78E+00	19.4%
Total Fruits	2.23E+00	21.9%	2.76E+00	19.4%	3.49E+00	14.2%
Total Fats	5.66E-01	5.5%	8.35E-01	5.9%	1.10E+00	4.5%
Total Soy	2.39E-01	2.3%	3.23E-01	2.3%	3.74E-01	1.5%
Total Nuts	4.19E-02	0.4%	5.14E-02	0.4%	7.45E-02	0.3%

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**Table 14D. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 20+ Years (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 924		Sample Size = 911		Sample Size = 877	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.41E+02	100.0%	1.03E+03	100.0%	1.81E+03	100.0%
Total Dairy	8.88E+00	1.2%	1.55E+02	15.1%	7.25E+02	40.1%
Total Meats	1.17E+02	15.8%	1.29E+02	12.6%	1.56E+02	8.6%
Total Fish	1.60E+01	2.2%	1.60E+01	1.6%	1.92E+01	1.1%
Total Eggs	1.97E+01	2.7%	2.34E+01	2.3%	2.60E+01	1.4%
Total Grains	1.13E+02	15.2%	1.30E+02	12.6%	1.76E+02	9.7%
Total Vegetables	2.58E+02	34.8%	3.04E+02	29.6%	3.61E+02	20.0%
Total Fruits	1.59E+02	21.4%	1.89E+02	18.4%	2.26E+02	12.5%
Total Fats	4.18E+01	5.6%	6.19E+01	6.0%	8.90E+01	4.9%
Total Soy	1.81E+01	2.4%	2.41E+01	2.3%	2.98E+01	1.7%
Total Nuts	2.82E+00	0.4%	4.45E+00	0.4%	5.91E+00	0.3%

**Table 14E. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age <1 Year (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 141		Sample Size = 147		Sample Size = 134	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.72E+01	100.0%	3.82E+01	100.0%	9.67E+01	100.0%
Total Dairy	0.00E+00	0.0%	7.66E+00	20.0%	5.83E+01	60.3%
Total Meats	2.58E-01	1.5%	1.43E+00	3.7%	2.90E+00	3.0%
Total Fish	0.00E+00	0.0%	1.02E-01	0.3%	3.10E-02	0.0%
Total Eggs	1.92E-02	0.1%	5.88E-01	1.5%	6.39E-01	0.7%
Total Grains	9.13E-01	5.3%	2.56E+00	6.7%	3.77E+00	3.9%
Total Vegetables	6.51E+00	38.0%	6.90E+00	18.1%	7.70E+00	8.0%
Total Fruits	6.99E+00	40.8%	1.54E+01	40.2%	1.65E+01	17.1%
Total Fats	1.90E+00	11.1%	3.51E+00	9.2%	6.54E+00	6.8%
Total Soy	7.07E-01	4.1%	9.14E-01	2.4%	1.26E+00	1.3%
Total Nuts	0.00E+00	0.0%	2.44E-02	0.1%	3.47E-02	0.0%

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**Table 14F. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age <1 Year (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 141		Sample Size = 150		Sample Size = 138	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.27E+02	100.0%	2.76E+02	100.0%	9.79E+02	100.0%
Total Dairy	0.00E+00	0.0%	6.14E+01	22.2%	5.28E+02	53.9%
Total Meats	2.18E+00	1.7%	9.99E+00	3.6%	3.74E+01	3.8%
Total Fish	0.00E+00	0.0%	4.34E-02	0.0%	3.55E-01	0.0%
Total Eggs	1.82E-01	0.1%	2.25E+00	0.8%	1.07E+01	1.1%
Total Grains	7.37E+00	5.8%	1.62E+01	5.9%	4.59E+01	4.7%
Total Vegetables	4.75E+01	37.4%	4.85E+01	17.5%	1.04E+02	10.6%
Total Fruits	5.33E+01	42.0%	1.11E+02	40.0%	2.08E+02	21.2%
Total Fats	1.29E+01	10.1%	2.71E+01	9.8%	4.16E+01	4.2%
Total Soy	4.64E+00	3.7%	7.07E+00	2.6%	7.50E+00	0.8%
Total Nuts	0.00E+00	0.0%	5.80E-02	0.0%	3.68E-01	0.0%

**Table 14G. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 1-2 Years (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 190		Sample Size = 204		Sample Size = 201	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	5.10E+01	100.0%	7.90E+01	100.0%	1.38E+02	100.0%
Total Dairy	3.41E+00	6.7%	2.98E+01	37.8%	9.20E+01	66.7%
Total Meats	4.16E+00	8.2%	4.74E+00	6.0%	3.86E+00	2.8%
Total Fish	1.42E-01	0.3%	3.02E-01	0.4%	2.84E-01	0.2%
Total Eggs	1.51E+00	3.0%	1.27E+00	1.6%	1.22E+00	0.9%
Total Grains	5.34E+00	10.5%	5.75E+00	7.3%	5.48E+00	4.0%
Total Vegetables	1.16E+01	22.8%	1.07E+01	13.5%	9.76E+00	7.1%
Total Fruits	2.15E+01	42.2%	2.26E+01	28.6%	2.03E+01	14.7%
Total Fats	2.58E+00	5.1%	3.12E+00	4.0%	4.62E+00	3.4%
Total Soy	1.04E+00	2.0%	8.90E-01	1.1%	7.62E-01	0.6%
Total Nuts	2.34E-01	0.5%	2.38E-01	0.3%	1.35E-01	0.1%

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**Table 14H. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 1-2 Years (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 214		Sample Size = 207		Sample Size = 199	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	6.38E+02	100.0%	1.05E+03	100.0%	1.60E+03	100.0%
Total Dairy	5.00E+01	7.8%	3.92E+02	37.3%	1.06E+03	66.1%
Total Meats	5.30E+01	8.3%	5.99E+01	5.7%	4.76E+01	3.0%
Total Fish	3.01E+00	0.5%	5.11E+00	0.5%	3.14E+00	0.2%
Total Eggs	1.91E+01	3.0%	1.52E+01	1.4%	1.58E+01	1.0%
Total Grains	6.75E+01	10.6%	7.66E+01	7.3%	6.84E+01	4.3%
Total Vegetables	1.53E+02	23.9%	1.36E+02	12.9%	1.18E+02	7.4%
Total Fruits	2.51E+02	39.4%	3.16E+02	30.1%	2.29E+02	14.3%
Total Fats	3.31E+01	5.2%	4.02E+01	3.8%	5.53E+01	3.5%
Total Soy	1.31E+01	2.0%	1.20E+01	1.1%	9.89E+00	0.6%
Total Nuts	2.89E+00	0.5%	2.55E+00	0.2%	2.50E+00	0.2%

**Table 14I. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 3-5 Years (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 371		Sample Size = 423		Sample Size = 455	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	4.08E+01	100.0%	5.79E+01	100.0%	9.65E+01	100.0%
Total Dairy	3.58E+00	8.8%	1.98E+01	34.2%	5.21E+01	54.0%
Total Meats	4.33E+00	10.6%	3.80E+00	6.6%	4.22E+00	4.4%
Total Fish	2.20E-01	0.5%	2.87E-01	0.5%	3.02E-01	0.3%
Total Eggs	1.08E+00	2.6%	8.71E-01	1.5%	9.88E-01	1.0%
Total Grains	4.93E+00	12.1%	5.75E+00	9.9%	6.97E+00	7.2%
Total Vegetables	9.72E+00	23.8%	9.43E+00	16.3%	1.10E+01	11.3%
Total Fruits	1.39E+01	34.0%	1.43E+01	24.7%	1.59E+01	16.5%
Total Fats	2.32E+00	5.7%	2.73E+00	4.7%	3.83E+00	4.0%
Total Soy	9.31E-01	2.3%	9.48E-01	1.6%	1.03E+00	1.1%
Total Nuts	2.02E-01	0.5%	2.72E-01	0.5%	4.16E-01	0.4%

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**Table 14J. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 3-5 Years (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 385		Sample Size = 418		Sample Size = 426	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.25E+02	100.0%	1.05E+03	100.0%	1.61E+03	100.0%
Total Dairy	6.44E+01	8.9%	3.55E+02	33.9%	8.86E+02	55.0%
Total Meats	7.53E+01	10.4%	7.21E+01	6.9%	6.96E+01	4.3%
Total Fish	4.00E+00	0.6%	5.66E+00	0.5%	5.74E+00	0.4%
Total Eggs	1.91E+01	2.6%	1.51E+01	1.4%	1.76E+01	1.1%
Total Grains	8.74E+01	12.1%	1.04E+02	9.9%	1.16E+02	7.2%
Total Vegetables	1.68E+02	23.2%	1.73E+02	16.5%	1.83E+02	11.3%
Total Fruits	2.53E+02	34.9%	2.57E+02	24.5%	2.51E+02	15.6%
Total Fats	4.03E+01	5.6%	4.87E+01	4.7%	6.32E+01	3.9%
Total Soy	1.60E+01	2.2%	1.62E+01	1.6%	1.78E+01	1.1%
Total Nuts	3.47E+00	0.5%	5.38E+00	0.5%	7.24E+00	0.4%

**Table 14K. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 6-11 Years (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 162		Sample Size = 171		Sample Size = 217	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	2.36E+01	100.0%	3.55E+01	100.0%	6.53E+01	100.0%
Total Dairy	1.78E+00	7.6%	1.18E+01	33.4%	3.35E+01	51.3%
Total Meats	3.01E+00	12.8%	2.93E+00	8.3%	3.34E+00	5.1%
Total Fish	1.62E-01	0.7%	1.28E-01	0.4%	2.65E-01	0.4%
Total Eggs	5.24E-01	2.2%	5.49E-01	1.5%	5.77E-01	0.9%
Total Grains	3.11E+00	13.2%	3.94E+00	11.1%	5.93E+00	9.1%
Total Vegetables	6.81E+00	28.9%	6.82E+00	19.2%	9.14E+00	14.0%
Total Fruits	6.31E+00	26.7%	6.65E+00	18.7%	8.65E+00	13.2%
Total Fats	1.50E+00	6.4%	1.82E+00	5.1%	2.79E+00	4.3%
Total Soy	6.40E-01	2.7%	6.71E-01	1.9%	8.73E-01	1.3%
Total Nuts	1.14E-01	0.5%	1.49E-01	0.4%	2.70E-01	0.4%

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**Table 14L. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 6-11 Years (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 169		Sample Size = 197		Sample Size = 168	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.89E+02	100.0%	1.05E+03	100.0%	1.71E+03	100.0%
Total Dairy	6.03E+01	7.6%	3.63E+02	34.6%	8.79E+02	51.4%
Total Meats	9.50E+01	12.0%	8.29E+01	7.9%	8.72E+01	5.1%
Total Fish	5.12E+00	0.6%	5.93E+00	0.6%	6.09E+00	0.4%
Total Eggs	1.74E+01	2.2%	1.36E+01	1.3%	1.65E+01	1.0%
Total Grains	1.06E+02	13.4%	1.15E+02	10.9%	1.51E+02	8.8%
Total Vegetables	2.28E+02	28.9%	2.15E+02	20.5%	2.41E+02	14.1%
Total Fruits	2.15E+02	27.3%	1.74E+02	16.6%	2.32E+02	13.6%
Total Fats	4.90E+01	6.2%	5.66E+01	5.4%	6.94E+01	4.1%
Total Soy	2.09E+01	2.6%	2.01E+01	1.9%	2.17E+01	1.3%
Total Nuts	3.63E+00	0.5%	3.65E+00	0.3%	5.63E+00	0.3%

**Table 14M. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 12-19 Years (g/kg/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 137		Sample Size = 150		Sample Size = 128	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	1.18E+01	100.0%	1.79E+01	100.0%	3.81E+01	100.0%
Total Dairy	1.94E-01	1.6%	4.25E+00	23.7%	1.84E+01	48.3%
Total Meats	1.94E+00	16.5%	2.04E+00	11.4%	2.46E+00	6.4%
Total Fish	1.09E-01	0.9%	1.07E-01	0.6%	2.22E-01	0.6%
Total Eggs	2.18E-01	1.8%	3.95E-01	2.2%	4.06E-01	1.1%
Total Grains	1.73E+00	14.7%	2.27E+00	12.7%	3.49E+00	9.1%
Total Vegetables	4.00E+00	34.0%	4.49E+00	25.0%	6.29E+00	16.5%
Total Fruits	2.78E+00	23.6%	2.99E+00	16.7%	4.30E+00	11.3%
Total Fats	7.17E-01	6.1%	1.16E+00	6.5%	1.88E+00	4.9%
Total Soy	3.19E-01	2.7%	4.46E-01	2.5%	6.44E-01	1.7%
Total Nuts	4.24E-02	0.4%	7.41E-02	0.4%	1.35E-01	0.4%

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**Table 14N. Per Capita Intake of Total Foods and Major Food Groups and Percent of Total Food Intake  
for Individuals with Low-End, Mid-Range, and High-end Total Dairy Intake  
Age 12-19 Years (g/day)**

Food Group	Low-end Total Dairy consumers		Mid-range Total Dairy consumers		High-end Total Dairy consumers	
	Sample Size = 140		Sample Size = 149		Sample Size = 121	
	Intake	Percent	Intake	Percent	Intake	Percent
Total Foods	7.17E+02	100.0%	1.09E+03	100.0%	2.22E+03	100.0%
Total Dairy	1.26E+01	1.8%	2.58E+02	23.7%	1.04E+03	46.9%
Total Meats	1.18E+02	16.5%	1.22E+02	11.2%	1.69E+02	7.6%
Total Fish	8.47E+00	1.2%	9.99E+00	0.9%	1.09E+01	0.5%
Total Eggs	1.40E+01	2.0%	2.06E+01	1.9%	2.71E+01	1.2%
Total Grains	1.03E+02	14.3%	1.29E+02	11.9%	2.03E+02	9.2%
Total Vegetables	2.46E+02	34.4%	2.79E+02	25.7%	3.95E+02	17.8%
Total Fruits	1.65E+02	23.0%	1.91E+02	17.6%	2.33E+02	10.5%
Total Fats	4.50E+01	6.3%	6.51E+01	6.0%	1.12E+02	5.0%
Total Soy	2.04E+01	2.8%	2.55E+01	2.4%	3.71E+01	1.7%
Total Nuts	2.31E+00	0.3%	2.55E+00	0.2%	7.22E+00	0.3%



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