

Moving Towards a Scientific Framework for Consideration of Epigenetic Change in Cumulative Risk Assessment

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Joint: Epidemiology, Biostatistics, Medicine, Psychiatry

Johns Hopkins Bloomberg School of Public Health and School of Medicine

EPA Workshop 2015



Environmental Susceptibility of the Epigenome

Table 1. Broad environmental epigenetic regulators and references, higher order classifications of toxicants.

	Factor	Observational Epidemiology Citations	Laboratory Toxicology Citations
Toxicant	Heavy metals (Pb, Cd, As, Ni)	(Pilsner et al. 2009) (Wright et al. 2010) (Marsit et al. 2006)	(Bihaqi et al. 2011)
	Air pollution (particulate matter)	(Madrigano et al. 2011) (Tarantini et al. 2009)	(Yauk et al. 2008)
	Persistent organo-pollutants	(Kim et al. 2010) (Rusiecki et al. 2008)	(Zama and Uzumcu 2009)
	Endocrine disrupting chemicals		(Bromer et al. 2010) (Anderson et al. 2012; Guerrero-Bosagna et al. 2008)
Nutrient	One-carbon metabolism	(Ba et al. 2011) (Hoyo et al. 2011) (Hirsch et al. 2008) (Fenech 2001a)	(Mehedint et al. 2010) (McKay et al. 2011)
	Micro-nutrients	(Fenech and Ferguson 2001) (Fenech 2001b)	(Davis and Uthus 2003) (Rowling et al. 2002)
	Caloric restriction	(Tobi et al. 2009)	(Hass et al. 1993)
	Nutraceuticals (EGCG, curcumin, piperine...)	(Yuasa et al. 2009)	(Shi et al. 1994) (Fang et al. 2003)
Pharmaceutical		(Yang et al. 2006)	(Tryndyak et al. 2006)
Lifestyle and Demographics	Smoking	(Breitling et al. 2011) (Joubert et al. 2012)	(Belinsky et al. 2003)
	Socio-economic status	(Borghol et al. 2012) (McGuinness et al. 2012)	
	Stress	(Essex et al. 2013) (Uddin et al. 2010)	(Murgatroyd et al. 2009) (Champagne et al. 2004)



Bakulski & Fallin. **Environmental and Molecular Mutagenesis**



Environment ~ Epigenotype

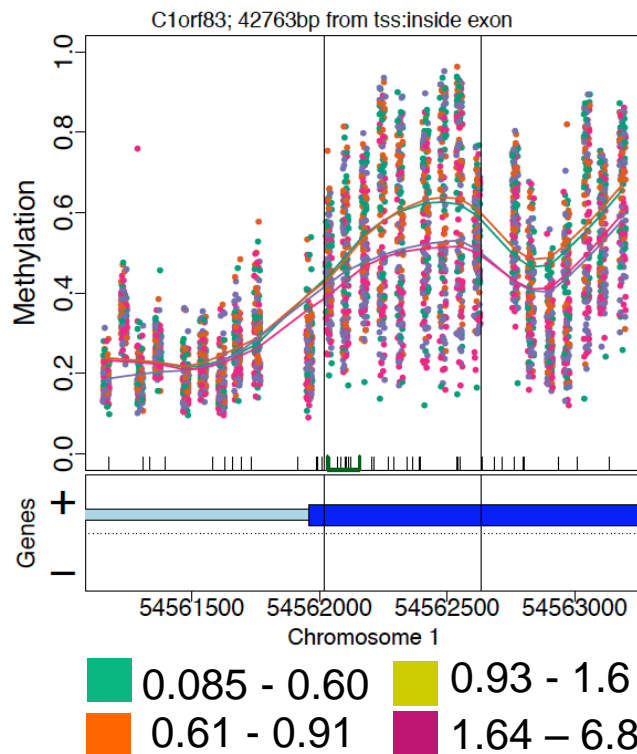
Original article

Prenatal mercury concentration is associated with changes in DNA methylation at *TCEANC2* in newborns

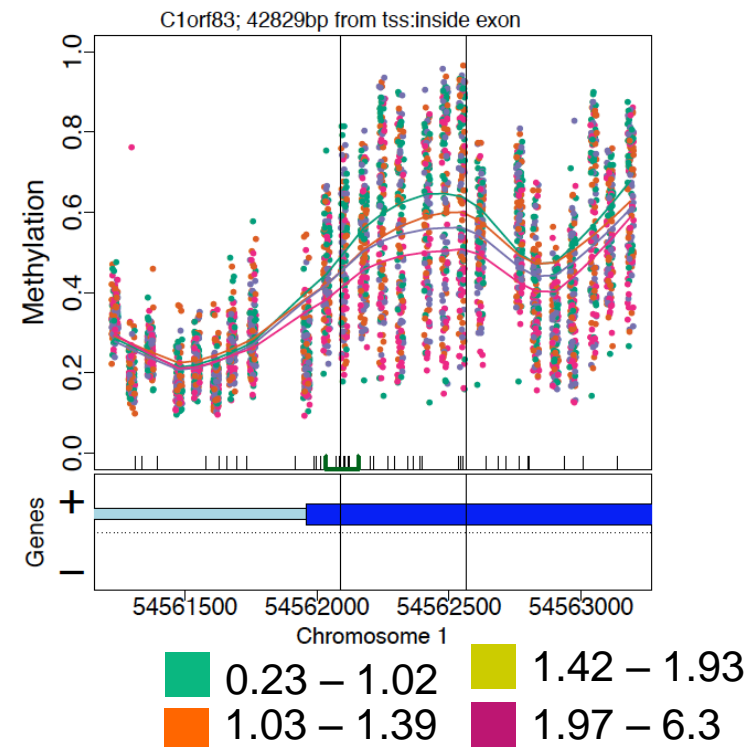
Kelly M Bakulski,^{1†} HwaJin Lee,^{2†} Jason I Feinberg,^{1,2} Ellen M Wells,³ Shannon Brown,¹ Julie B Herbstman,^{1,4} Frank R Witter,² Rolf U Halden,^{2,5} Kathleen Caldwell,⁶ Mary Ellen Mortensen,⁶ Andrew E Jaffe,^{2,7} John Moye Jr,⁸ Laura E Caulfield,¹ Yi Pan,⁶ Lynn R Goldman,^{1,9†} Andrew P Feinberg^{1,2‡} and M Daniele Fallin^{1,2*†}



MeHg

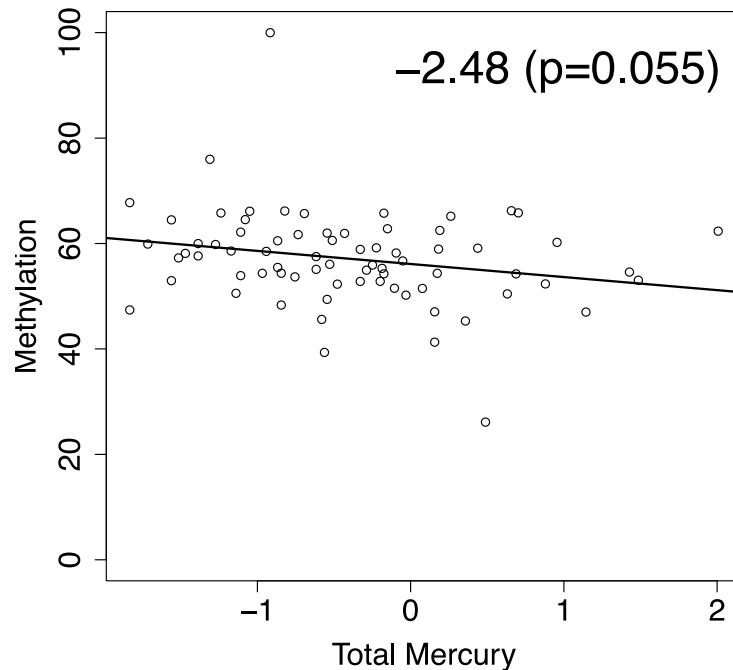


Tot Hg



Environment ~ Epigenotype

Replication in Independent set of mother-child samples from



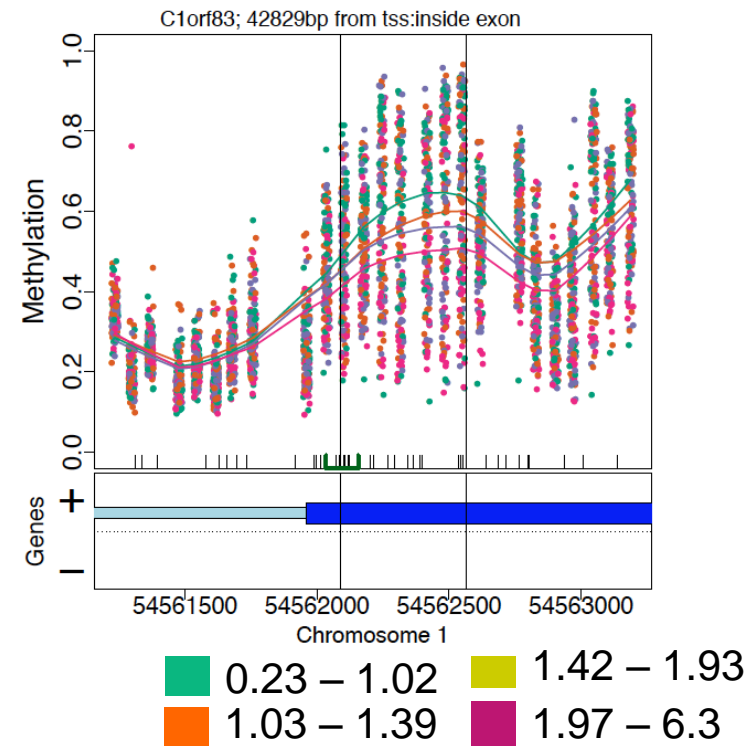
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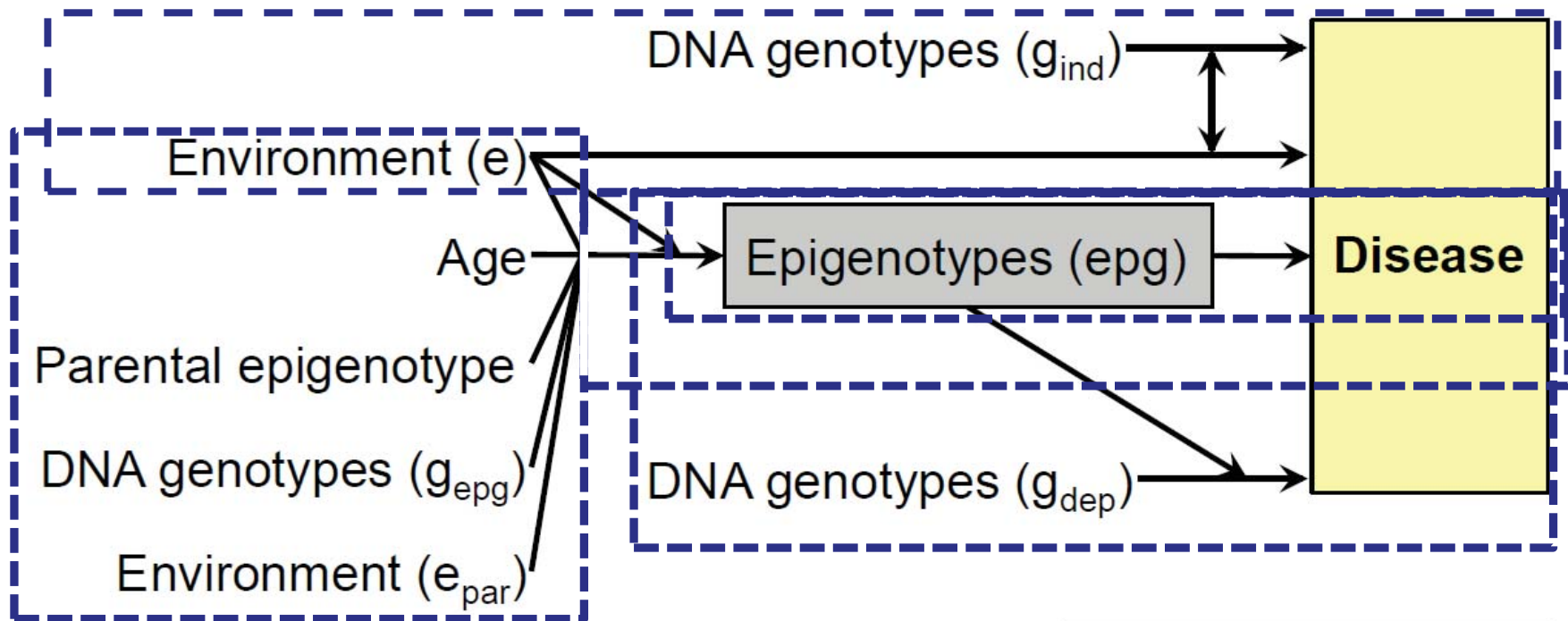
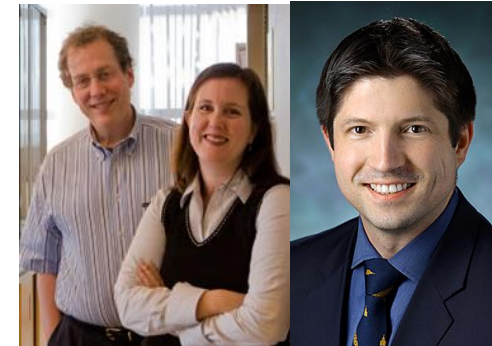
Tot Hg



What does this mean?
How should we interpret such
findings?
How should we go about this
moving forward?

An integrated epigenetic and genetic approach to common human disease

Hans T. Bjornsson^{1,2}, M. Daniele Fallin³ and Andrew P. Feinberg²



TRENDS in Genetics



Utility of Epigenetic Marks for Public Health

Mechanistic:

Mediator of Genetic Risk:

Genotype → Epigenotype → Disease

Mediator of Exposure Risk:

Environment → Epigenotype → Disease

Biomarker:

Biomarker of Exposure:

Environment → Disease
 ↓
 Epigenotype

Biomarker of Disease:

Disease → Epigenotype



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Mechanistic:

Mediator of Exposure Risk:

Environment → Epigenotype → Disease

Implications:

- May provide mechanistic insight into exposure associations
 - Drive research regarding biology of the disease and potential prevention and treatment
- Epigenetics may be target for intervention
- ❖ Tissue type sampled may be critical



Utility of Epigenetic Marks for Public Health

Mechanistic:

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Provide mechanistic insights, Potential targets of intervention, Illuminate GxE interactions

Biomarker:

Biomarker of Exposure:

Environment → Disease

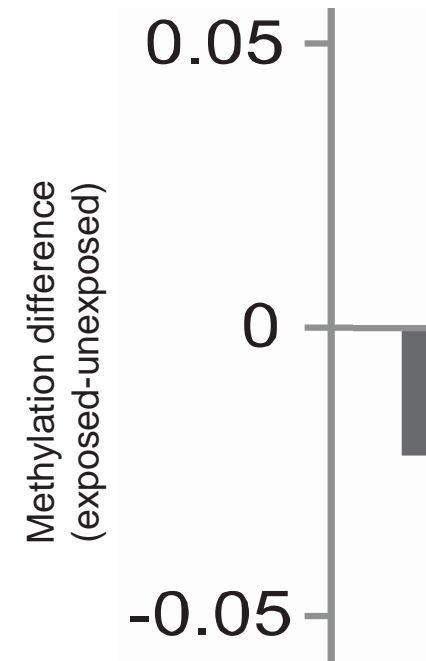
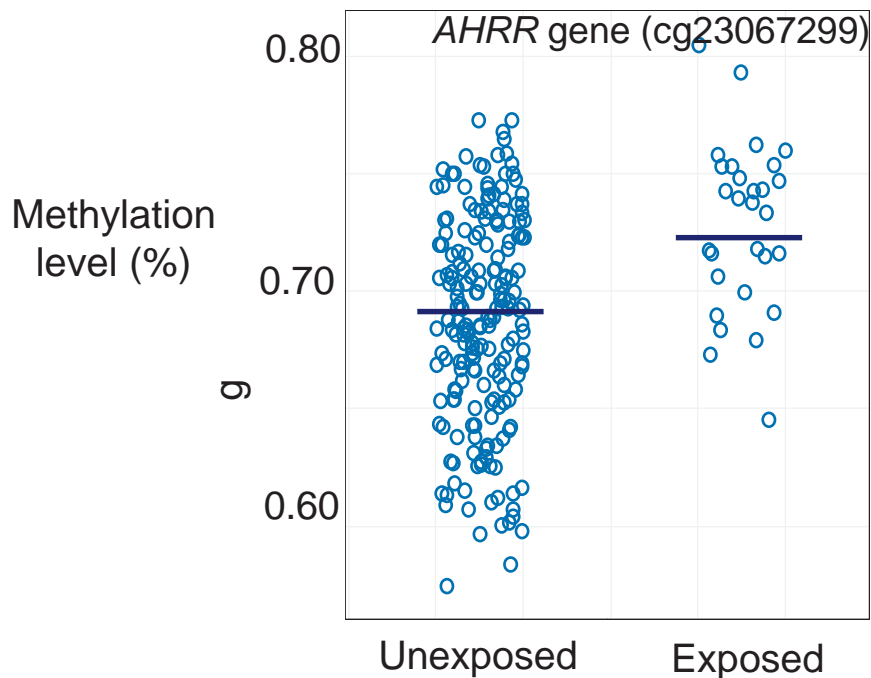
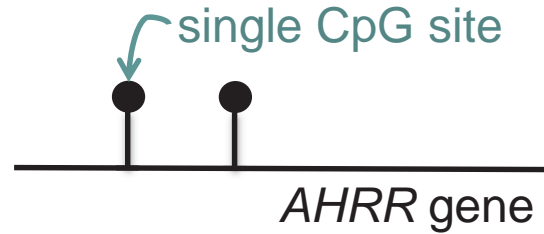
↙ Epigenotype



DNAm changes associated with prenatal exposure to smoking



Chris
Ladd-Acosta



Detectable Cord Blood Methylation Differences By Maternal Smoking in T2

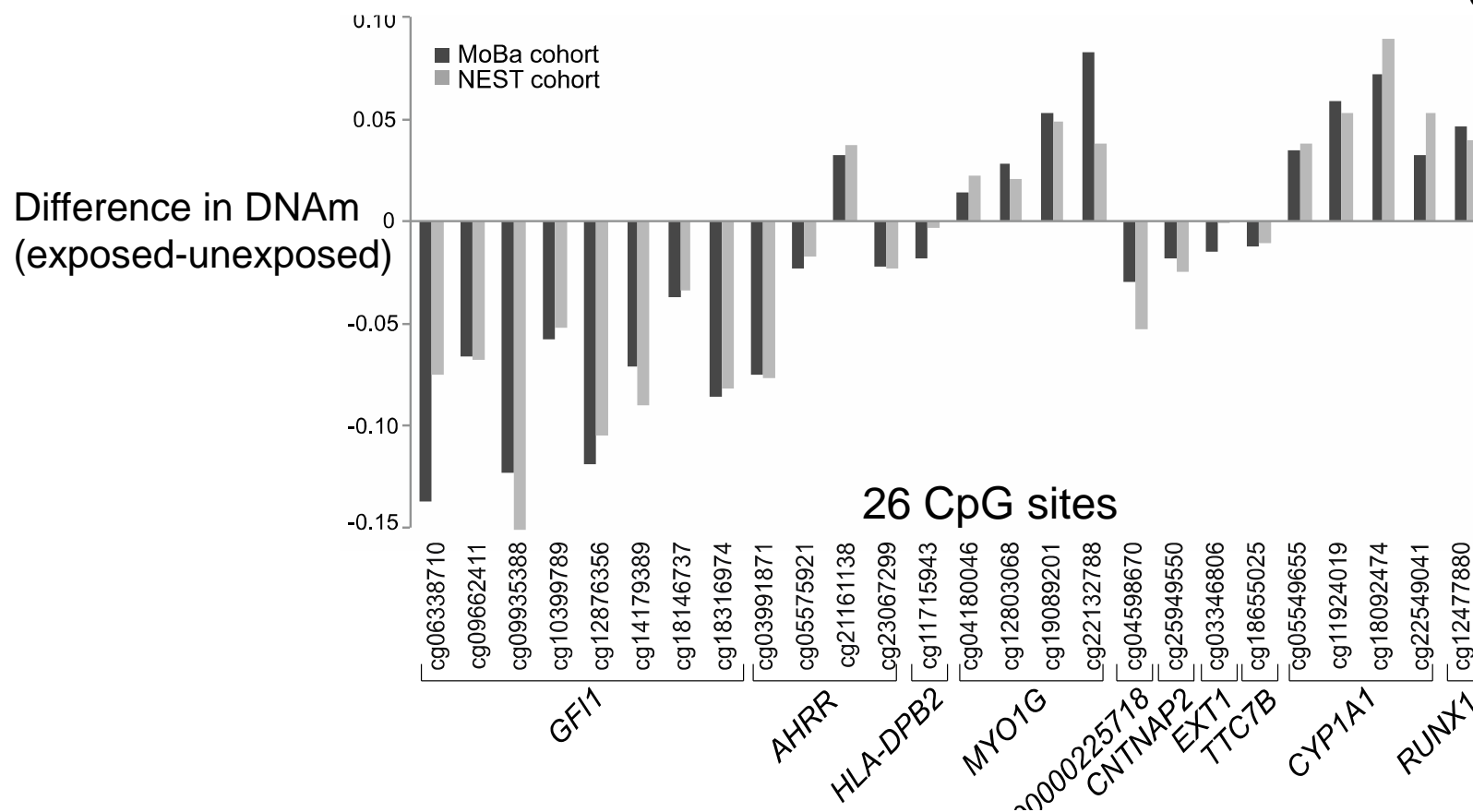
Joubert et al, EHP, 2012

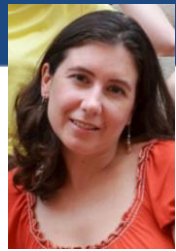
Samples: 1062 newborn cord blood samples (Norwegian Mother and Child Cohort)

Methylation measurements: 485,512 loci (Illumina 450K)

Exposure measurements: maternal plasma cotinine, 18wks

Cord Blood

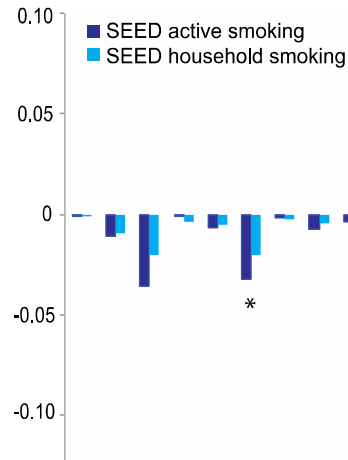




Chris
Ladd-Acosta

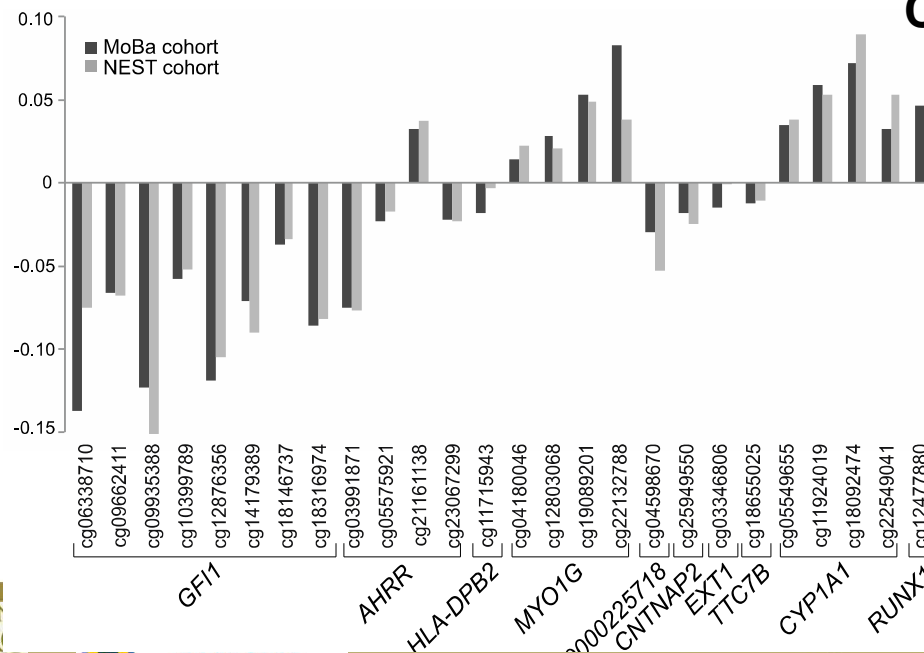
Epigenetic Signatures of Prenatal Exposure Seen in Newborns and in Young Children

Methylation difference
(exposed-unexposed)



Cord blood at birth

Methylation difference
(exposed-unexposed)



Utility of Epigenetic Marks for Public Health

Biomarker of Exposure:



Implications:

- Epigenotypes may provide measurable biomarkers of exposure
- May be able to measure past exposure – opens up possibilities for design alternatives or overcoming limitations of particular study designs
- ❖ Not causally related, so epigenetics are not the target for intervention, but may be (better) biomarker of cumulative exposure
- Non-target tissue may be useful proxy

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Provide mechanistic insights, Potential targets of intervention, Illuminate GxE interactions

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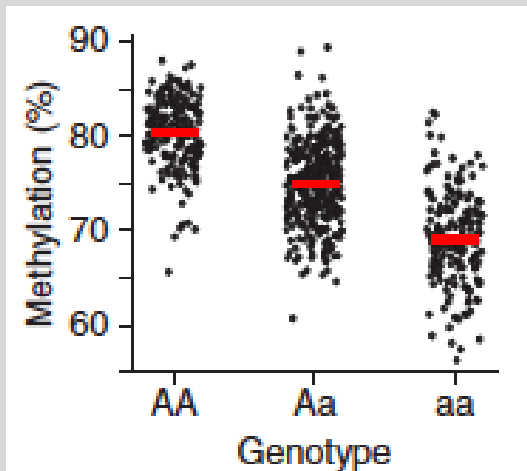
Expand reach of exposure measurement



Why care about Epg Mediation of Genetic Effects for this workshop?

Mediator of Genetic Risk:

Genotype \longrightarrow Epigenotype \longrightarrow Disease



Epigenome-wide association data implicate DNA methylation as an intermediary of genetic risk in rheumatoid arthritis

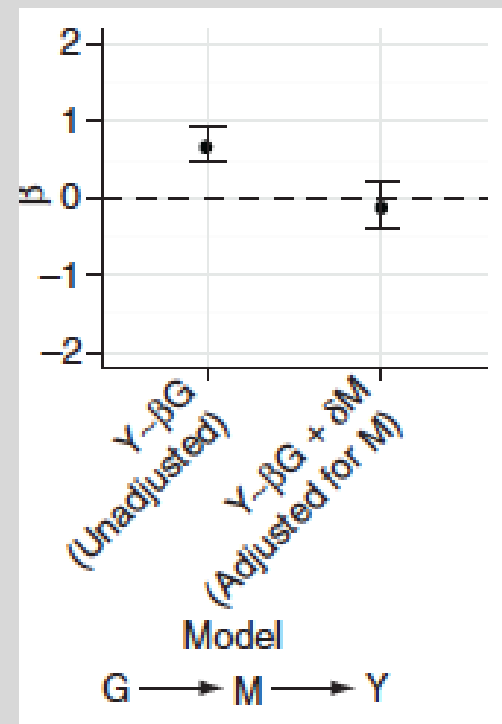
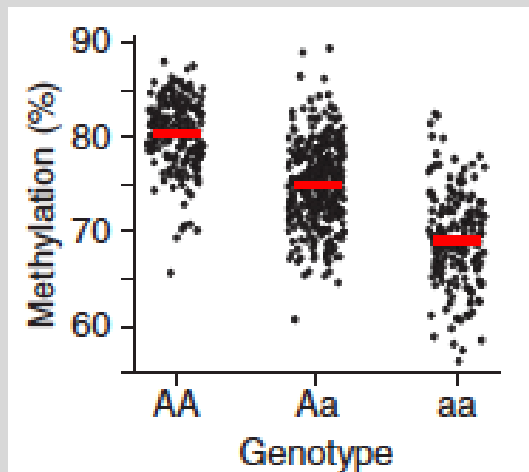
Yun Liu^{1,2,12}, Martin J Aryee^{1,3,12}, Leonid Padyukov^{4,5,12}, M Daniele Fallin^{1,6,7,12}, Espen Hesselberg^{4,5}, Arni Runarsson^{1,2}, Lovisa Reinius⁸, Nathalie Acevedo⁹, Margaret Taub^{1,6}, Marcus Ronninger^{4,5}, Klementy Shchetynsky^{4,5}, Annika Scheynius⁹, Juha Kere⁸, Lars Alfredsson¹⁰, Lars Klareskog^{4,5}, Tomas J Ekström^{5,11} & Andrew P Feinberg^{1,2,6}



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Mediator of Genetic Risk:

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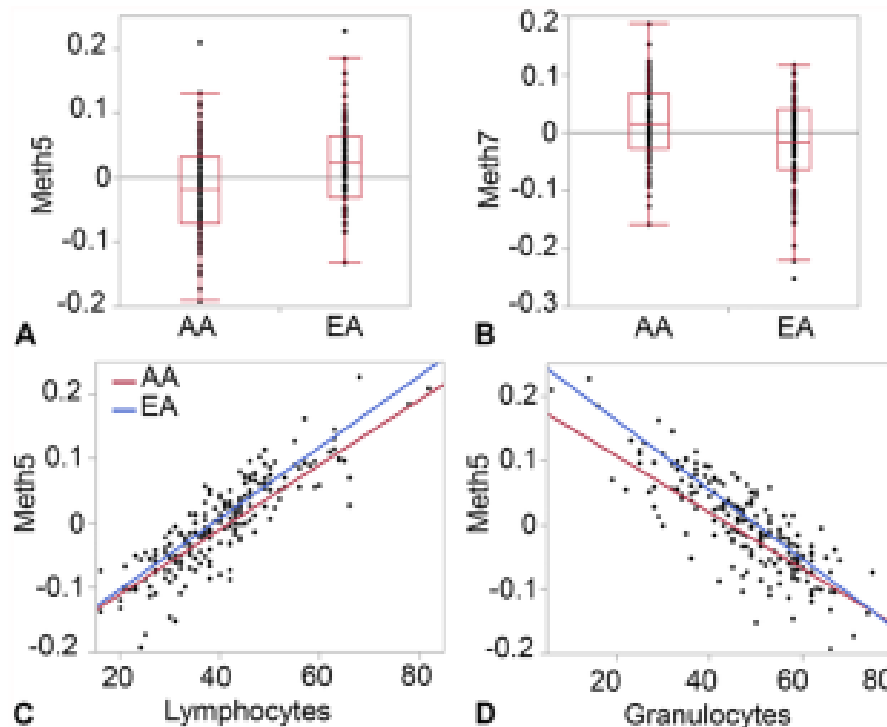
Implications:

- Epigenotype more proximal to disease state – may have higher effect sizes that can drive biological discovery
- Epigenotype is potentially modifiable, genes are (typically) not
- May provide mechanistic insight into genetic associations
 - Drive research regarding biology of the disease and potential prevention and treatment
 - **Ancestry can confound exposure associations!**



Genetic Ancestry Can Confound Exposure Associations!

Fig 1. Ancestry-specific methylation modules in CANDLE.



Mozhui K, Smith AK, Tylawsky EA (2015) Ancestry Dependent DNA Methylation and Influence of Maternal Nutrition. PLoS ONE 10(3): e0118466. doi:10.1371/journal.pone.0118466
<http://dx.doi.org/10.1371/journal.pone.0118466>

Utility of Epigenetic Marks for Public Health

Mediator of Exposure Risk:

Environment → Epigenotype → Disease

Provide mechanistic insights, Potential targets of intervention, Illuminate GxE interactions

Biomarker of Exposure:

Environment → Disease
 ↓
 Epigenotype



Expand reach of exposure measurement



Challenges for Epigenetic Marks of Cumulative Risk

- Tissue availability & specificity (and relevance)
- DNAm Measurement
- Design and timing
- Potential confounding (by age, ancestry, cell type, batch, tissue, etc)
- Load metric
- Statistical approach

	Utility in Public Health	Relevant Tissue
(A) Epigenetics as a MEDIATOR of Exposure Risk: Environment → Epigenotype → Disease	<ul style="list-style-type: none"> • Identify intervention targets • Illuminate GxE interactions • Provide mechanistic insights into observed associations 	<ul style="list-style-type: none"> • Disease tissue • Surrogate tissue*
(B) Epigenetics as a BIOMARKER of Exposure: Environment → Disease ↘ Epigenotype	<ul style="list-style-type: none"> • Expand exposure measurement reach 	<ul style="list-style-type: none"> • Surrogate /disease tissue

*In certain circumstances a surrogate tissue may show the same relationship as diseased tissue

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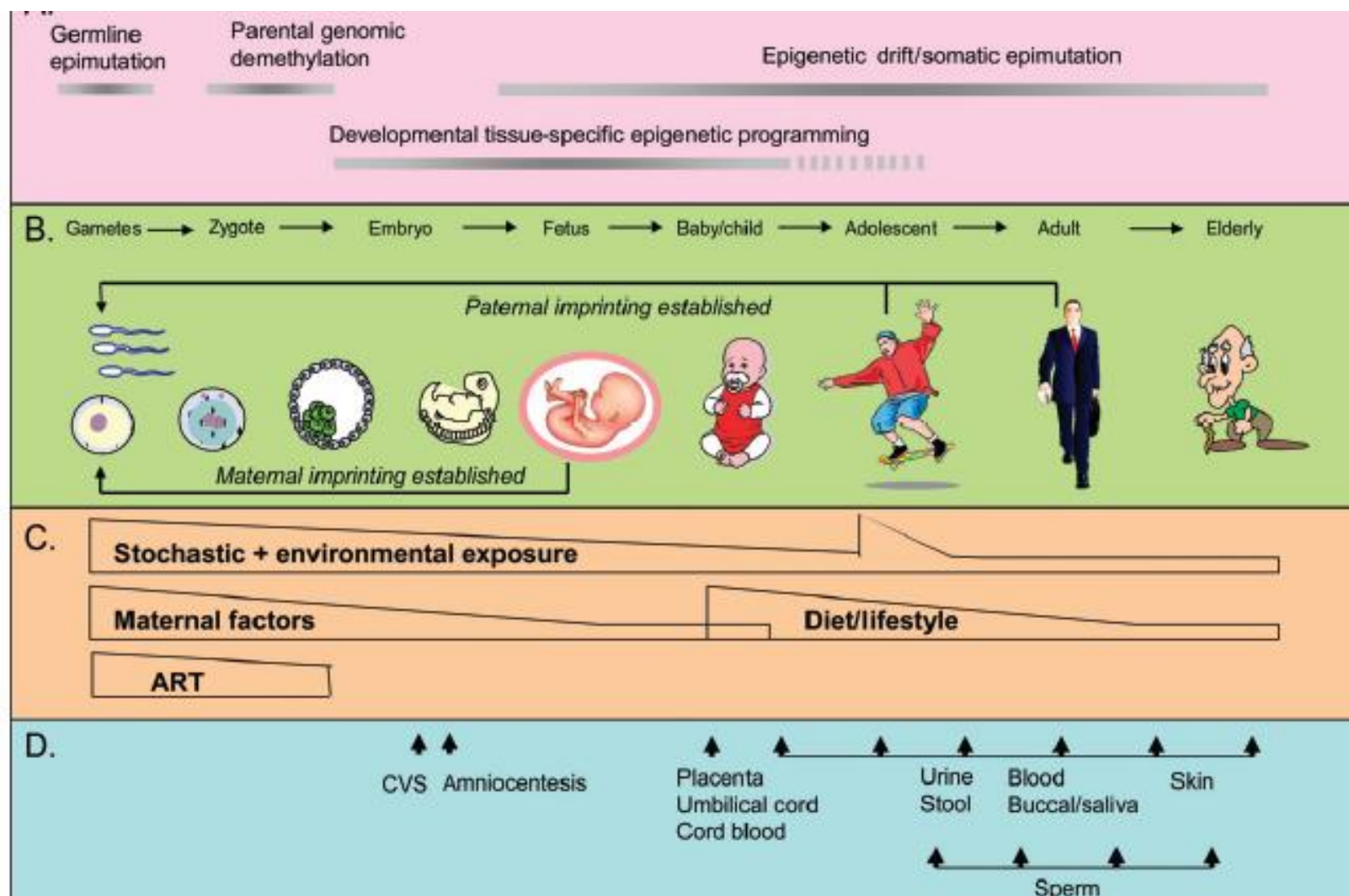
How Do We Measure DNA Methylation?

An Overview of Scale & Cost

Scale	Name	Type of Method	Amt. DNA Needed	Disadvantages
Global	LUMA	single measurement	500 ng	<ul style="list-style-type: none"> does not identify specific loci
Genome-wide, gene-specific	Whole-genome Bisulfite Sequencing	Bisulfite-based	1 ug	<ul style="list-style-type: none"> expensive amount of starting material
	RRBS/SureSelect	Reduced Representation Bisulfite-based	1 ug	<ul style="list-style-type: none"> mainly CpG island regions amount of starting material
	Infinium 450k	Bisulfite-based	500 ng	<ul style="list-style-type: none"> genomic coverage
	MeDIP/MBD	Antibody-based	4 ug	<ul style="list-style-type: none"> mainly CpG island regions amount of starting material
	CHARM/HELP	Enzyme-based	3 ug	<ul style="list-style-type: none"> amount of starting material
Candidate gene	Bisulfite Pyrosequencing	Bisulfite-based	500 ng	<ul style="list-style-type: none"> small number of loci measured

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Source: **Foley DL, et al.** 2009. Am J Epidemiol. 169(4):389-400. Prospects for epigenetic epidemiology.

Challenges for Epigenetic Marks of Cumulative Risk

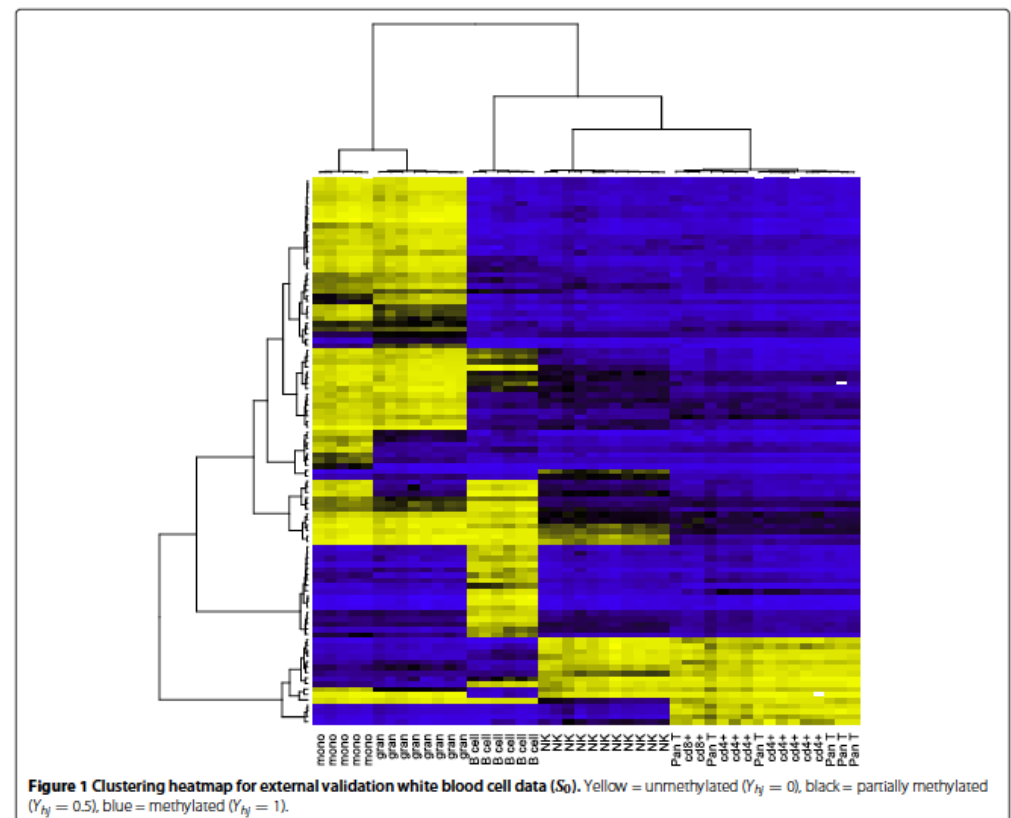
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Cell Heterogeneity: Most tissues are heterogeneous cell mixtures

Houseman et al. *BMC Bioinformatics* 2012, **13**:86
<http://www.biomedcentral.com/1471-2105/13/86>

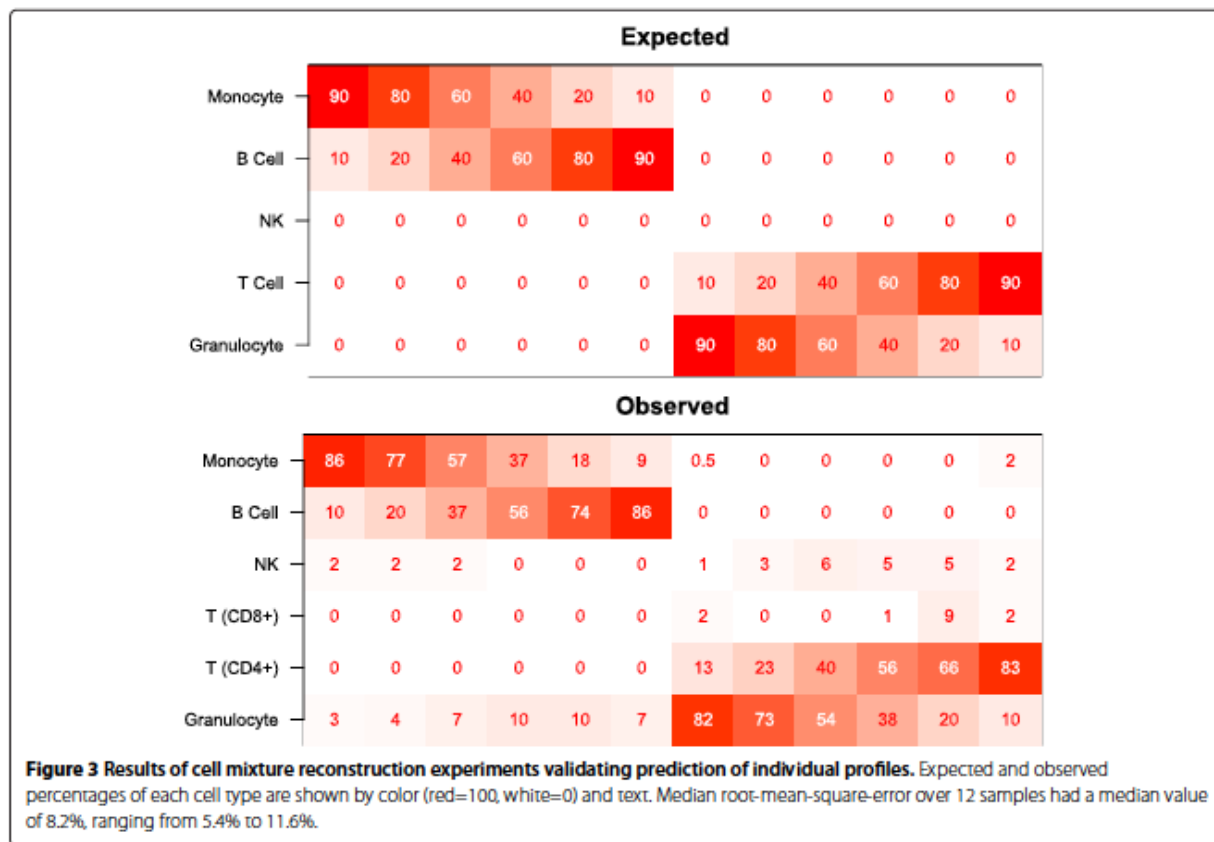
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A set of DNAm sites can distinguish types of cells in blood



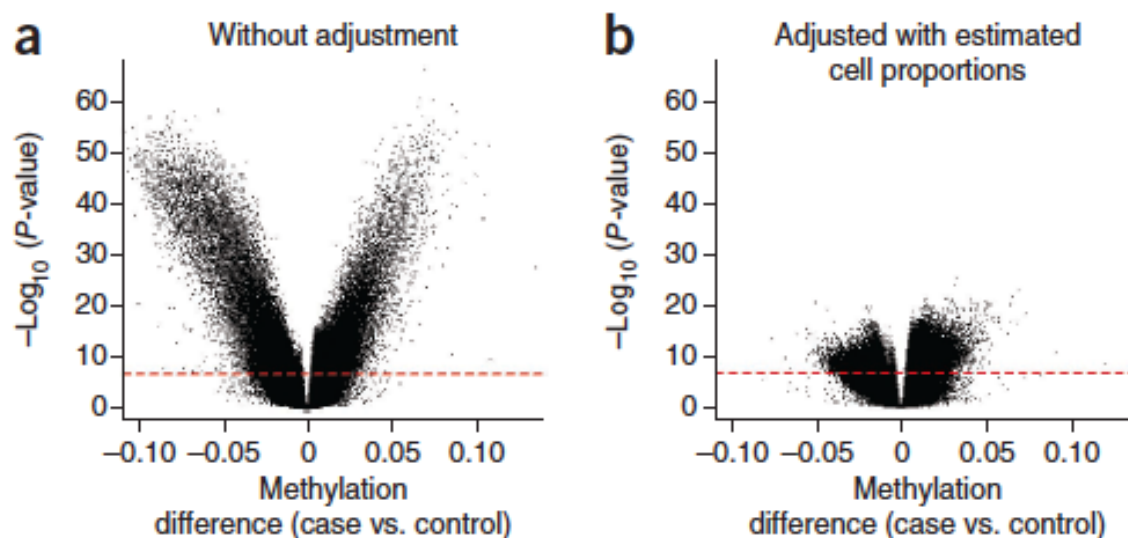
Estimation and Adjustment for Cell Type in Blood-derived DNA

(1) Houseman estimation – use the DNAm patterns to predict cell type proportions in a mixture (such as whole blood)



Estimation and Adjustment for Cell Type in Blood-derived DNA

- (1) Houseman estimation
- (2) PC on predicted % cell type estimates
- (3) Use PCs as adjustment factors



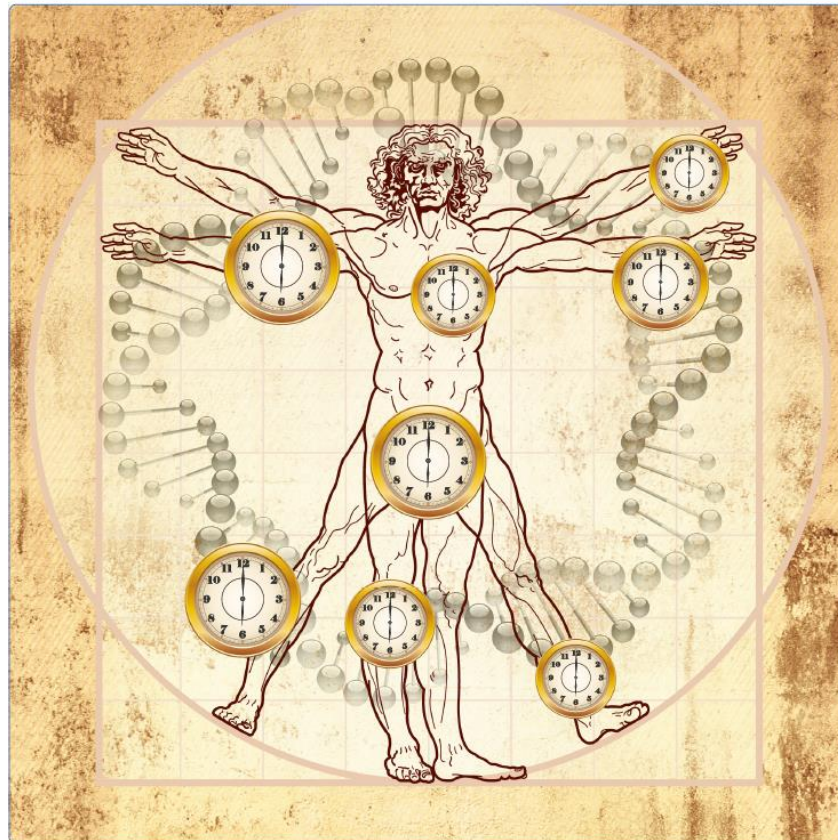
ARTICLES

nature
biotechnology

Epigenome-wide association data implicate DNA methylation as an intermediary of genetic risk in rheumatoid arthritis

Yun Liu^{1,2,13}, Martin J Aryee^{1,3,12}, Leonid Padyukov^{4,5,12}, M Daniele Fallin^{16,17,18}, Espen Hesselberg^{1,5}, Arni Runarsson^{1,2}, Lovisa Reinius⁹, Nathalie Acevedo⁹, Margaret Taub^{1,9}, Marcus Rominger^{1,5}, Klemensy Shechetynsky^{1,5}, Annika Scheybal⁹, Juha Kere⁹, Lars Alfredsson¹⁰, Lars Klareskog^{1,5}, Tomas J Ekström^{1,11} & Andrew P Feinberg^{1,2,6}

DNAm Signatures of Aging



DNAm Signatures of Aging

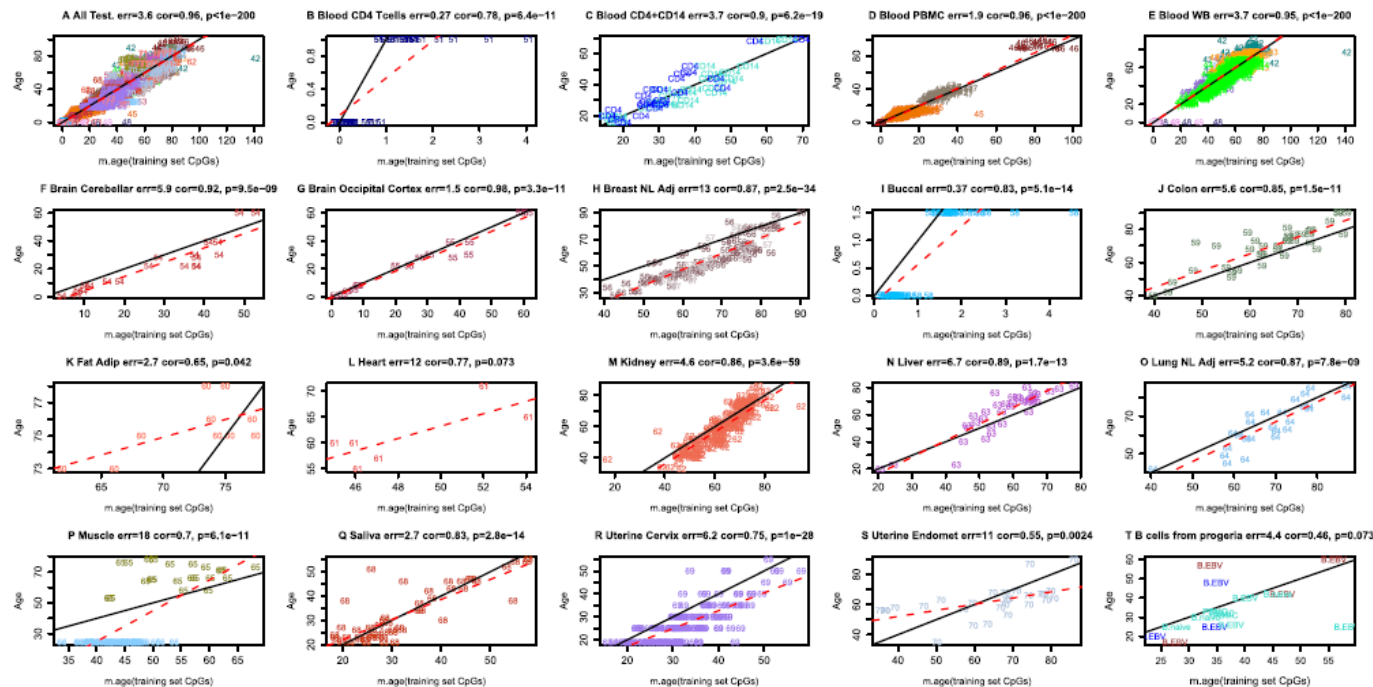


Figure 2 Chronological age (y-axis) versus DNAm age (x-axis) in the test data. (A) Across all test data, the age correlation is 0.96 and the error is 3.6 years. Results for (B) CD4 T cells measured at birth (age zero) and at age 1 (cor = 0.78, error = 0.27 years), (C) CD4 T cells and CD14 monocytes (cor = 0.90, error = 3.7), (D) peripheral blood mononuclear cells (cor = 0.96, error = 1.9), (E) whole blood (cor = 0.95, error = 3.7), (F) cerebellar samples (cor = 0.92, error = 5.9), (G) occipital cortex (cor = 0.98, error = 1.5), (H) non-lactating breast (cor = 0.87, error = 13), (I) buccal epithelium (cor = 0.83, error = 0.37), (J) colon (cor = 0.85, error = 5.6), (K) fat adipose (error = 12), (L) heart (cor = 0.77, error = 12), (M) kidney (cor = 0.86, error = 4.6), (N) liver (cor = 0.89, error = 6.7), (O) lung (cor = 0.87, error = 5.2), (P) muscle (cor = 0.7, error = 18), (Q) saliva (cor = 0.83, error = 2.7), (R) uterine cervix (cor = 0.75, error = 6.2), (S) uterine endometrium (cor = 0.55, error = 11), (T) B cells from progeria (cor = 0.46, error = 4.4). Data points are colored by disease status: brown for Werner progeroid syndrome, blue for Hutchinson-Gilford progeria.

DNA methylation age of human tissues and cell types

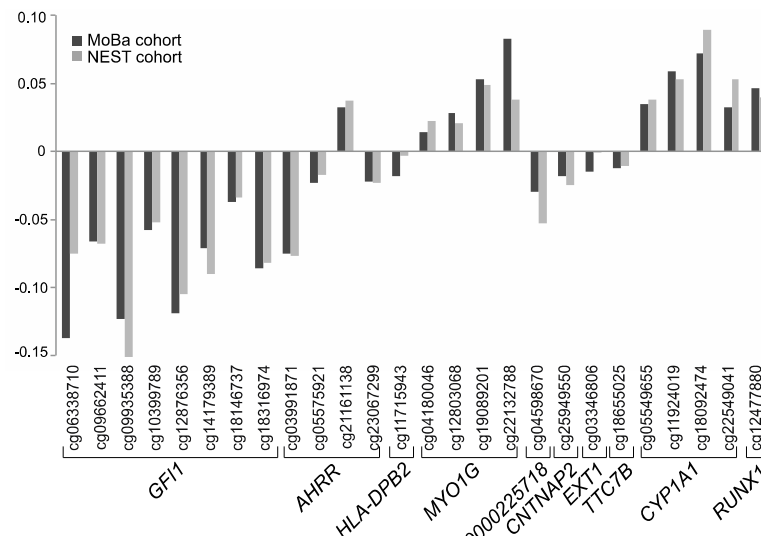
Horvath

Challenges for Epigenetic Marks of Cumulative Risk

- ✓ Tissue availability & specificity (and relevance)
- ✓ DNAm Measurement
- ✓ Design and timing
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- Load metric
- Statistical approach

What metric to use to quantify cumulative exposure epigenetically?

- Individual CpG DNAm levels?
- Unweighted score across CpGs defined by some exposure association threshold?
 - Not as predictive as weighted scores
- Weighted score?
 - Need high-precision weights (large N)



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 Epigenotype



Expand reach of exposure measurement



Our Research Group



- Kelly Benke
- Kelly Bakulski
- Brooke Sheppard
- Jason Feinberg
- Shan Andrews
- Shannon Brown
- Andrew Jaffe (Leiber Institute)
- Weiyan Li



Hopkins CEGS



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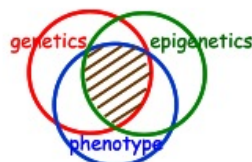
Teaching

ABOUT THE CENTER / CEGS

The Center of Excellence in Genom research effort focused on under related illnesses, neuropsychiat receiving a \$16.8 million grant ov CEGS has developed new genome-between individuals as variatic understanding the epigenome r environmental factors lead to car

Key to the success of our CEGS disciplines to address the comp Feinberg is an expert in cancer ep disease epigenetics generally wit Irizarry, Professor of Biostatistic Associate Professor of Epidemiol (Harvard University) and Lars K biology of stem cells and autoimn

The CEGS has developed geno Throughput Relative Methylation throughout the genome, chosen w we discovered that most variable found that aberrant methylation these shores, and involves much tissues.



Our phe incl the sim

generation sequencing for epigenetic measurement on an epidemiologic scale, apply our methods to the wealth of genetic and phenotypic information now

available for many diseases, maximizing the impact of resources available in this renewal by combining them

Andy Feinberg
Kasper Hansen
Yun Liu
Martin Aryee
Margaret Taub
Rafa Irizarry
Sarven Sabunciyan
Hwajin Lee
Michael Multaup
Carolina Montano
Others..

resti an d tly n Over on may be at least as great emise of the CEGS is that ial development and how

ources in several different disease. For example, Dr. t have approached common areas. These include Rafael ta sets; M. Danielle Fallin, nd Professors George Daley in clinical and molecular

ding Comprehensive High-up to 4 million CpG sites the literature. Using CHARM, ences we term "shores." We sses of DNA methylation at itiation of widely disparate

genetics and human disease is the more complex task of me-wide tools to determine etic variation and disease eft). We will apply second-

generation sequencing for epigenetic measurement on an epidemiologic scale, apply our methods to the wealth of genetic and phenotypic information now

